

# SPTA Newsletter

September-October 2011

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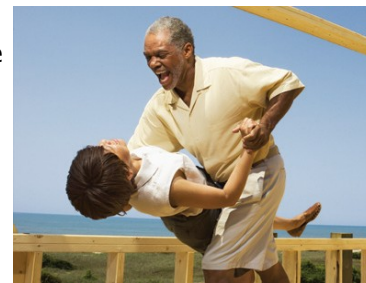
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## National Physical Therapy Month

October is National Physical Therapy Month (NPTM)! NPTM is held every year by the American Physical Therapy Association (APTA) to raise awareness of and recognize the important roles that physical therapists and physical therapist assistants play in helping people maintain, improve, and restore the mobility necessary to stay active while enjoying the things they like to do as they age.



injury prevention across the life span. This includes preventing injury as a young child learning to play little league to an older adult keeping active by participating in a fitness class or playing golf.

The APTA provides information for both physical therapists and the community on the website [moveforwardpt.com](http://moveforwardpt.com). It is a great place to learn how a physical therapist can help prevent and manage sports-related injuries.

This year the APTA is focusing on sports

## Annual PT Gala 2011 to benefit The Miracle League of WNY

The 5th annual gala hosted by the SPTA was held this past Spring semester at Pearl Street Grill and Brewery. The money that was raised benefited The Miracle League of WNY, which is a baseball league for individuals who have disabilities.

The SPTA presented The Miracle League of WNY with the donation of \$3800 at the first departmental meeting. The

money was put toward the construction of an accessible baseball diamond located in Grand Island, including the purchase of specialized turf, bleachers, dug outs, and equipment for the athletes.

Thank you to everyone who contributed to the Gala, especially co-chairs Erin Gustason and Erin Tobin!



Above: Presentation of the \$3800 check to The Miracle League of WNY. Below: Specialized turf field in Grand Island.



**Upcoming Events:**

FMSC Packing Event  
- November 18th  
and 19th

Blood Drive-  
November 30th

Polar Plunge-  
December 3rd

PT Banquet at the  
Creekside Banquet  
Facility- December  
3rd

\*Watch your e-mails  
for upcoming SPTA  
events that have yet  
to be announced!



Photo: Polar Plunge 2010.

Make sure you sign up for this year's event! Proceeds go toward the Special Olympics. E-mail mtomassi@daemen.edu with any questions.

**UNYTS Blood Drive**

The blood drive held on September 28th, 2011 was a huge success with a total of 115 presenting donors!

Thank you to everyone who helped organize the event, and of course all of those that donated.

**Help  
save  
lives**



The next blood drive will be with the American Red Cross and will take place on November 30th from 10am-4pm. Those who donated at the last blood drive are able to donate at this one as well! All presenting donors will be entered to win a \$50 grocery store gift card.

**September and October Community and Academic Chair Events**

**TGIF:**



The SPTA co-Hosted a TGIF event on Friday, September 16th. The event theme, Lawn games, included Kan-Jam, volleyball, football, and other fun outdoor events. Thanks to all of those who helped make the event a success.

**Thanksgiving Day Card Making and Lunch Get Together:**

On November 20th the Community and Academic Chairs co-hosted an event that included a get together lunch and making Thanksgiving Day cards for Roswell with our friends from People Inc.

The event had a great

turnout and the cards look fantastic, thank you!



**Blackboard Site**

All professional phase PT students now have access to the SPTA 2011 blackboard site. This site was made to make finding information easier for you! Things that

can be found on the site includes: contact information for the classes of 2012, 2013, and 2014, printable forms, a calendar of upcoming events, and SPTA meeting

minutes and departmental meeting power points.

Be sure to go to the blackboard site and check it out!

**Feed My Starving Children**



Feed My Starving Children (FMSC) is a non-profit organization that is dedicated to feeding starving children around the world. The food that is packed and shipped to various countries was designed

by food scientists to meet the nutritional needs of a 4 to 8-year-old malnourished child. Each meal has 20 different vitamins and minerals that are specifically tailored to meet a child's nutritional needs for one day.

Members of the SPTA have taken on the initiative to raise \$24,000 to help feed 100,000 starving children. Think about the impact you

can make on a child's life with just \$0.24 for one meal.

Fundraising has been a huge success so far with the current donations at about \$14,000 and counting!

A special thanks to all that have helped in the fundraising project thus far and to those who will continue to help reach our goal of \$24,000!