

Curriculum Vitae

Laura Favaro, PT, DPT, DScPT
Board Certified Orthopedic Clinical Specialist
Fellow of the American Academy Orthopedic Manual Physical Therapy
Certified in Mechanical Diagnosis and Therapy
Daemen College

Education

Doctor of Science in Physical Therapy
Bellin College, Green Bay, WI
Physical Therapy
September 2019-December 2021

Doctor of Physical Therapy (transitional)
D'Youville College, Buffalo, NY
Physical Therapy
May 2012

Advanced Certificate
Daemen College, Amherst, NY
Orthopedic Manual Physical Therapy
December 2010

Master of Science
Ithaca College, Ithaca, NY
Physical Therapy
September 2003

Bachelor of Science
Ithaca College, Ithaca, NY
Clinical Science
May 2002

Current Licensure Information

New York
License: 028030

Certifications

Board Certified, Orthopedic Clinical Specialist
2017

Fellow, American Academy of Orthopedic Manual Physical Therapy, #999
2011

Certified, Mechanical Diagnosis and Treatment
2011

January 2022

Employment and Positions Held

Clinical Assistant Professor, non-tenure track
Daemen College, Amherst, NY
August 2012-Current

Adjunct Professor
Daemen College, Amherst, NY
August 2009-May 2011

President and Practitioner
Phoenix Physical Therapy Services, PC, Amherst, NY
March 2009-January 2014
Independent Contractor: 2014-2015

Physical Therapist
Renovatio Physical Therapy PC, Buffalo, NY
June 2007-October 2008

Senior Physical Therapist
Briody HealthCare Facility/Quinlivan Outpatient Rehab Center
Lockport, NY
May 2006-March 2007

Center Manager, Physical Therapist
NovaCare Rehabilitation, South Russell, OH
January 2005-March 2006

Lead Physical Therapist
NovaCare Rehabilitation, South Russell, OH
July 2004-January 2005

Staff Physical Therapist
Cleveland Clinic Health System, Euclid Hospital
Euclid, OH
November 2003-June 2004

Peer Reviewed Publications

Favaro L, Boggs R, Geraci M. Conservative management of a foraminal disc herniation. JOSPT Cases. 2021;1(1):49-50. doi:10.2519/josptcases.2021.9776

Bohen S, Ramey A, Rudolph K, Sinn E, Tooley D, **Favaro L**, Schenk RJ. Short-term changes in neutral tension following lumbar repeated movements. Int J Mech Diag Ther. 2011;6(1):12-14.

Peer Reviewed Scientific and Professional Presentations

January 2022

Favaro L, Bogulski J. “Effectiveness of participation in a country line dancing class on reducing fall risk & cardiovascular disease in community dwelling older adults: A case series.” Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Massey BJ, Grandeo J, **Favaro L**, Bliss R, Gagnon K, Young JL. Are entry-level graduate physical therapy students accurate and confident in referral for diagnostic imaging? Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Bogulski J, **Favaro L**. The immediate effect of WBV on individuals with hamstring injury. Poster Presentation, New York Physical Therapy Association (NYPTA) State Conference, Saratoga Springs, NY. October 2019. *Received the Robert S. Salant Research Award for Outstanding Poster Presentation.*

Bogulski J, **Favaro L**. Immediate effects of whole body vibration on force output and functional hop. Platform Presentation, Academy of Orthopedic Physical Therapy Annual Conference, Denver, CO. April 2019.

Bogulski J, **Favaro L**. The immediate effects of whole body vibration on static stretching on active knee extension range of motion. Poster, New York Physical Therapy Association’s Annual Conference, Troy, NY. October 2017.

Gallus J, Kaczor M, Lovell E, **Miller (Favaro) L**, Richards S. “Collaborative Problem Solving: Designing a Women’s Health Clinic.” Selected to present at New York Occupational Therapy Association’s Annual Conference, September 2002.

Funded/In Review Grant Activity

Bogulski J, Favaro L. “Effectiveness of Participation in a Country Line Dancing Class on Reducing Fall Risk & Cardiovascular Disease in Community Dwelling Older Adults: A Pilot Study.”

Equipment funding: \$4400, May 2019
Daemen College Think Tank, internal

Bogulski J, Favaro L. “The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion.”

Equipment funding: \$3500, December 2014
Daemen College Think Tank, internal

Current/Active Research Activity

“Perceived self-efficacy and accuracy of physical therapy students using an imaging decision rule for referral to diagnostic imaging.” Bellin College, HSRRC approved and data collection completed, manuscript under review, Journal of Physical Therapy Education.

“How reproducible are exercise therapy protocols used in trials for chronic neck pain?”
Prospero registered CRD42020191886. Data collection completed, manuscript submitted to
Journal of Clinical Epidemiology..

“Effectiveness of participation in a country line dancing class on reducing fall risk &
cardiovascular disease in community dwelling older adults.” Daemen College,
HSRRC approved and data collection ongoing.

“The immediate effects of whole body vibration and static stretching on range of motion, force
output and functional hop in individuals with hamstring injury.” Daemen College, HSRRC
approved and data collection ongoing.

Membership in Scientific/Professional Organizations

Chairperson, Western District, New York Physical Therapy Association, 2010-2011.

Member, McKenzie Institute, 2010-Present.

Member, American Academy of Orthopedic Manual Physical Therapists, 2009-Present.

Member, American Physical Therapy Association. Education, Cardiovascular and
Pulmonary, Acute Care, Research, and Orthopedic Sections, 2000-Present.

Certified Spinning® Instructor Star 2 (JGSI#119532), 2007-2013.

Coordinated City of Rochester “October is PT Month” Mayoral Proclamation signing, October
2002.

Adult and Child/Infant CPR, American Heart Association Certified, 2002-Present.

Consultative and Advisory Positions Held

Consultant and Co-chair on sustainability study and end-of-grant transition for Daemen College
Physical Therapy, Inc.: Wound Care Clinic. 2014-2017.

Community Service

Rotary Club of Williamsville, member

June 2009 – July 2014

Rotary Club of Williamsville Board of Directors, Secretary

2010 – 2012

Ride for Roswell, Race volunteer, 2009-2012

SPCA of Erie County, volunteer dog walker, 2007-2008

Service to the College on Committees/Councils/Commissions

College wide

Daemen College Faculty Travel Committee, September 2016-2017 Co-Chair,

Daemen College Faculty Travel Committee, September 2015-May 2016 Member,

January 2022

Daemen College Health and Wellness Committee, September 2014-May 2015 Member,
Daemen College Safety Committee, September 2013-May 2014

Departmental

Daemen College Physical Therapy program Comprehensive Exam committee, Chair,
January 2017-September 2019

Member, Board of Directors, Daemen College Physical Therapy, Inc. faculty practice,
September 2013-December 2014

Director of Finance, Daemen College Physical Therapy, Inc: Wound Care Clinic,
2014-2017

Daemen College Physical Therapy program Open House, participant/coordinator 2012-
current

Daemen College Student Physical Therapy Association (SPTA), Faculty Advisor: 2012-
2019

Faculty Mentor OMPT and MDT/OMPT programs, Daemen College,
2011-2016.

Honors and Awards

Rotarian of the Year Award – Rotary Club of Williamsville, NY, May 2011

Community Service Award – Daemen College Physical Therapy Department, April 2011

Above and Beyond Community Service Award – Ride for Roswell Committee, 2009

Graduate Faculty Award – Ithaca College Physical Therapy Department, August 2003

New York Physical Therapy Association 2003 Student Participation Award, October 2002

Justin Alexander Scholarship Award – Ithaca College Undergraduate PT Department, May 2002

Phi Kappa Phi Honor Society, March 2002

Who's Who Among American Colleges and Universities, 2001, 2002, 2003

Continuing Education Attended

New York Physical Therapy Association, Annual Conference, Saratoga Spring, NY. Oct 2019.

Academy of Orthopedic Physical Therapy, Annual Conference, Denver, CO. April 2019.

APTA, Combined Sections Meeting, New Orleans, LA. February 2018.

Best Practice Cardiopulmonary Physical Therapy. Drs. Ellen Hillegas and Rebecca
Crouch. Campbell, NC. November 2017.

January 2022

McKenzie Method of Diagnosis and Therapy, Institute Case Manager. January 2016.

Kinesio Taping Fundamentals & Advanced (KT1 & KT2). Dr. Graceann Forester. Raleigh, NC. November 2015.

Moving Beyond Walls: Teaching Through Engagement. Dr. J Ohler. SUNY Fredonia, NY. August 2015.

Current Teaching Responsibilities in the Entry-Level Program for AY 2021-2022

First Year Professional Phase, spring semester

PT 515/L Musculoskeletal Rehabilitation II Lecture and Lab

PT 517 Clinical Medicine I

First Year Professional Phase, summer semester

PT 577/582 Clinical Internship I/II

Second Year Professional Phase, spring semester

PT 554 Clinical Research I

Third Year Professional Phase, fall semester

PT 539/L Cardiopulmonary Rehabilitation Lab and Lecture

PT 549 Clinical Medicine III

PT 555 Clinical Research II

Third Year Professional Phase, spring semester

PT680/690 Clinical Internship III/IV