



To prepare and empower you to achieve your career goals.

iCAP (Individual Career Action Plan)

Name	Date

First Year EXPLORE Learn about yourself and Career Services	Second Year PREPARE Plan your future life
 Make your affirmation 'selfie' Activate your College Central Network account Meet with a Career Advisor or a Career Peer Coach Explore "What can I do with this major?" and/or My Next Move Attend 1 Career Services event or join 1 student organization Create your college resume 	 Complete CFE 97 Career Prep Seminar Attend 1 Career Services event Volunteer for a leadership role Take an individual Career Services assessment Connect with 1 professional in your field of study Identify summer jobs, internships, global experiences
Third Year EXPERIENCE Participate and network with the 'real world'	Fourth Year ACHIEVE Set your plan in motion
 Participate in an academically-related work experience Attend 1 professional networking event Attend 1 Career Services event Create your LinkedIn profile Join a local or national organization related to your major (If applicable) Identify graduate school requirements/time line 	 Develop and implement your job search strategy and/or graduate education strategy Create a professional resume Create a list of professional references Schedule a mock interview Attend a Career Fair Schedule final wrap-up meeting with Career Services

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