

## CURRICULUM VITAE

John J. Stachura PT DPT MBA Cert. MDT  
4380 Main St. Box 789  
Amherst, NY 14226  
716 839-8558  
Department of Physical Therapy  
Daemen College

### Education:

Daemen College  
Amherst, NY  
2004  
Doctor of Physical Therapy

State University of New York at Buffalo  
Buffalo, NY  
1987  
MBA

State University of New York at Buffalo  
Buffalo, NY  
1980  
Physical Therapy  
Bachelor of Science

### **Advanced Certifications**

Mechanical Diagnosis and Treatment of the Spine. McKenzie Institute USA. 1991

### Licensure Information/Registration Number:

New York  
License: 6675

### Employment and Positions Held:

Clinical Assistant Professor  
Daemen College  
Physical Therapy Department  
Amherst, NY  
2006-present

Buffalo Therapy Services  
Amherst, New York  
Per Diem Physical Therapist  
August 2007 – present

Buffalo Back and Neck Physical Therapy, PC  
Buffalo, New York  
President and CEO  
1998-2005  
Senior Physical Therapist  
2005 – 2007

Part-time Associated Faculty PT 509/L  
Daemen College  
Amherst, NY  
January – May, 2006

Private Practice Nursing Home Consultant  
Buffalo, New York  
1988 – 1989

Director of Rehabilitation Services  
Director of Physical Therapy  
Millard Fillmore Hospital  
Buffalo, New York  
1985 – 1988

Physical Therapist  
Western New York Physical Therapy Group, P.C.  
Aurora Park Health Care Facility  
East Aurora, New York  
1984 – 1985

Director of Physical Therapy  
Village Glen Tennis and Fitness club  
Williamsville, New York  
1984 – 1984

Staff Physical Therapist  
Kenmore Mercy Hospital  
Kenmore, New York  
1980 – 1984

Adjunct Assistant Professor  
Teaching Assignment: PT 404 Management and Supervision  
State University of New York at Buffalo  
Buffalo, New York  
1986 – 1988

Peer Reviewed Publications:

Stachura J, Schenk R. Learning effect of back education program. *Spine*.1996;21(19):2183-2189.

Peer Reviewed Publications submitted but not accepted yet:

Stachura J, The Relevance of testing Frontal and Sagittal Plane movements in the Loaded Position in a Patient with Acute Low Back Pain Without a visible Lateral Shift – A Case Study. Journal of Manual & Manipulative Therapy

Other Scholarly Products:

Co-Inventor “The Strassburg Sock” Soft Night splint for treatment of Plantar Fasciitis, Patent # 5,399,155, Date issued: March 21, 1995

Research Activity:

Comparison of “The Strassburg Sock vs. rigid night splint in the treatment of Plantar Fasciitis.  
Study in design stage.

The use of clinical ultrasound to pre-heat hamstring tissue prior to stretching.  
Study completed fall 2007

The use of therapeutic ultrasound to pre-heat biceps muscle prior to strengthening.  
Study completed fall 2007

The use of therapeutic ultrasound in Out-patient physical therapy clinics.  
Study in progress

The presence of ankle instability and its relationship to injury more prevalent in collegiate female volleyball players vs. female college aged non-athletes?  
Study in progress

Grant Funding:

James H. Cummings Foundation, Inc. \$25,000

Grant Requests currently not funded:

Chronic Wound Research in conjunction with Dr. Michael Brogan  
Total funding request: \$107,094 of which \$17,970 will be for equipment for the Physical Agents Laboratory.

Continuing Education Workshops Conducted/Organized:

Healthy Back Program. Funded by New York State department of Labor, consisting of 80 two-hour lectures to 1800 Millard Fillmore Hospital employees. 1988 – 1989.

Back Injury Prevention Program. Presented to employees of Adelphia Cable Co.1989.

Back Injury Prevention Program. Presented to employees of Peter J. Schmitt, Inc. January – June 1990.

Mechanical Diagnosis and Therapy of the Lumbar Spine. D'Youville College. October 1991, 1992.

Back Injury Prevention Program. Presented to employees of GSR Associates. October 1994.

Back Injury Prevention Program. Presented to employees of Rich Products. 1994.

Back Injury Prevention Program. Presented to employees of American Brass. 1989

Back Injury Prevention Program. Presented to employees of Goergen-Mackwirth Co, Inc. 2002

Membership in Scientific/Professional Organizations:

American Physical Therapy Association. 1978 - present.

Orthopaedic Section of APTA 1978 - present.

Private Practice Section of APTA. 1989 - 2005.

Education Section of APTA 2007-present.

American College of Sports Medicine. 1984 - 1988.

Amherst Chamber of Commerce. 1991 - 2005.

Institute for Economics Research. 1990 - 2005.

Vestibular Disorders Association. 1996 - 2005.

Consultative and Advisory Positions Held:

Physical Therapy Consultant  
Dominican Nuns of the Rosary  
2004-present

Physical Therapy Consultant  
Health Care Plan Medical Review  
1989-1991

Community Service:

Christ the King Sports Booster Club  
Vice-President  
2000-2001

Girls Basketball Coach  
Christ the King Elementary School  
1997-2001

Assistant Freshman Basketball Coach  
Holy Angels Academy  
2001-2003

Special minister of the Eucharist  
Christ the King Parish  
2004 – present

Re-tree western New York team leader  
2007-present

Services to the University/College/School on Committees/Councils/Commissions:

Initiated and will be department coordinator for Physical Therapy Research Initiative Fund.

Academic advisor for 1<sup>st</sup> year professional Physical Therapy students.

Member Safety and Security committee 2007/08 academic year.

Member Ad Hoc committee on old library space usage.

Member Ad Hoc committee of Enterpreneurial studies.

Member Board of Trustees Subcommittee on Business Affairs

Continuing Education Attended:

McKenzie Institute Conference of the Americas, "From Pain to Function", Orlando Florida, July 25-27, 2008.

Faculty Development Workshop: Education Section of APTA, Indianapolis Indiana, August, 2007, 23 contact hours.

Current Concepts in Orthopedic Physical Therapy Home Study Course. Orthopedic Section, American Physical Therapy Association. October - December 2006. 84 hours.

Postoperative Management of Orthopaedic Surgeries. Home Study Course. Orthopedic Section, American Physical Therapy Association, January – July, 2005. 30 Hours.

Differential Diagnosis in Physical Therapy. Home Study Course. Orthopedic Section, American Physical Therapy Association. Nashville TN. January - June 2004. 84 hours.

Evidence-based Practice for the Upper and Lower Quarter. Home Study Course. Orthopedic Section, American Physical Therapy Association, July – December, 2003. 30 hours.

McKenzie Institute. USA North American Conference. Tuscon Arizona. August 9 - 11 2002. 20.5 hours.

Current Concepts in Orthopedic Physical Therapy Home Study Course. Orthopedic Section, American Physical Therapy Association. October - December 2001. 84 hours.

Continuing Education prior to 2001 is available upon request.

Current Teaching Responsibilities in the Entry-level Physical Therapy Program (in sequence, by quarter or semester):

First Year Professional Phase, fall semester

- PT 506/L Kinesiology & Biomechanics I Lab
- PT 514/L Musculoskeletal Rehabilitation I Lab
- PT 551 Integrative Seminar in Physical Therapy I
- PT 563 Clinical Exposure I

First Year Professional Phase, spring semester

- PT 509/L Principles and Applications of Physical Agents
- PT 506/L Kinesiology & Biomechanics II Lab
- PT 514/L Musculoskeletal Rehabilitation II Lab
- PT 551 Integrative Seminar in Physical Therapy II
- PT 564 Clinical Exposure II

Second Year Professional Phase, Fall semester

- PT 516 Clinical Problem Solving in Musculoskeletal Rehabilitation

Second Year Professional Phase, spring semester

- PT 554 Clinical Research I

Third Year Professional Phase, fall semester

- PT 555 Clinical Research II

