

## **CURRICULUM VITAE**

Jennifer A. Bogulski, PT, DPT, OCS  
4380 Main St. Box 93  
Amherst, NY 14226  
716-839-8411  
Department of Physical Therapy  
Daemen University

### **Education:**

Daemen College  
Amherst, NY  
May 2005  
Doctor of Physical Therapy

Daemen College  
Amherst, NY  
May 2004  
Bachelors of Science in Natural Science

### **Licensure Information/Registration Number:**

New York  
License: 027452-1

### **Advanced Certification**

American Physical Therapy Association  
Board Certified Specialist in Orthopedic Physical Therapy

*Recertified* 2024  
2014

### **Employment and Positions Held:**

Assistant Professor, Tenure Track  
Daemen University, Amherst, NY

9/2022-present

Clinical Assistant Professor, Non-Tenure Track  
Daemen College, Amherst, NY

9/2011-2022

Self Employed  
Physical Therapist  
Hamburg, NY

6/2014-present

Buffalo Rehab Group, PT, PC  
Physical Therapist  
Hamburg, NY

6/2005 – 5/2014

### **Funded/In Review Grant Activity**

Bogulski J, Favaro L. “Effectiveness of Participation in a Country Line Dancing Class on Reducing Fall Risk & Cardiovascular Disease in Community Dwelling Older Adults: A Pilot Study.”

Equipment funding: \$4400, May 2019  
Daemen College Think Tank, internal

Bogulski J, Favaro L. “The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion.”

Equipment funding: \$3500, December 2014  
Daemen College Think Tank, internal

### **Current/Active Research Activity**

Bogulski J & Favaro L. Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence

### **Publications**

Favaro L, Guan D, Middleton C, Zheng J, Schaeffer K, **Bogulski, J.** (2025). Validity and Reliability of the Revised Competitive State Anxiety Inventory (CSAI-2R) in DPT Students. *Journal of Physical Therapy Education*,

Lambert, M., Cheng, S., **Bogulski, J.** (2021). The Use of a Direction Tolerance System for Patients with Low Back Pain: Intra-Rater Reliability and Outcome. *Orthopaedic Physical Therapy Practice*, 33(1), 12-18.

Geraci, M., Lambert, M. **Bogulski, J.** Neuromobilization Techniques – Evaluation and Treatment of Adverse Neurodynamic Tension. In: Craig Liebenson, ed. *Rehabilitation of the Spine A Practitioner’s Manual*, 3<sup>rd</sup> Edition. Location: Lippincott Williams & Wilkins: Chapter 22, p. 581–597. 2019

**Bogulski, J.**, Gonser, S., Bush, D., Bugner, R., Clark, L., Farrell, L., Swanson, K., & Ross, M. D. (2017). The RunSmart training program: effect on oxygen consumption and lower extremity biomechanics during running. *Journal of exercise rehabilitation*, 13(4), 446–453.  
<https://doi.org/10.12965/jer.1734994.497>

### **Peer Reviewed Scientific and Professional Presentations (those not previously cited above under abstracts):**

**Bogulski J & Favaro** Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence Combined Sections Meeting Houston, TX. February 2025. Poster Presentation.

Bogulski, J. August 2025

**Bogulski J**, Priore J, Mazzone M, Inglis L. & Favaro L. Targeted Interventions to Improve First Time NPTE Pass Rates: What Can Departments Provide? Educational Leadership Conference 2024 (APTA) October 2024. Poster Presentation.

Favaro, L. Guan D, Middleton C, Schaeffer K, Zheng J, **Bogulski J**. Reliability and Validity of a Novel Tool to Measure Performance Anxiety in Physical Therapy Students. Educational Leadership Conference 2024 (APTA) February 2024. Poster Presentation.

**Bogulski J** & Favaro L. PT Student Exam Performance and NPTE First Time Failure Rates: What Is the Data Worth Tracking? Combined Sections Meeting 2024 (APTA) February 2024. Poster Presentation.

**Bogulski J**, Hill B, Nablo K, Rapp-Dimino A, Toth L, Kolodziej T, Ross M. Effect of the COVID-19 Pandemic on Perceived Success and Academic Performance in Graduate Physical Therapy Students. Combined Sections Meeting 2023 (APTA), Feb 2023. Poster Presentation.

Favaro L, Bang N, Kneussle A, Kurian S, Peterson H, Wrobel P, **Bogulski J**. The Ability & Confidence of Physical Therapy Students to Screen for Deep Vein Thrombosis. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Diego, CA. February 2023.

Favaro L, **Bogulski J**. Effectiveness of participation in a country line dancing class on reducing fall risk & cardiovascular disease in community dwelling older adults: A case series. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Kelly, C. **Bogulski, J.**, Kashino, C. Effect of a Six Week Licensure Preparation Course The American Physical Therapy Association Educational Leadership Conference, Virtual October, 2020. *Nominated for the Physical Therapy Leader and Innovator Award*

Kelly, C., **Bogulski, J.**, Dailey, S., Sivak, B. The Effect of Whole Body Vibration and Exercise on Balance and Function in a Patient with Charcot Marie Tooth American Physical Therapy Association Combined Sections Meeting, Virtual February, 2020.

Favaro, L., **Bogulski, J.**, Bard, J., Fitzpatrick, M., Hines, K., Kerr, A., Morganstern, M., Pestle, T., Seifert, K., Styn, T. The Immediate Effects of Whole Body Vibration and Static Stretching on Range of Motion, Force Output and Functional Hop in Individuals with Hamstring Injury. New York State Physical Therapy Conference, Saratoga, NY October 2019. *Robert Salant Research Award Recipient*

**Bogulski, J.**, Favaro, L. The Immediate Effects of Whole Body Vibration and Static Stretching on Active Knee Extension Range of Motion. New York State Physical Therapy Conference, Troy, NY October 18-19, 2017.

### **Non-Peer Reviewed Presentations**

Bogulski, J.A. APTA Documentation Guidelines: A Review for Improved Compliance. Daemen College, Clinician Dinner Presentation.	11/2011
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Bogulski, J.A. Women's Health Lectures, Daemen College, 10 hours	2005-2010
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**Membership in Scientific/Professional Organizations:**

Member American Physical Therapy Association	2002-2007, 2011-present
Orthopedics Section	2011-present
Pelvic Health Section	2011-present
Education Section	2013-present
Aquatics Section	2015-2021
Research Section	2014-2019

**Service to the College**

College Committees

Board of Trustees Student Affairs Committee	2024-present
Graduate Committee on Academic Standards	2016-present
Educational Policy Committee	2023-2025
Enrollment Management Committee	2018-2021
Retention Committee	2012-2016
Middle States Committee	2014-2016
Alumni Committee	2015-2016
CETL Advisory Board	2014-2017

PT Department Committees

Student Conduct Committee	2021-present
NPTE Prep Committee (Chair)	2020-present
Comprehensive Exam Committee (Chair)	2011-2017
	2025- present
Faculty Advisor SPTA Social Committee	2012-2022, 2025- present
Co-author/editor of PT Informer publication	2011-2017

**Community Service**

Cloverbank Elementary School PTA Vice President	08/2025-present
Cloverbank Elementary School PTA Secretary	09/2023-08/2025
Cloverbank Elementary School PTA Counsel Delegate	09/2022-08/2023
Southtowns Stars Pee Wee Minor Team Manager	03/2024-03/2024
Southtowns Stars Squirt Major Team Manager	03/2023-08/2024
Hamburg Hawks Squirt Minor Hockey Team Manager	09/2022-03/2023

Hamburg Hawks Mite Major Hockey Team Manager	09/2021-08/2022
Hamburg Monarchs Youth 6U Soccer Coach	05/2021-07/2021
Board Member of Child and Adolescent Treatment Services (CATS)	09/2011 –2017
Feed My Starving Children Food Pack Event	2011

### **Continuing Education:**

Combined Sections Meeting, Houston TX	02/2025
Rotator Cuff Tendinopathy Diagnosis, Nonsurgical Medical Care and Rehabilitation: A Clinical Practice Guideline	
Development of Orthopedic Curricula Guides Across the PT Education Continuum: Update and Revisions	
Treating the Shoulder Athlete – Without the Bells and Whistles	
It's Only Weird if You Make it Weird: Screening for Pelvic Floor Dysfunction in Athletes	
Beyond Strength: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	
AOPT Platform Session II	
Research Platform 1	
Pelvic Health Platform Session 1	
Combined Sections Meeting, Boston MA	02/2024
Prehabilitation in Stem Cell Transplantation: Process and Outcomes	
Promoting Innovation Opportunities With the 2024 CAPTE Standards	
Treating Peripheral Nerve Injuries in Overhead Athletes: Don't Be Nerve-ous	
Screening for Medical Referral: The 'Do Not Want to Miss' List of Serious Medical Conditions	
What a Pain! Reconceptualizing Irritability	
Beyond Strength: Rethinking Muscle Weakness and Optimizing Rehabilitation of Patients with Knee Joint Injury	
AOPT Platform Session II	
Research Platform 1	
Pelvic Health Platform Session 1	
APTA CPI 3.0 – PT DCE Training APTA Online Course	01/2024
PACER Series: Pelvic Health Considerations Online Course	01/2023
PACER Series: Outpatient PT for COVID-19 - Part 2 Online Course	01/2023

PACER Series: Outpatient PT for COVID-19 - Part 1 Online Course	01/2023
PACER Series: Covid-19 Specific Considerations Online Course	01/2023
Combined Sections Meeting, Austin, TX	02/2022
Clinical Practice Guideline: Update to Shoulder Pain and Mobility Deficits, Adhesive Capsulitis	
Dysmenorrhea: Managing the Monster	
The Impact of Poor Nutrition on Pain Mechanisms and Central Sensitization	
The Exercise Prescription Continuum: Evidence-Based Dosing for Pain Modulation, Neuroplastic Adaptation, and Physical Performance	
"Newmonics" and Oldmonics: Revisiting Anatomy Recall through Mnemonics	
Distinguishing Quadriceps Tendinopathy from Patellar Tendinopathy: Semantics or Significant?	
Combined Sections Meeting, Virtual	02/2021
ELC Conference Virtual	10/2020
New York State Physical Therapy Conference, Saratoga, NY	10/2019
New York State Physical Therapy Conference, Saratoga, NY	10/2017
Combined Sections Meeting 2016, Anaheim, CA	02/2016
Demystifying the Writing for Publication Process	
Continence, Pelvic Organ Support, Breathing, and Lumbopelvic Control	
Low Back pain and Pelvic Floor Disorders: Neural Mechanisms of Muscle Synergies	
Ask-a-Librarian: Smarter Searching in 2 Hours or Less	
Is a Perfect PERFECT... Perfect	
Aquatics for the Patient with Lymphedema	
What You Need to Know About Urogyn Surgeries: An Update on FPMRS Outcomes and Complications	
What Does Movement Have to Do With Urinary Urgency	
Self Study Workshop, Anaheim, CA	02/2016
The Shoulder Clinic: Hands-On Manual Therapy for the Shoulder	02/2015
Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach.	08/2012
Chronic Pelvic Pain: Home Study Module.	07/2012
Current Concepts of Orthopedic Physical Therapy, 3 <sup>rd</sup> Edition.	06/2012
Using the APTA Physical Therapist Clinical Performance	12/2010

EDUCATION Instrument for Students: A Self-Guided Training  
Course Buffalo

Manual Therapy and Manipulation: If It Works, Why Isn't Everyone Doing It? Buffalo, NY	11/2010
The Private Payer Audit: What to Expect and How to Minimize Risk	10/2010
Classification Systems, Regional Interdependence and Functional Exercise in Patients with LBP. Buffalo, NY	4/2010
Clinical Application of Neurodynamics: L2: Lower Quarter NeuroOrthopedic Institute, Buffalo, NY	5/2008
ISPI: Management of the Whiplash Patient	11/2007
IAOM: Differential Diagnosis & Manual Therapy of the Spine	3/2007
The McKenzie Institute: Part A The Lumbar Spine Syracuse, NY	5/2006
Principles of Fitness Training Buffalo, NY	3/2006
The Center for Women's Fitness: Prenatal & Postpartum Fitness Certification, Buffalo, NY	9/2005

**Current Teaching Responsibilities in the Entry-Level Physical Therapy Program**

First Year Professional Phase, Fall Semester

- PT 514/L Musculoskeletal Rehabilitation I
- PT 517 Clinical Medicine I
- PT 551 Integrative Seminar in Physical Therapy I

First Year Professional Phase, Spring Semester

- PT 515/L Musculoskeletal Rehabilitation II
- PT 517 Clinical Medicine II
- PT 551 Integrative Seminar in Physical Therapy II

Second Year Professional Phase, Spring Semester

- PT 554 Clinical Research I

Third Year Professional Phase, Fall Semester

- PT 555 Clinical Research II
- PT 612 Health Promotion, Fitness and Wellness
- PT 651 Integrative Seminar V

Third Year Professional Phase, Spring Semester

- PT 647 Integrative Seminar VI