

## CURRICULUM VITAE

Pamela Bartlo, PT, DPT, CCS  
 4380 Main St  
 Amherst, NY 14226  
 (716) 839-7309  
 Physical Therapy Department, Daemen University

### Education:

D'Youville College, Buffalo, NY Doctor of Physical Therapy (DPT)	July 2005 – December 2006
Daemen College, Amherst, NY Bachelor of Science Physical Therapy	September 1993 - May 1997

### Licensure Information/Registration Number:

Physical Therapist in New York State License # 017302

### Certifications:

Team STEPPS Master Trainer	2019
Advanced Cardiac Life Support (ACLS) Certification	2013-present
APTA Credentialed Clinical Instructor	2006
APTA Board Certified Cardiopulmonary Specialist	2005, 2015, 2025 (re-certified)

### Employment and Positions Held:

2025-present	Daemen University, Buffalo, NY	Associate Professor with tenure Physical Therapy Dept
2022-2025	Daemen University, Buffalo, NY	Assistant Professor Physical Therapy Dept
2011-present	Catholic Health System – Mt. St. Mary's Hospital, Lewiston, NY and Mercy Ambulatory Care Center, Orchard Park, NY	Per-Diem Staff Physical Therapist Cardiac and Pulmonary Rehab
2021- 2022	D'Youville University, Buffalo, NY	Interim DPT Program Director Interim PT Department Chair
2012-2022	D'Youville University, Buffalo, NY	Clinical Professor Physical Therapy Department
2012-2013	Catholic Health Systems	Consultant: Development of Cardiac

		Rehab Program, Rehabilitation Department
2011-2012	D'Youville College, Buffalo, NY	Clinical Assistant Professor Physical Therapy Department
2010-2011	D'Youville College, Buffalo, NY	Assistant Professor Physical Therapy Department
2004-2010	D'Youville College, Buffalo, NY	Clinical Assistant Professor Physical Therapy Department
2001-2004	D'Youville College, Buffalo, NY	Adjunct Faculty Physical Therapy Department
1997-2004	Erie County Medical Center, Buffalo, New York	Physical Therapist
1997-1997	Kenmore Mercy Hospital, Buffalo, New York	Physical Therapist

#### Peer Reviewed Publications

- **Bartlo P**, Karnes M. Promoting Physical Health for Older Adults. In Text: Pizzi MA and Amir M, eds. Interprofessional Perspectives for Community Practice: Promoting Health, Well-Being, and Quality of Life 1<sup>st</sup> ed. Slack Inc. 2024: Ch 20.
- Johanson M, **Bartlo P**, Bauer N, Campbell A, Everett S, Smith N. Cardiovascular and Pulmonary Entry-Level Physical Therapist Competencies: Update by Academy of Cardiovascular & Pulmonary Physical Therapy Task Force. *Cardiopulm Phys Ther J*. 2023;34:183-193.
- Smith N, Campbell A, Johanson M, **Bartlo P**, Bauer N, Everett S. Applying the 2022 Cardiovascular and Pulmonary Entry-Level Physical Therapist Competencies to Physical Therapist Education and Practice. *JOPTE*. September 2023; 37(3):165-170.
- **Bartlo P** and Dean E. Book Chapter: Multisystem Assessment and Laboratory Investigations. In Text: Frownfelter D and Dean E, eds. Cardiovascular and Pulmonary Physical Therapy 6<sup>th</sup> ed. St. Louis, MO. Elsevier. 2023: 176-180.
- **Bartlo P**, Frownfelter D, and Dean E. Book Chapter: Maximizing Outcomes: Relating Interventions to an Individual's Needs. In Text: Frownfelter D and Dean E, eds. Cardiovascular and Pulmonary Physical Therapy 6<sup>th</sup> ed. St. Louis, MO. Elsevier. 2023: 224-238.
- **Bartlo P**, Stackowicz D, Frownfelter D, and Dean E. Book Chapter: Individuals with

Chronic Primary Cardiovascular and Pulmonary Dysfunction. In Text: Frownfelter D and Dean E, eds. Cardiovascular and Pulmonary Physical Therapy 6<sup>th</sup> ed. St. Louis, MO. Elsevier. 2023: 505-527.

- **Bartlo P**, Stackowicz D, Frownfelter D, and Dean E. Book Chapter: Individuals with Chronic Secondary Cardiovascular and Pulmonary Dysfunction. In Text: Frownfelter D and Dean E, eds. Cardiovascular and Pulmonary Physical Therapy 6<sup>th</sup> ed. St. Louis, MO. Elsevier. 2023: 528-544.
- Academy of Cardiovascular and Pulmonary Physical Therapy. Task Group: Johanson M, **Bartlo P**, Bauer N, Campbell A, Everett S, Smith N. Entry-Level Physical Therapist Competencies in Cardiovascular & Pulmonary Physical Therapy. 2022. Available at: <https://cardiopt.memberclicks.net/entry-level-education>.
- Lefebvre K and **Bartlo P**. Book Chapter: Outcome measures: A guide for the evidence-based practice of cardiopulmonary physical therapy. In Text: Hillegass E, ed. Essentials of Cardiopulmonary Physical Therapy 5<sup>th</sup> ed. St. Louis, MO. Elsevier. 2022:748-778.
- **Bartlo P** and Jenney K. Spinal Cord Injury Patient Chapter. In Text: Skrzat, Griech, eds. Clinical Case Studies Across the Medical Continuum for Physical Therapists. New York, NY. Thieme. 2022: Chapter 18.
- Lefebvre K, Wellmon R, **Bartlo P**, Bednarek M, Hoffman J, Karnes J, Vandenberg L. The Effect of Guarding on the Outcomes of the Six-Minute Walk Test. *Cardiopulm Phys Ther J*. 2021 April;32(2):66-74. doi: 10.1097/CPT.0000000000000142
- Tiwari D, Naidoo K, Chatiwala N, **Bartlo P**, Triola A, Ong B, Gore S, Exploratory Analysis of Physical Therapy Process of Care and Psychosocial Impact of the COVID-19 Pandemic on Physical Therapists. *Phys Ther*. 2021 Mar; pzab088. doi.org/10.1093/ptj/pzab088.
- Smirnova IV, **Bartlo P**. The Cardiovascular System. Book Chapter in: Goodman and Fuller's Pathology: Implications for the Physical Therapist. Goodman CC, Fuller KS. 5<sup>th</sup> ed. St. Louis, MO. Elsevier. 2021:523-642.
- **Bartlo P**, Irion G, Voorhees J. Assessment of the Knowledge Level Regarding Cardiovascular Disease Risk Factors: Comparison Across Age Groups. *J Community Health*. 2020 Oct;45(5):1030-1037. doi 10.1007/s10900-020-00824-w.
- LaRue E, Weiss E, Whelan M, **Bartlo P**. Quality of Online Nutrition Information for People with Type 2 Diabetes. Abstract published. *Cardiopulm Phys Ther J*. 2020 January; 31(1):e12-e27.

- **Bartlo P**, Lefebvre K; Wellmon R. Background and Expertise of Faculty Teaching Cardiovascular and Pulmonary Content in Entry-Level DPT Programs. *Cardiopulm Phys Ther J*. 2017 April; 28(2):53-62.
- Lefebvre K, **Bartlo P**. Outcome Measures: A Guide for the Evidence-Based Practice of Cardiopulmonary Physical Therapy. Book Chapter in: Essentials of Cardiopulmonary Physical Therapy. Hillegass E. 4<sup>th</sup> ed. St. Louis, MO. Elsevier. 2017:674-702.
- **Bartlo P**, Brooks G, Cohen M. Toward Entry-Level Competencies in cardiovascular and Pulmonary Physical Therapy. *Cardiopulm Phys Ther J*. 2015 Dec; 26(4): 99-107.
- **Bartlo P**, Klein PJ. Physical activity needs and benefits in the adult individual with intellectual disabilities: systematic review of the literature. *AJIDD*. 2011 May;116(3):220-32.
- **Bartlo P**. Aerobic and Resistance Exercise in Patients with Congestive Heart Failure. Book Chapter in Physical Activity in Rehabilitation and Recovery. Blake H editor. Nova Science Publishers, Inc. 2010.
- **Bartlo P**. Evidence-based application of aerobic and resistance training in patients with congestive heart failure. *J Cardiopulm Rehabil Prev*. 2007 Nov-Dec;27(6):368-75.

#### Peer Reviewed Scientific and Professional Presentations:

- **“If you haven’t started using technology enhanced learning in DPT education now is the time!”**  
Seils M, **Bartlo P**, Policella M.  
Poster Presentation at Physical Therapy Education Leadership Conference  
Oakland, CA  
October 2024  
Awarded the Physical Therapy Learning Institute’s (PTLI) Education Influencer Award (see Awards section in CV below)
- **“CBE in CVP: A Roadmap to Use the CVP Competencies in Your Program”**  
Bowman M, **Bartlo P**  
Programming Presentation at the Academy of Cardiovascular and Pulmonary Physical Therapy Fall Conference  
Atlanta, GA  
September 2024
- **“Incidence of High Blood Pressure in Outpatient Physical Therapy”**  
Burkard G, Kmiotek S, Matthews E, Reese C, **Bartlo P**, White R.  
Poster Presentation at American Physical Therapy Association Combined Sections Meeting  
Boston, MA  
February 2024
- **“Don’t Be Afraid – Safe and Effective Intervention for the Medically Complex Home Health Patient”**  
**Bartlo P**, Seils M.

Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Boston, MA  
 February 2024

- **“Use of Innovative Methods for Cardiovascular and Pulmonary Education in DPT Programs”**

**Bartlo P**, Skrzat J.

Programming Presentation at the Academy of Cardiovascular and Pulmonary Physical Therapy Fall Conference  
 Atlanta, GA  
 September 2023

- **“This isn't the 90s anymore; DPT students' perceptions of technology enhanced learning”**

Seils M, **Bartlo P**, Policella M.

Poster Presentation at Physical Therapy Education Leadership Conference  
 Philadelphia, PA  
 October 2023

- **“Implementing the 2022 Revised Entry-Level Competencies for Cardiovascular & Pulmonary Physical Therapy.”**

Johanson M, Campbell A, Smith N, Bauer N, Everett S, **Bartlo P**.

Programming Presentation at Physical Therapy Education Leadership Conference  
 Milwaukee, WI  
 October 2022

- **“PT Management of the Patient with Cardiovascular Disease in Home Health”**  
**Bartlo P.**

Programming Presentation at the Illinois HomeCare & Hospice Council 2022 Rehab Symposium: Renew – Mind, Body, Soul  
 Illinois  
 August 2022

- **“The Shocking Truth About PT for People with Cardiac Ablations, Pacemakers, and Defibrillators”**

**Bartlo P**, Johanson M, Pillarasetti J.

Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 San Antonio, TX  
 February 2022

- **“Entry-Level Expectations in Cardiovascular & Pulmonary Physical Therapy”**

Johanson M, Campbell A, Smith N, Everett S, Bauer N, **Bartlo P**.

Virtual Delivery with Live Q&A online  
 February 2021

- **“Primary Prevention of CVD: Physical Therapists on the Front Line”**

**Bartlo P**, Johanson M.

Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Virtual Delivery with Live Q&A online  
 February 2021

- **“Exploratory Analysis of PT Utilization and Practice Patterns for Individuals with COVID-19”**  
 Tiwari D, Naidoo K, Chatiwala N, Triola A, Ong B, **Bartlo P**, Gore S.  
 Platform Presentation at American Physical Therapy Association Combined Sections Meeting  
 Virtual Delivery  
 February 2021
- **“Pulmonary Rehabilitation Post-Acute Care for COVID-19”**  
**Bartlo P**, Bauer N.  
 Part of the PACER Project: (Post-Acute CCOVID-19 Exercise & Rehabilitation Project)  
 Continuing Education webinar presentation sponsored by Cardiovascular and Pulmonary Section of American Physical Therapy Association and APTA Learning Center.  
 April 2020
- **“Physical Therapy Considerations of COVID-19 in the Post-Acute Setting”**  
 Bednarek M, Miller K, **Bartlo P**, Johanson M, Pollok T, Chimenti C, Botkin R.  
 Webinar Presentation: sponsored by Cardiovascular and Pulmonary Section, Academy of Home Health, Academy of Acute Care, and Health Policy Catalyst Section of the American Physical Therapy Association.  
 April 18, 2020
- **“Facilitating Solutions to Student PT Challenges in Acute Care Clinical Education”**  
 MacCabe A, Bradford J, **Bartlo P**, Hardy C.  
 Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Denver, CO  
 February 2020
- **“Quality of Online Nutrition Information for People with Type 2 Diabetes”**  
 LaRue E, Weiss E, Whelan M, **Bartlo P**  
 Poster Presentation at American Physical Therapy Association Combined Sections Meeting  
 Denver, CO  
 February 2020
- **“Can I Stop Now? 2.0 Intervention and Progression of Endurance Impairment”**  
**Bartlo P**, Pata R, Skrzat R  
 Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Washington, DC  
 January 2019
- **“Advancing Acute Care Education Through Outcome Driven Approaches.**  
 Bradford J, MacCabe A, Pechak C, **Bartlo P**, Harrison L.  
 Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Washington, DC  
 January 2019
- **“Can I Stop Now? The Importance of Measuring and Progressing Endurance in Adults”**  
**Bartlo P**, Skrzat J.

Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
New Orleans, LA  
February 2018

- **“Airways and Runways: Advancing Cardiovascular and Pulmonary Patient Care Through Research”**

Lefebvre K, Wellmon R, **Bartlo P**, Bednarek M, Hoffman J, Karnes J, Vandenberg L.  
Extended Platform Presentation at American Physical Therapy Association Combined Sections Meeting. Presenting research conducted with CV&P Section Grant Award.  
New Orleans, LA  
February 2018.

- **“Beyond 3 Sets of 10. Individualized Exercise Prescription for Chronic Conditions.”**

**Bartlo P**, Nowakowski P, White R.  
Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
San Antonio, TX  
February 2017

- **“Social Media Use in Physical Therapy Facilities in New York State.”**

**Bartlo P**, Custodi K, Joya A, Meyers A, Sleeper N, Thomas A.  
Platform Presentation at American Physical Therapy Association Combined Sections Meeting  
San Antonio, TX  
February 2017

- **“Demographics and Credentials of Faculty Teaching Cardiovascular and Pulmonary Content in Entry-Level Doctor of Physical Therapy Programs in the United States.”**

**Bartlo P**, Lefebvre K.  
Platform Presentation at American Physical Therapy Association Combined Sections Meeting  
Anaheim, CA  
February 2016

- **“Exercise Training in Pregnant Women Encompassing Aerobic, Resistance and Yoga Style Activity Completed Through Video Instruction”**

Coughlin MK, Hoggard C, Norman K, **Bartlo P**, Dunford D.  
Poster presentation at American Physical Therapy Association Combined Sections Meeting  
Anaheim, CA  
February 2016

- **“Getting Patients into Cardiac Rehab and Other Wellness Programs and Keeping them Exercising After Rehab.”**

Barbe C, **Bartlo P**, Ricard P.  
Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
Indianapolis, IN  
February 2015

- **“Comparison of the Knowledge of Obesity as a Risk Factor for Heart Disease Between Elementary School Children and Older Adults”**  
Kreuzer K, Szpara A, **Bartlo P**.  
Poster presentation at American Physical Therapy Association Combined Sections Meeting  
Indianapolis, IN  
February 2015
- **“Overcoming the Biggest Hurdles: Getting Patients into Cardiac Rehab and Other Wellness Programs, Then Keeping them Exercising once they Finish Rehab.”**  
Barbe C, **Bartlo P**, Ricard P.  
Invited Pre-Conference (Full Day) Course at American Physical Therapy Association Combined Sections Meeting  
Las Vegas, NV  
February 2014
- **“Inclusive Eastern Exercise (modified Taiji/Qigong): Day Habilitation Implementation Essentials.”**  
Klein PJ, **Bartlo P**, Ruth Camann, Picard G.  
Platform presentation at NADSA Annual Conference.  
Louisville KY  
Oct 10-12, 2013
- **“Feasibility of Eastern Exercise for Adults with Developmental Disability.”**  
Klein PJ, **Bartlo P**, Ruth Camann, Picard G.  
Platform presentation at ATRA Annual Conference  
Pittsburg, PA  
Sept 29 - Oct 2. 2013
- **“Knowledge Level of Cardiovascular Disease Risk Factors in Adults Who Have Participated in a Cardiac Rehab Program”**  
**Bartlo P**, Hayes D.  
Platform presentation at National American Association of Cardiovascular and Pulmonary Rehabilitation (AACVPR) Annual Conference  
Nashville, TN  
Oct 2013
- **“Using Simulation to Bring Acute Care Into the Classroom”**  
Ohtake PJ, **Bartlo P**, Bednarek M, Gillette P, Hilton TN, Smith NS.  
Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
San Diego, CA  
January 2013
- **“Knowledge Level of Cardiovascular Disease Risk Factors in Adults Who Have Participated in a Cardiac Rehab Program”**  
**Bartlo P**, Hayes D.  
Platform Presentation at American Physical Therapy Association Combined Sections Meeting  
San Diego, CA  
January 2013



- **“Overcoming the Apprehension of Treating a Patient with Cardiovascular or Pulmonary Disease”**  
**Bartlo P**, Rodrigues J  
 Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 Chicago, IL  
 February 2012
- **“Assessing the Knowledge of Children Regarding Cardiovascular Disease Risk Factors”**  
**Bartlo P**, Matthews P, Podlesny J, Voden P, Miller E  
 Poster Presentation at the National Convention of the American Alliance for Health, Physical Education, Recreation, and Dance  
 Indianapolis, IN  
 March 2010
- **“Endurance in the Neurologic Rehab Population: Assessment, Intervention, and Outcome Measures”**  
**Bartlo P**, Jocoy A  
 Programming Presentation at American Physical Therapy Association Combined Sections Meeting  
 San Diego, CA  
 February 2010
- **“Feasibility of Taiji/Qigong (Chi Time) Practice in Day Habilitation”**  
 Klein PJ, **Bartlo P**, Camann R.  
 Poster Presentation at The International Tai Chi Chuan Symposium on Health, Education and Cultural Exchange. A View Through the Lens of Science.  
 Nashville, TN  
 July 2009
- **“Feasibility of Taiji/Qigong Practice in Day Habilitation Settings”**  
 Klein PJ, **Bartlo P**, Camann R.  
 Platform Presentation at The International Tai Chi Chuan Symposium on Health, Education and Cultural Exchange. A View Through the Lens of Science.  
 Nashville, TN  
 July 2009
- **“Evidence-Based Clinical Practice Guidelines on Therapeutic Interventions for Patients with Congestive Heart Failure Based on Philadelphia Panel Review Criteria.”**  
 Poster Presentation at American Physical Therapy Association Combined Sections Meeting  
 Boston, MA  
 February 2007

Non-Peer Reviewed Publications:

- Publication of Critical Review of: Effects of aerobic or aerobic and resistance training on cardiorespiratory and skeletal muscle function in heart failure: A randomized controlled pilot trial. Mandic S, Tymchak W, Kim D, Daub B, Quinney HA, Taylor D et al.  
 Published on APTA Hooked on Evidence - 4/2010 [www.hookedonevidence.com](http://www.hookedonevidence.com).

- Publication of Critical Review of: A randomized study on the effect of weight loss on obstructive sleep apnea among obese patients with type 2 diabetes: the Sleep AHEAD study. Foster GD, Borradaile KE, Sanders MH, Millman R, Zammit G, Newman AB, et al. Published on APTA Hooked on Evidence - 4/2010 [www.hookedonevidence.com](http://www.hookedonevidence.com).
- Publication of Critical Review of: Evaluation of “nondietering” stress reduction program for overweight women: a randomized trial. Bradshaw, L.K., Horwath, A.J., Gray, C.G., O’Brien, A.R., & Janine, J. Published on APTA Hooked on Evidence - 4/2010 [www.hookedonevidence.com](http://www.hookedonevidence.com).
- Publication of Critical Review of: Changes in short-term measures of heart rate variability after eight weeks of cardiac rehabilitation. Sandercock GR, Grocott-Mason R, Brodie DA. Published on APTA Hooked on Evidence - 6/2009 [www.hookedonevidence.com](http://www.hookedonevidence.com).
- Publication of Critical Review of: Strength training for obesity prevention in midlife women. Schmitz KH, Jensen MD, Kugler KC, Jeffery RW, Leon AS. Published on APTA Hooked on Evidence - 6/2009 [www.hookedonevidence.com](http://www.hookedonevidence.com).
- Publication of Critical Review of: Differences in sustainability of exercise and health-related quality of life outcomes following home or hospital-based cardiac rehabilitation. Smith KM, Arthur HM, McKelvie RS, Kodis J. Published on APTA Hooked on Evidence - 5/2006 [www.hookedonevidence.com](http://www.hookedonevidence.com).

#### Non-Peer Reviewed Presentations:

- **“Don’t Be Afraid – Safe and Effective Intervention for the Medically Complex Home Health Patient”**  
Bartlo P, Seils M  
Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
August 2, 2024
- **“Update on Lab Values and Differential Diagnosis in Acute Care”**  
Bartlo P.  
Invited 1 hr programming session as part of the ECMC Rehab Symposium. This is continuing education for PTs and OTs.  
March 9, 2024
- **“Incidence of High Blood Pressure in Outpatient Physical Therapy”**  
Bartlo P.  
Invited speaker at Daemen University Fall Faculty Scholarship Symposium  
Presented research data from my ongoing study to other faculty members.  
November 15, 2023
- **“Importance of Assessing, Treating, and Quantifying Endurance in Physiotherapy”**  
Bartlo P.  
Invited 90 min programming session for Canadian Physiotherapy Association –  
Cardiorespiratory Division

Continuing Education Webinar for practicing PTs and PTAs in Canada  
November 8, 2023

- **“Home Health PT Implications for Patients with COVID-19”**  
**Bartlo P**, Botkin R  
Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
August 7, 2020
- **Guest on PT Pintcast – “PACER Project – Pulmonary Rehab”**  
**Bartlo P**, Bauer N with McKay J.  
Invited guest for a ½ hr podcast. Discussion was on our PACER Project presentation about pulmonary rehab. We discussed some of the latest COVID-19 pulmonary complications and what some PT interventions are to assist with patient rehab.  
May 26, 2020
- **“COVID-19 and PT: Characteristics, Considerations, and Care”**  
**Bartlo P.**  
Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
May 20, 2020
- **“Application of EKG in the Clinical Setting.”**  
**Bartlo P.**  
Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
March 27, 2020
- **Guest on PT Pintcast – “A PT and 3 Registered Dieticians Walk into a Study.”**  
**Bartlo P** with McKay J.  
Invited guest for a ½ hr podcast. Discussion was on my poster presentation for CSM 2020 that was completed with 3 Dietician’s from D’Youville (see Peer Reviewed Presentation section for more information about the research poster). Conversation was also advice for those attending CSM (APTA National Conference) and why it’s beneficial.  
February 6, 2020
- **Guest on PT Pintcast**  
**Bartlo P** with McKay J.  
Invited guest for a ½ hr podcast. Initial discussion was around my role as VP of CV&P Section of APTA and the Section’s characteristics and initiatives. The rest of the podcast was about my research interests, elective course on personal strengths, and my work as a cardiopulmonary PT.  
October 1, 2019
- **“When to Say When: Treatment Parameters for Home Health Therapy for People with Cardiovascular or Pulmonary Pathologies.”**  
**Bartlo P.**  
Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
August 2, 2019
- **“Endurance Assessment and Intervention.”**  
**Bartlo P.**

Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
April 3, 2019

- **“Pulmonary Rehab for the Neurologically Impaired Patient” (Lecture and Lab)**

**Bartlo P.**

Breakout Session (lecture and lab) at ECMC Rehab Symposium 2019.  
Erie County Medical Center  
Buffalo, NY  
March 2019.

- **“Management of Patient with CAD and/or CHF in Home Health.”**

**Bartlo P.**

Invited 2 hr webinar for PhysicalTherapy.com  
Continuing Education course for practicing PTs and PTAs.  
September 13, 2018

- **“Assessment of the Knowledge Level Regarding Cardiovascular Disease Risk Factors: Comparison Across Age Groups”**

Voorhees J, **Bartlo P**, Irion G.

New York State Association Cardiovascular and Pulmonary Rehabilitation Conference  
April 28, 2018

- **“Advanced EKG Interpretation.”**

**Bartlo P.**

Breakout Session at ECMC Rehab Symposium 2018.  
Erie County Medical Center  
Buffalo, NY  
March 2018.

- **“Intermediate EKG Interpretation.”**

**Bartlo P.**

Breakout Session at ECMC Rehab Symposium 2018.  
Erie County Medical Center  
Buffalo, NY  
March 2018.

- **“Don’t Kill Your Patient. 7 Tips to ALMOST guarantee you won’t kill your patient that has a cardiac or pulmonary co-morbidity.”**

**Bartlo P.**

Breakout Session at “Exploration of Cadaveric Anatomy and Human Movement: Clinical Applications Updates for PT Practice.”  
Daemen College  
Buffalo, NY  
November 2017

- **“Cardiopulmonary Education in Entry-Level DPT Programs”**

Cardiopulmonary Physical Therapy Journal – Podcast interview - Episode #4  
<https://journals.lww.com/cptj/Pages/podcastepisodes.aspx?podcastid=1>  
April, 2017

- **“Women’s Heart Health”**

Invited Speaker – Catholic Health System  
Women’s Health Conference at Niagara Convention Center

Education and Discussion for women about cardiovascular disease risk, heart health, and interventions.

September 19, 2015

- **“Ask Us Anything About Women’s Heart & Vascular Health”**  
Invited Speaker – Catholic Health System  
Education and panel discussion for women in the community about heart health and rehab.  
March 2015
- **“Heart Health and Cardiac Rehab Radio Interview”**  
APTA Move Forward Radio – Broadcasted interview  
<http://www.moveforwardpt.com/Radio/Detail.aspx?cid=57907467-70b4-4435-8c9c-88332eb12d48#.VN0aKCzuqQc>.  
February 12, 2015
- **“Endurance Testing and Exercise Prescription for the Cardiovascular and Pulmonary Patient”**  
Invited Speaker – Western New York Physical Therapy Association  
Continuing Education course for practicing PTs and PTAs.  
September 2012
- **“Expansion of Cardiac Knowledge for the Practicing Clinician”**  
Continuing education course for practicing OTs, COTAs, PTs, PTAs, RNs, and LPNs.  
Coordinated and marketed by Learning Partners Inc. Buffalo, NY  
Visiting Nurse Association (VNA) Homecare Agency  
June 2012
- **“Expansion of Cardiac Knowledge for the Practicing Clinician”**  
Continuing education course for practicing OTs, COTAs, PTs, PTAs, RNs, and LPNs.  
Coordinated and marketed by Learning Partners Inc. Buffalo, NY  
Brothers of Mercy Rehabilitation  
May 2012
- **“Cardiovascular and Pulmonary PT for the Practicing Clinician”**  
Invited Speaker – Western New York Physical Therapy Association  
Continuing Education course for practicing PTs and PTAs.  
September 2011
- **“Clinical Application of Cardiovascular and Pulmonary Interventions”**  
Continuing education course for practicing OTs, COTAs, PTs, PTAs.  
Coordinated and marketed by Learning Partners Inc. Buffalo, NY  
Visiting Nurse Association (VNA) Homecare Agency  
April 2010
- **“Clinical Application of Cardiovascular and Pulmonary Interventions”**  
Continuing education course for practicing OTs, COTAs, PTs, PTAs, RNs, LPNs, Nurse’s Aides, Dieticians, and Social Workers.  
Coordinated and marketed by Learning Partners Inc. Buffalo, NY  
Beechwood Rehabilitation  
January 2010
- **“Clinical Application of Cardiovascular and Pulmonary Interventions”**  
Continuing education course for practicing OTs, COTAs, PTs, and PTAs  
Coordinated and marketed by Learning Partners Inc. Buffalo, NY

Brothers of Mercy Rehabilitation  
March 2009

- **“Pulmonary Guidelines for the Rehab Environment”**  
Continuing education course for practicing OTs, COTAs, PTs, and PTAs  
Coordinated and marketed by Learning Partners Buffalo, NY  
2007
- **“Cardiovascular Guidelines for the Rehab Environment”**  
Continuing education course for practicing OTs, COTAs, PTs, and PTAs  
Coordinated and marketed by Learning Partners Buffalo, NY  
2006
- **“Differential Diagnosis” – Cardiopulmonary Assessment and Treatment**  
tDPT students  
Daemen College, Amherst, NY  
2004, 2005, 2006, 2007, 2008, 2009
- **“Cardiopulmonary Application”**  
Guest lecturer for DPT students  
Daemen College, Amherst, NY  
2005, 2006, 2007, 2008, 2009
- **“Cardiac Rehabilitation”**  
Guest lecturer for physiatry students  
University of Buffalo School of Medicine, Amherst, NY  
2000
- **“Pre-Prosthetic Management and Physical Therapy for Patients With Amputations”**  
Faculty for continuing education course for physiatry students  
University of Buffalo School of Medicine, Amherst, NY  
2000
- **“Gait Analysis and the Use of Assistive Devices”**  
Guest lecturer for graduate nursing students  
University of Buffalo School of Nursing, Amherst, NY  
1998, 1999, 2000
- Various in-services for therapists and other health care professionals at ECMC on a variety of topics, including, management of patients with pacemakers, PT’s role in care of patients with Systemic Lupus, and advanced balance exercises for the patient with a Tran femoral amputation  
1997- 2004

Funded/In Review Grant Activity:

- Bartlo P. Incidence of HTN in Outpatient Physical Therapy. (\$2050) Daemen University Faculty Research Fund (2024-25). Status: complete.
- Rivers L, **Bartlo P**, Rousselle J. The Medically Oriented Gym (MOG): A randomized trial comparing referral for exercise to the MOG vs. self-selected community fitness centers for patients with type 2 Diabetes. (\$2000) D’Youville College Faculty Research Fund (2010/11). Status: complete

Current/Active Research Activity:

**Submitted Manuscripts** : none presently in review.

**Manuscripts in Preparation**

- Seils M, Bartlo P, Policella M. Student perceptions of technology-enhanced learning in DPT Education.  
Manuscript submitted for publication Summer '25.
- Gore S, Pinkstaff S, **Bartlo P**, Mcewen K, Cong V, Child C, Wu C. Clinical Practice Guideline for Physical Therapy Care Post Cardiovascular or Pulmonary Surgery. Anticipated submission for publication Spring '26.
- Bartlo P, White R. Incidence of HTN in Outpatient PT Clinics. Anticipated submission for publication F '26

Membership in Scientific/Professional Organizations:

- Cardiovascular and Pulmonary Academy of APTA
  - Board of Directors position (see professional service) 2007 – 2024
  - Member of Public Relations Committee 2006 – 2007
  - Member Academy of Cardiovascular and Pulmonary Physical Therapy, APTA 2001 – Present
- American Physical Therapy Association (APTA) 1995 - Present
- New York Physical Therapy Association (NYPTA) 1995 – Present

Consultative and Advisory Positions Held (Professional Service):

- American Board of Physical Therapy Specialists (ABPTS)
  - Cardiovascular and Pulmonary Specialty Council Member-at-Large 2024 – present  
Appointed position to serve the council in administration, review, and conference of Board-Certified Specialization in cardiovascular and pulmonary PT
- Co-Lead of Cardiac Rehab and Pulmonary Rehab Accreditation Team – Mount St Mary's Cardiac and Pulmonary Rehab Programs. June 2023-present
- American Board of Physical Therapy Specialists (ABPTS) 2023 – present  
Cardiovascular and Pulmonary Section – CCE Content Expert
  1. Supervise 4-6 items writers for the specialist exam.
  2. Assist them in test question development
  3. Review and edit or provide suggestions for all of their questions
- Serve or have served as a Reviewer for the Following Journals
  - Cardiopulmonary Physical Therapy Journal
  - Medicine & Science in Sports & Exercise
  - Research in Developmental Disabilities
  - Journal of Intellectual and Developmental Disabilities
  - International Journal of Environmental Research and Public Health
- Vice President - APTA Academy of Cardiovascular and Pulmonary Physical Therapy (Academy has over 1200 members nationwide): 2018 – 2024
  1. Serve as Academy Liaison to all Cardiovascular and Pulmonary Clinical Practice Guideline groups
  2. Administrator for the Linda Crane Memorial Lecture Award
  3. Serve as Mentor and Academy Liaison for the Academy's Centennial Scholar
- American Board of Physical Therapy Specialists (ABPTS) 2017 – 2023

### Cardiovascular and Pulmonary Section – SACE Item Writer

1. Tasked with writing test questions for the Cardiovascular and Pulmonary Certified Specialists Exam. Have had the most accepted questions for the Cardiopulmonary Exam for the last 2 years.
  2. Attend working group session(s) for item writing
  3. Complete at least 10 exam questions on my own t/o the year.
- Served as content reviewer for CHF Patient Case Chapter in Providing PT in the Home 4<sup>th</sup> ed textbook. November 2023
  - Served as content reviewer for Lung Cancer Chapter in Oncologic Rehabilitation text book. May 2021
  - Board of Directors (Awareness and Visibility Chairperson) – APTA Cardiovascular and Pulmonary Section: 2007 – 2018
    - Responsible for management of Section's website information, on-line elections, generation of advertising revenue, development of and distribution of section electronic newsletter, development of on-line educational information related to the section, administration of the section's Facebook page and Listserv, and chaired CV&P Section's 40<sup>th</sup> Anniversary Celebration Committee
  - Representative of APTA Cardiopulmonary Section to develop cardiovascular and pulmonary "Clinical Case Scenarios" for use on APTA's Hooked on Evidence. September, 2007

### Community Service:

- Erie Niagara Area Health Education Center Health Career Fair May 2022
  1. Worked with high school students to explain where PTs can practice and basics of what PT interventions can look like.
  2. Led students through interactive balance training.
- Girl Scouts of Western New York: Troop leader for Girl Scout Troop. 2010 – 2022
  1. Organize weekly activities and supervision of girls.
  2. Educate girls on various topics and encourage development of their characters through many venues and opportunities.
- Girl Scouts of Western New York: Other activities
  1. Organize all Scout Sunday activities for all of the 2012 - 2022  
Grand Island Girl Scout Service Unit. Scout Sunday is a national day for Girl Scouts to be recognized in the Catholic Church.
  2. Organized Girl Scout Bridging Ceremony for all of 2013, 2015, 2018  
Grand Island Girl Scouts.
  1. Organized training and participation of girls in the 2016, 2017  
Dick Bessel Charity Run. I set up and held training sessions for girls ages 10 and up to prepare for the 2.3 mile race. I also facilitated the girls earning badges related to Good Sportsmanship, Practice and Goal Setting, etc. I had over 20 girls participate, earn badges, and complete the run.
- Girl Scouts of Western New York: Site Director for Grand Island 2014, 2016  
Service Unit Encampment
  1. Participated in all planning of encampment.
  2. Assigned all participants to sites. Monitored any problems on location during event. Ensured proper site condition upon completion of the event.



- St. Stephen's Church:
  - Health screening volunteer: provide monthly screening of blood pressure and heart rate to parishioners. 2008 - present
  - Meal Angels volunteer: prepare and deliver meals to parishioners that are unable to prepare meals for themselves. 2008 - present
  - Bereavement Society Team Member: prepare food for luncheons following funerals at the church. 2009 – present
- St. Stephen's School Advisory Board 2010 - 2017  
Assist with advisement, recommendations, and physical assistance to a variety of items associated with the operation of the school.
- St. Stephen's School: Head Coach for School Swim Team 2014 – 2017  
Coaching of practices and meets for 11 and over age group.
  1. Coached 9-10 age group (2014)
  2. Coached 11 and over age group (2015, 2016, 2017)
- St. Stephen's School: Head Coach for Varsity Softball team 2018
- Grand Island Little League: Assistant Coach for various age levels  
Assisted in planning all practices prior to the start of the season. Assisted in coaching and planning related to games during the season. 2009 - 2015
  1. Tee ball level (2009, 2010), Pee Wee level (2011), International Softball Level (2012, 2013), Minor League Softball Level (2014, 2015)
- Feed My Starving Children Mobile Packing Event 2011, 2013
- St. Stephen's School Marketing Committee 2011 – 2013
- Community Helper's Day – St. Stephen's School 2010, 2012, 2014  
Instructed children in pre-kindergarten – 2<sup>nd</sup> grade about what a physical therapist does, the type of care we provide, the type of patients we see, and how someone becomes a physical therapist.
- Board of Directors – Grand Island Co-Operative Nursery School:
  - Treasurer (2008-2010) - Responsible for all payroll, accounts payable, and taxes for the school.
  - Communications Chair (2010-2011) – Responsible for writing and publishing newsletter every two months and updating school communication board.

Services to the University/College/School on  
Committees/Councils/Commissions:

- Advisement of students 2022 - present
  - Serve as an academic advisor to pre-professional phase students and professional phase students.
- University-wide committees
  - Faculty Research Committee Chairperson 2023 – 2025  
Lead the committee in review of submitted proposals for research funding and notification of the awards.
  - Committee member on the Center for Interprofessional Learning & Simulation (CILS) Advisory Board. 2022 - present  
Work with the rest of the advisory board to promote the CILS internally and externally, broaden the scope of the CILS, and expand interprofessional collaborations.

- Middle States Standard I – Mission and Goals - 2022 – 2025  
Working group member for Standard I for the Middle States Self-Study.
- University-wide service
  - Interprofessional Hospital Simulation Event Spring 2025  
Helped develop the simulation case with other health professions faculty. Then I helped facilitate students from 4 health professions through the simulation and debriefing.
  - Interprofessional Education Event Fall 2022 – present  
Act as a facilitator for several health career major students to discuss interprofessional care of a patient with obesity and general medical bias and implications of obesity
  - Scholars Day Interviewer Spring 2024  
I interviewed 4 potential scholarship recipients. I then ranked their performance and gave recommendations as to potential as a scholarship recipient.
  - Interprofessional Education Event Spring 2023  
Served as a facilitator for 7-8 health career major students to discuss interprofessional care of a patient after concussion. I led the students to look at each discipline's role in care and then how we can all work together.
- Departmental Service
  - PT/PA Virtual Open House 2024  
Presented about Daemen University DPT Program to undergraduate students and parents attending the virtual open house. Answered questions as well.
  - Pre-Professional Phase Co-Coordinator 2024 – present  
My half of the pre-professional coordinator position is related to qualification for the professional phase. I oversee the applications of the pre-professional phase students. I work with advisors to ensure all documentation is submitted. I work with the PT administrative assistants to verify all course work is completed and standards for acceptance are upheld. I then coordinate faculty notifying students of their acceptance into the professional phase.
  - Daemen PT Summer Institute 2024  
Presented a half day of programming and assessment of the learning to over 20 high school students interested in physical therapy.
  - Direct Entry DPT Admissions Committee. 2022 – present  
Chairperson 2023 - present  
Evaluate applications for direct entry DPT students and recommend a determination regarding their acceptance to Daemen or not.
  - Professional Phase Academic Standards Committee. 2022 – Fall 2023  
We address academic issues or deficiencies for professional phase students. This involves reviewing documents, meeting with students, and determining need for further intervention or assistance.
  - Professional Phase Student Conduct Committee 2022 – present  
Convene in cases of student professionalism or academic integrity issues. Work with the committee members and student(s) to develop appropriate consequences as needed and lead student to correct behaviors.
  - Program Survey Committee 2023 – present  
Modified the student exit survey. Then assisted with analysis and presentation of

findings and recommendations to the full faculty.

- Participation in University wide Open Houses 2022 – present  
Meet and discuss program components with potential students and their families.  
Answer questions and help guide students as to how Daemen's program excels.
- **Intermittent committees**
  - Member Dean of Scott Bieler College Health Professions updates to CILS  
2023 – present  
Worked with Dean Ford, Tony Surace, and representatives from nursing and physician assistants programs to develop the needed equipment for updates to the CILS for a hospital room.
  - Co-Chair DPT Program Faculty Search Committee Spring 2023  
Worked to coordinate review of applications and management of interviewing of candidates for the faculty position.

#### Honors and Awards:

- Physical Therapy Learning Institute's (PTLI) Education Influencer Award 2024  
Given to an ELC conference presentation that has the potential to have a positive influence towards excellence in PT education and is consistent with the vision and mission of PTLI.
- D'Youville University Faculty of the Year Award – PT Department 2021-2022
- Girl Scouts of Western NY – Leader Appreciation Award 2020
- Cardiovascular and Pulmonary Section of APTA – Poster Research Award: LaRue E, Weiss E, Whelan M, **Bartlo P.** "Quality of Online Nutrition Information for People with Type 2 Diabetes." Poster Presentation at American Physical Therapy Association Combined Sections Meeting. Denver, CO February 2020
- D'Youville College Faculty of the Year Award – PT Department 2018
- Community Leadership Award – Awarded by Daemen College April 2018  
Award criteria: "Being a leader of the physical therapy profession demonstrated by related accomplishments which may include but are not limited to: scholarly engagement, community service, and professional organization service that impacts the local, state, national and/or worldwide community."
- 2017 Merit Award – Cardiovascular and Pulmonary Section – APTA, Inc. – Awarded for CVP PT practice and service to the CV&P Section. February 2017
- Saint Anne Award – Buffalo Diocesan Catholic Committee on Scouting – Awarded for my mentorship and directorship of Girl Scouting Religious Awards and Ceremonies. April 2014
- D'Youville College Faculty of the Year Award – PT Department 2011
- Empire Who's Who of Women in Education 2006/2007
- ECMC Physical Therapist of the Year 2002
- ECMC Rehabilitation Medicine Employee of the Month March 2002
- Daemen College Alumni Award 1997
- Who's Who among American Colleges and Universities 1996 & 1997

Continuing Education Attended:

- Academy of Cardiovascular and Pulmonary Physical Therapy - Fall Conference – 2024 (12 contact hrs or 1.2 CEUs)
  - Hillegass E. A Heart to Heart Talk: Blazing a Trail in Cardiopulmonary Physical Therapy for the Next Generations
  - Swisher A, DiVito K. Exercise and Chronic Lung Disease: A Partnership for an Active Life!
  - Anderson C, Kittleson C. The Brain and Heart Connection: Understanding Neurologic Injuries and Cardiac Arrhythmias in Patient Care
  - Campbell A. Share Your CVP Passion: Why You Should Become a PAD Beacon for the PT Profession
  - Parish A, Hillegass EA, Bauer N, Fick A. The Ins and Outs of Ventilation: Case Study Application of Mechanical Ventilation and Oxygen Administration
  - Gushurst M, Salsgiver J, Uriostegui H, Loshe B. Complex Cases with Mechanical Circulatory Support Devices
- Combined Sections Meeting – APTA – 2024 (1.6 CEUs)
  - Ready or Not Here We Come: Determining the Right Time for the Right ICU Patient Date Earned: 02/16/2024
  - Recognition and Management of Problems After COVID-19 Infection Date Earned: 02/17/2024
  - 2024 Payment and Policy Updates: What Physical Therapists and Physical Therapist Assistants Need to Know Date Earned: 02/16/2024
  - A Clinical Practice Guideline for the Treatment of Cancer-Related Fatigue Date Earned: 02/16/2024
- Academy of Cardiovascular and Pulmonary Physical Therapy - Fall Conference one day attendance – 2023 (6.5 contact hrs or 0.65 CEUs)
  - Are you leaving outpatients out? Facilitating the application of cardiopulmonary curriculum to outpatient practice.
  - Updates in heart failure management and current practice in acute care physical therapy
- Combined Sections Meeting – APTA – 2023 (1.3 CEUs)
  - Beyond the Hospital: Management of Patients With Advanced Heart Failure and End-Stage Lung Disease. Date Earned: 02/23/2023
  - Should Simulation Hours Count Toward Acute Care Clinical Education? An Oxford Debate Date Earned: 02/23/2023
  - Linda Crane Lecture - Advocacy and Service: Opening Your Heart to Make a Vital Impact Date Earned: 02/23/2023
  - Simulation-Based Education in Physical Therapy Education and Research Date Earned 2/24/23
- Combined Sections Meeting – APTA – 2022 (1.9 CEUs)
  - Outcome Measures to Assess Exercise Tolerance: What Should I Use and What Is the Evidence? Date earned: 2/3/2022
  - 2022 Payment and Policy Updates: What Physical Therapists and Physical Therapist Assistants Need To Know Date earned: 2/3/2022

- Linda Crane Lecture - Heart Stings: Stories of Love, Appreciation and Cycles Dte earned: 2/3/2022
- Adapting: Curriculum Design for a New Generation of Adult Learners Date earned: 2/4/2022
- Combined Sections Meeting – APTA – 2021 (1.9 CEUs)
- Pharmacology in Rehabilitation: Basic Principles – APTA Learning Center. Completion May 28, 2020 (1 contact hr or 0.10 CEUs)
- COVID-19: Clinical Best Practices in Physical Therapy Management – Webinar sponsored by Cardiovascular and Pulmonary Section, Academy of Acute Care, and Health Policy Section of APTA – April 2020 (2 hrs contact time)
- Global Perspectives on COVID-19. Webinar sponsored by American Thoracic Society and Asian Pacific Society of Respiriology – March 2020 (1 hr contact time)
- Combined Sections Meeting – APTA – 2020 (1.9 CEUs)
- Flipping the Classroom – LinkedIn Learning – 2020 (41 min of contact time)
- Team STEPPS Master Trainer Course – 2019
- Combined Sections Meeting – APTA – 2019 (1.9 CEUs)
- Combined Sections Meeting – APTA – 2018 (1.9 CEUs)
- Combined Sections Meeting – APTA – 2017 (1.9 CEUs)
- Specialization Academy of Content Experts (SACE) Workshop: Developing high-quality multiple-choice questions to assess application of knowledge using patient vignettes – attended at CSM - 2017 (0.6 CEUs)
- Combined Sections Meeting – APTA – 2016 (1.9 CEUs)
- Combined Sections Meeting – APTA – 2015 (1.9 CEUs)
- Combined Sections Meeting – APTA – 2014 (1.9 CEUs)
- Combined Sections Meeting – APTA – 2013 (2.1 CEUs)
- Combined Sections Meeting – APTA – 2012 (2.1 CEUs)
- Combined Sections Meeting – APTA – 2011 (2.1 CEUs)
- Hypertension: Review of Guidelines and Drug Therapy Management – 2010 (1 contact hour)
- Co-Presenter in “Supervisory issues – professional activity” – D’Youville College Occupational Therapy Department – 2010 (1.25 hours)
- Combined Sections Meeting – APTA – 2010 (2.1 CEUs)
- Combined Sections Meeting – APTA – 2009 (2.1 CEUs)

#### Current Teaching Responsibilities in the Entry-Level Program:

##### Pre-Professional Level

- Freshman Seminar in PT
- Principles of Teaching and Learning

##### Professional DPT Program Level

- Medical Screening/Differential Diagnosis
- Clinical Research I and II
- Clinical Internship I, II, III, and IV
- Cardiopulmonary Rehab
- Clinical Exposure V
- Clinical Education III

- Integration in PT Seminar V