

CURRICULUM VITAE

Jennifer A. Bogulski, PT, DPT, OCS
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Amherst, NY 14226
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Department of Physical Therapy
Daemen University

Education:

Daemen College
Amherst, NY
May 2005
Doctor of Physical Therapy

Daemen College
Amherst, NY
May 2004
Bachelors of Science in Natural Science

Licensure Information/Registration Number:

New York
License: 027452-1

Advanced Certification

American Physical Therapy Association
Board Certified Specialist in Orthopedic Physical Therapy

Recertified 2024
2014

Employment and Positions Held:

Assistant Professor, Tenure Track
Daemen University, Amherst, NY

9/2022-present

Clinical Assistant Professor, Non-Tenure Track
Daemen College, Amherst, NY

9/2011-2022

Self Employed
Physical Therapist
Hamburg, NY

6/2014-present

Buffalo Rehab Group, PT, PC
Physical Therapist
Hamburg, NY

6/2005 – 5/2014

Funded/In Review Grant Activity

Bogulski J, Favaro L. “Effectiveness of Participation in a Country Line Dancing Class on Reducing Fall Risk & Cardiovascular Disease in Community Dwelling Older Adults: A Pilot Study.”

Equipment funding: \$4400, May 2019
Daemen College Think Tank, internal

Bogulski J, Favaro L. “The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion.”

Equipment funding: \$3500, December 2014
Daemen College Think Tank, internal

Current/Active Research Activity

Bogulski J. Shoulder Range of Motion in Sitting: Agreement and Reliability of Goniometer and Inclinometer Measurements Across Raters of Different Experience

Bogulski J & Favaro L. Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence

Publications

Favaro L, Guan D, Middleton C, Zheng J, Schaeffer K, **Bogulski, J.** (2025). Validity and Reliability of the Revised Competitive State Anxiety Inventory (CSAI-2R) in DPT Students. *Journal of Physical Therapy Education*, 40(3), 215–220.

Lambert, M., Cheng, S., **Bogulski, J.** (2021). The Use of a Direction Tolerance System for Patients with Low Back Pain: Intra-Rater Reliability and Outcome. *Orthopaedic Physical Therapy Practice*, 33(1), 12-18.

Geraci, M., Lambert, M. **Bogulski, J.** Neuromobilization Techniques – Evaluation and Treatment of Adverse Neurodynamic Tension. In: Craig Liebenson, ed. *Rehabilitation of the Spine A Practitioner’s Manual*, 3rd Edition. Location: Lippincott Williams & Wilkins: Chapter 22, p. 581–597. 2019

Bogulski, J., Gonser, S., Bush, D., Bugner, R., Clark, L., Farrell, L., Swanson, K., & Ross, M. (2017). The RunSmart training program: effect on oxygen consumption and lower extremity biomechanics during running. *Journal of exercise rehabilitation*, 13(4), 446–453.

<https://doi.org/10.12965/jer.1734994.497>

Peer Reviewed Scientific and Professional Presentations (those not previously cited above under abstracts):

Bogulski, J. August 2026

Favaro, L. & **Bogulski J.** Reliability and Validity of the Concise Conscientious Measure - Short Form (CCM-S) in DPT Students. Educational Leadership Conference 2026 (APTA) Washington, DC. Platform Presentation.

Bogulski J & Favaro Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence Combined Sections Meeting Houston, TX. February 2025. Poster Presentation.

Bogulski J, Priore J, Mazzone M, Inglis L. & Favaro L. Targeted Interventions to Improve First Time NPTE Pass Rates: What Can Departments Provide? Educational Leadership Conference 2024 (APTA) October 2024. Poster Presentation.

Favaro, L. Guan D, Middleton C, Schaeffer K, Zheng J, **Bogulski J.** Reliability and Validity of a Novel Tool to Measure Performance Anxiety in Physical Therapy Students. Educational Leadership Conference 2024 (APTA) February 2024. Poster Presentation.

Bogulski J & Favaro L. PT Student Exam Performance and NPTE First Time Failure Rates: What Is the Data Worth Tracking? Combined Sections Meeting 2024 (APTA) February 2024. Poster Presentation.

Bogulski J, Hill B, Nablo K, Rapp-Dimino A, Toth L, Kolodziej T, Ross M. Effect of the COVID-19 Pandemic on Perceived Success and Academic Performance in Graduate Physical Therapy Students. Combined Sections Meeting 2023 (APTA), Feb 2023. Poster Presentation.

Favaro L, Bang N, Kneussle A, Kurian S, Peterson H, Wrobel P, **Bogulski J.** The Ability & Confidence of Physical Therapy Students to Screen for Deep Vein Thrombosis. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Diego, CA. February 2023.

Favaro L, **Bogulski J.** Effectiveness of participation in a country line dancing class on reducing fall risk & cardiovascular disease in community dwelling older adults: A case series. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Kelly, C. **Bogulski, J.**, Kashino, C. Effect of a Six Week Licensure Preparation Course The American Physical Therapy Association Educational Leadership Conference, Virtual October, 2020. *Nominated for the Physical Therapy Leader and Innovator Award*

Kelly, C., **Bogulski, J.**, Dailey, S., Sivak, B. The Effect of Whole Body Vibration and Exercise on Balance and Function in a Patient with Charcot Marie Tooth American Physical Therapy Association Combined Sections Meeting, Virtual February, 2020.

Favaro, L., **Bogulski, J.**, Bard, J., Fitzpatrick, M., Hines, K., Kerr, A., Morganstern, M., Pestle, T., Seifert, K., Styn, T. The Immediate Effects of Whole Body Vibration and Static Stretching on Range of Motion, Force Output and Functional Hop in Individuals with Hamstring Injury. New

York State Physical Therapy Conference, Saratoga, NY October 2019. ***Robert Salant Research Award Recipient***

Bogulski, J., Favaro, L. The Immediate Effects of Whole Body Vibration and Static Stretching on Active Knee Extension Range of Motion. New York State Physical Therapy Conference, Troy, NY October 18-19, 2017.

Non-Peer Reviewed Presentations

Bogulski, J. APTA Documentation Guidelines: A Review for Improved Compliance. Daemen College, Clinician Dinner Presentation. 11/2011

Bogulski, J. Women's Health Lectures, Daemen College, 10 hours 2005-2010

Membership in Scientific/Professional Organizations:

Member American Physical Therapy Association	2002-2007, 2011-present
Orthopedics Section	2011-present
Pelvic Health Section	2011-present
Education Section	2013-present
Aquatics Section	2015-2021
Research Section	2014-2019

Service to the University

University Committees

Board of Trustees Student Affairs Committee	2024-present
Graduate Committee on Academic Standards	2016-present
Educational Policy Committee	2023-2025
Enrollment Management Committee	2018-2021
Retention Committee	2012-2016
Middle States Committee	2014-2016
Alumni Committee	2015-2016
CETL Advisory Board	2014-2017

PT Department Committees

Student Development Committee (Chair)	2019-present
Orientation & Portfolio Committee (Chair)	2017-present
Student Conduct Committee (Chair)	2021-present
NPTE Prep Committee (Chair)	2020-present
Comprehensive Exam Committee (Chair)	2011-2017, 2024- present
Faculty Advisor SPTA (Chair)	
President & Vice President	2024-present
Academic Committee	2024-present
Social Committee	2012-2022
Co-author/editor of PT Informer publication	2011-2017

Community Service

STAR Swimming Board of Directors Vice President	01/2026-present
Cloverbank Elementary School PTA Vice President	08/2025-08/2026
Cloverbank Elementary School PTA Secretary	09/2023-08/2025
Cloverbank Elementary School PTA Counsel Delegate	09/2022-08/2023
Southtowns Stars Pee Wee Minor Team Manager	03/2024-03/2024
Southtowns Stars Squirt Major Team Manager	03/2023-08/2024
Hamburg Hawks Squirt Minor Hockey Team Manager	09/2022-03/2023
Hamburg Hawks Mite Major Hockey Team Manager	09/2021-08/2022
Hamburg Monarchs Youth 6U Soccer Coach	05/2021-07/2021
Board Member of Child and Adolescent Treatment Services (CATS)	09/2011 –2017
Feed My Starving Children Food Pack Event	2011

Continuing Education:

<i>Primary Care Physical Therapy</i> , MedBridge Certificate Program Online	In progress
<i>Lateral Knee Pain: Differential Diagnosis and Management</i> , MedBridge Online	05/2026
<i>Total Knee Arthroplasty CPG (OCS Field Guide)</i> , MedBridge, Online	01/2026
<i>A Classification Approach to Managing Shoulder Pain and Dysfunction</i> , MedBridge, Online	08/2025
Combined Sections Meeting, Houston TX	02/2025
Rotator Cuff Tendinopathy Diagnosis, Nonsurgical Medical Care and Rehabilitation: A Clinical Practice Guideline	
Development of Orthopedic Curricula Guides Across the PT Education Continuum: Update and Revisions	
Treating the Shoulder Athlete – Without the Bells and Whistles	
It's Only Weird if You Make it Weird: Screening for Pelvic Floor Dysfunction in Athletes	
Beyond Strength: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	

AOPT Platform Session II
Research Platform 1
Pelvic Health Platform Session 1

Combined Sections Meeting, Boston MA	02/2024
Prehabilitation in Stem Cell Transplantation: Process and Outcomes	
Promoting Innovation Opportunities With the 2024 CAPTE Standards	
Treating Peripheral Nerve Injuries in Overhead Athletes: Don't Be Nerve-ous	
Screening for Medical Referral: The 'Do Not Want to Miss' List of Serious Medical Conditions	
What a Pain! Reconceptualizing Irritability	
Beyond Strength: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	
AOPT Platform Session II	
Research Platform 1	
Pelvic Health Platform Session 1	
APTA CPI 3.0 – PT DCE Training APTA Online Course	01/2024
PACER Series: Pelvic Health Considerations Online Course	01/2023
PACER Series: Outpatient PT for COVID-19 - Part 2 Online Course	01/2023
PACER Series: Outpatient PT for COVID-19 - Part 1 Online Course	01/2023
PACER Series: Covid-19 Specific Considerations Online Course	01/2023
Combined Sections Meeting, Austin, TX	02/2022
Clinical Practice Guideline: Update to Shoulder Pain and Mobility Deficits, Adhesive Capsulitis	
Dysmenorrhea: Managing the Monster	
The Impact of Poor Nutrition on Pain Mechanisms and Central Sensitization	
The Exercise Prescription Continuum: Evidence-Based Dosing for Pain Modulation, Neuroplastic Adaptation, and Physical Performance	
"Newmonics" and Oldmonics: Revisiting Anatomy Recall through Mnemonics	
Distinguishing Quadriceps Tendinopathy from Patellar Tendinopathy: Semantics or Significant?	
Combined Sections Meeting, Virtual	02/2021
ELC Conference Virtual	10/2020
New York State Physical Therapy Conference, Saratoga, NY	10/2019
New York State Physical Therapy Conference, Saratoga, NY	10/2017

Combined Sections Meeting 2016, Anaheim, CA	02/2016
Demystifying the Writing for Publication Process	
Continence, Pelvic Organ Support, Breathing, and Lumbopelvic Control	
Low Back pain and Pelvic Floor Disorders: Neural Mechanisms of Muscle Synergies	
Ask-a-Librarian: Smarter Searching in 2 Hours or Less	
Is a Perfect PERFECT... Perfect	
Aquatics for the Patient with Lymphedema	
What You Need to Know About Urogyn Surgeries: An Update on FPMRS Outcomes and Complications	
What Does Movement Have to Do With Urinary Urgency	
Self Study Workshop, Anaheim, CA	02/2016
The Shoulder Clinic: Hands-On Manual Therapy for the Shoulder	02/2015
Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach.	08/2012
Chronic Pelvic Pain: Home Study Module.	07/2012
Current Concepts of Orthopedic Physical Therapy, 3 rd Edition.	06/2012
Using the APTA Physical Therapist Clinical Performance EDUCATION Instrument for Students: A Self-Guided Training Course Buffalo	12/2010
Manual Therapy and Manipulation: If It Works, Why Isn't Everyone Doing It? Buffalo, NY	11/2010
The Private Payer Audit: What to Expect and How to Minimize Risk	10/2010
Classification Systems, Regional Interdependence and Functional Exercise in Patients with LBP. Buffalo, NY	4/2010
Clinical Application of Neurodynamics: L2: Lower Quarter NeuroOrthopedic Institute, Buffalo, NY	5/2008
ISPI: Management of the Whiplash Patient	11/2007
IAOM: Differential Diagnosis & Manual Therapy of the Spine	3/2007
The McKenzie Institute: Part A The Lumbar Spine Syracuse, NY	5/2006
Principles of Fitness Training Buffalo, NY	3/2006
The Center for Women's Fitness: Prenatal & Postpartum	9/2005

Fitness Certification, Buffalo, NY

Current Teaching Responsibilities in the Entry-Level Physical Therapy Program

First Year Professional Phase, Fall Semester

PT 514/L Musculoskeletal Rehabilitation I

PT 517 Clinical Medicine I

PT 551 Integrative Seminar in Physical Therapy I

First Year Professional Phase, Spring Semester

PT 515/L Musculoskeletal Rehabilitation II

PT 517 Clinical Medicine II

PT 551 Integrative Seminar in Physical Therapy II

Second Year Professional Phase, Spring Semester

PT 554 Clinical Research I

Third Year Professional Phase, Fall Semester

PT 555 Clinical Research II

PT 612 Health Promotion, Fitness and Wellness

PT 651 Integrative Seminar V

Third Year Professional Phase, Spring Semester

PT 652 Integrative Seminar VI