

## Curriculum Vitae

Laura Favaro, PT, DPT, DSc  
*Board Certified Orthopedic Clinical Specialist*  
*Fellow of the American Academy Orthopedic Manual Physical Therapy*  
*Certified in Mechanical Diagnosis and Therapy*  
Daemen University  
4380 Main Street  
Amherst, NY 14226

### **Education**

Doctor of Science in Physical Therapy  
Bellin College, Green Bay, WI  
Physical Therapy  
December 2021

Doctor of Physical Therapy (transitional)  
D'Youville College, Buffalo, NY  
Physical Therapy  
May 2012

Advanced Certificate  
Daemen College, Amherst, NY  
Orthopedic Manual Physical Therapy  
December 2010

Master of Science  
Ithaca College, Ithaca, NY  
Physical Therapy  
September 2003

Bachelor of Science  
Ithaca College, Ithaca, NY  
Clinical Science  
May 2002

### **Current Licensure Information**

New York  
License: 028030

### **Certifications**

Board Certified, Orthopedic Clinical Specialist  
2017

Fellow, American Academy of Orthopedic Manual Physical Therapy, #999  
2011

Certified, Mechanical Diagnosis and Treatment  
2011

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## **Employment and Positions Held**

Clinical Assistant Professor, non-tenure track  
Daemen University, Amherst, NY  
August 2012-Current

Adjunct Professor  
Daemen College, Amherst, NY  
August 2009-May 2011

President and Practitioner  
Phoenix Physical Therapy Services, PC, Amherst, NY  
March 2009-January 2014  
Independent Contractor: 2014-2015

Physical Therapist  
Renovatio Physical Therapy PC, Buffalo, NY  
June 2007-October 2008

Senior Physical Therapist  
Briody HealthCare Facility/Quinlivan Outpatient Rehab Center  
Lockport, NY  
May 2006-March 2007

Center Manager, Physical Therapist  
NovaCare Rehabilitation, South Russell, OH  
January 2005-March 2006

Lead Physical Therapist  
NovaCare Rehabilitation, South Russell, OH  
July 2004-January 2005

Staff Physical Therapist  
Cleveland Clinic Health System, Euclid Hospital  
Euclid, OH  
November 2003-June 2004

## **Peer Reviewed Publications**

**Favaro L**, Guan Z, Middleton C, Schaeffer K, Zheng J, Bogulski J. Validity and reliability of the CSAI-2R in DPT students. *J Phys Ther Educ*. October 2025:10.1097/JTE.0000000000000436.

Massey BJ, Grandeo J, **Favaro L**, Bliss R, Gagnon K, Young JL. Physical therapy students' application of an imaging decision rule for acute knee pain. *Physiother Theory Pract*. May 2023:1-11. doi:10.1080/09593985.2023.2206482

Grandeo J, **Favaro L**, Rhon DI, Young JL. Exercise therapy reporting in clinical trials for chronic neck pain: A systematic review. *Musculoskeletal Care*. May 2022. doi:10.1002/msc.1644

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**Favaro L**, Boggs R, Geraci M. Conservative management of a foraminal disc herniation. JOSPT Cases. 2021;1(1):49-50. doi:10.2519/josptcases.2021.9776

Bohen S, Ramey A, Rudolph K, Sinn E, Tooley D, **Favaro L**, Schenk RJ. Short-term changes in neutral tension following lumbar repeated movements. Int J Mech Diag Ther. 2011;6(1):12-14.

### **Peer Reviewed Scientific and Professional Presentations**

Bogulski J & **Favaro L**. Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence. Poster Presentation, Combined Sections Meeting. Houston, TX. February 2025.

**Favaro L**, Guan D, Middleton C, Schaeffer K, Zheng J, Bogulski J. Reliability and Validity of a Novel Tool to Measure Performance Anxiety in Physical Therapy Students. Poster presentation, Educational and Leadership Conference. Oakland, CA. October 2024.

Bogulski J, Inglis L, Mazzone M, Priore J, **Favaro L**. Targeted Interventions to Improve First Time NPTE Pass Rates, What Can Departments Provide? Poster presentation, Educational and Leadership Conference. Oakland, CA. October 2024.

Ross M, Seils M, **Favaro L**, Scheid J. Effects of an Interprofessional Education Experience on Physical Therapist Student's Readiness to Learn with Other Healthcare Professionals. Poster presentation, Combined Sections Meeting. Boston, MA. February 2024.

Bogulski J, **Favaro L**. PT Student Exam Performance and NPTE First Time Failure Rates: What Is the Data Worth Tracking? Poster presentation, Combined Sections Meeting. Boston, MA. February 2024.

**Favaro L**, Bang N, Kneussle A, Kurian S, Peterson H, Wrobel P, Bogulski J. The Ability & Confidence of Physical Therapy Students to Screen for Deep Vein Thrombosis. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Diego, CA. February 2023.

**Favaro L**, Grandeo J, Young J, Rhon D. Is It a Pain in The Neck or Just Good Practice? Compliance with Reporting Interventions in Research Studies: A Systematic Review. Platform Presentation, Academy of Orthopedic Physical Therapy Annual Conference, San Diego, CA. October 2022.

**Favaro L**, Bogulski J. Effectiveness of participation in a country line dancing class on reducing fall risk & cardiovascular disease in community dwelling older adults: A case series. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Massey BJ, Grandeo J, **Favaro L**, Bliss R, Gagnon K, Young JL. Are entry-level graduate physical therapy students accurate and confident in referral for diagnostic imaging? Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Bogulski J, **Favaro L**. The immediate effect of WBV on individuals with hamstring injury.

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Poster Presentation, New York Physical Therapy Association (NYPTA) State Conference, Saratoga Springs, NY. October 2019. *Received the Robert S. Salant Research Award for Outstanding Poster Presentation.*

Bogulski J, **Favaro L.** Immediate effects of whole body vibration on force output and functional hop. Platform Presentation, Academy of Orthopedic Physical Therapy Annual Conference, Denver, CO. April 2019.

Bogulski J, **Favaro, L.** The immediate effects of whole body vibration on static stretching on active knee extension range of motion. Poster, New York Physical Therapy Association's Annual Conference, Troy, NY. October 2017.

Gallus J, Kaczor M, Lovell E, **Miller (Favaro) L**, Richards S. "Collaborative Problem Solving: Designing a Women's Health Clinic." Selected to present at New York Occupational Therapy Association's Annual Conference, September 2002.

### **Non-Peer Reviewed Professional Presentations**

Schenk RJ, Favaro L, Custodi A. Directional Preference and the Lumbar Spine Clinical Practice Guidelines. 2.5 CE hours awarded to attendees. Daemen University, July 2023.

### **Funded/In Review Grant Activity**

Bogulski J, Favaro L. "Effectiveness of Participation in a Country Line Dancing Class on Reducing Fall Risk & Cardiovascular Disease in Community Dwelling Older Adults: A Pilot Study."

Equipment funding: \$4400, May 2019  
Daemen College Think Tank, internal

Bogulski J, Favaro L. "The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion."

Equipment funding: \$3500, December 2014  
Daemen College Think Tank, internal

### **Current/Active Research Activity**

"Reliability and Validity of the Competitive State Anxiety Inventory 2R in Doctor of Physical Therapy students." Manuscript Accepted, in production 7/2025, JoPTE.

"Validity of the Conscience Conscientiousness Measure - short form in Doctor of Physical Therapy students." Daemen University, IRB approved protocol, pilot data in collection.

"Reliability of the Conscience Conscientiousness Measure - short form in Doctor of Physical Therapy students." Daemen University, IRB approved protocol, pilot data collection completed. Manuscript in development.

"Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence." IRB approved protocol. Manuscript in development.

"Accuracy of physical therapy students to screen for deep vein thrombosis and communicate

referrals.” Daemen University, HSRRC approved and data collection completed, manuscript submitted to 2 peer reviewed journals, study revisions and data collection is ongoing.

### **Membership in Scientific/Professional Organizations**

Chairperson, Western District, New York Physical Therapy Association, 2010-2011.

Member, McKenzie Institute, 2010-Present.

Member, American Academy of Orthopedic Manual Physical Therapists, 2009-Present.

Member, American Physical Therapy Association. Education, Cardiovascular and Pulmonary, Acute Care, Research, and Orthopedic Sections, 2000-Present.

Certified Spinning® Instructor Star 2 (JGSI#119532), 2007-2013.

Coordinated City of Rochester “October is PT Month” Mayoral Proclamation signing, October 2002.

Adult and Child/Infant CPR, American Heart Association Certified, 2002-Present.

### **Consultative and Advisory Positions Held**

Consultant and Co-chair on sustainability study and end-of-grant transition for Daemen College Physical Therapy, Inc.: Wound Care Clinic. 2014-2017.

### **Community Service**

Amherst Youth Basketball, coach for 5th and 6th grade girls’ team  
October 2022 - March 2023

Rotary Club of Williamsville, member  
June 2009 – July 2014

Rotary Club of Williamsville Board of Directors, Secretary  
2010 – 2012

Ride for Roswell, Race volunteer, 2009-2012

SPCA of Erie County, volunteer dog walker, 2007-2008

### **Service to the College on Committees/Councils/Commissions**

College wide

Daemen University Middle States Accreditation, March 2023-25 working group member

Daemen College Faculty Travel Committee, September 2016-2017 Co-Chair

Daemen College Faculty Travel Committee, September 2015-May 2016 Member

Daemen College Health and Wellness Committee, September 2014-May 2015 Member

Daemen College Safety Committee, September 2013-May 2014

Departmental

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Daemen University Student Success committee, September 2022-current

Damen University NPTE Prep committee, September 2022-current

Daemen College Physical Therapy program Comprehensive Exam committee, Chair,  
January 2017-September 2019

Member, Board of Directors, Daemen College Physical Therapy, Inc. faculty practice,  
September 2013-December 2014

Director of Finance, Daemen College Physical Therapy, Inc: Wound Care Clinic,  
2014-2017

Daemen College Physical Therapy program Open House, participant/coordinator 2012-  
current

Daemen College Student Physical Therapy Association (SPTA), Faculty Advisor: 2012-  
2019

Faculty Mentor OMPT and MDT/OMPT programs, Daemen College,  
2011-2016.

### **Honors and Awards**

Rotarian of the Year Award – Rotary Club of Williamsville, NY, May 2011

Community Service Award – Daemen College Physical Therapy Department, April 2011

Above and Beyond Community Service Award – Ride for Roswell Committee, 2009

Graduate Faculty Award – Ithaca College Physical Therapy Department, August 2003

New York Physical Therapy Association 2003 Student Participation Award, October 2002

Justin Alexander Scholarship Award – Ithaca College Undergraduate PT Department, May 2002

Phi Kappa Phi Honor Society, March 2002

Who's Who Among American Colleges and Universities, 2001, 2002, 2003

### **Continuing Education Attended**

Upper & Lower Extremity Prosthetics: An Overview, Shirley Ryan AbilityLab, Breanne Moen,  
0.10 CEUs, August 7, 2025.

Ethics Foundations For Allied Health Professionals, ce learning systems live online webinar,  
0.20 CEUs, August 6, 2025.

APTA CPI 3.0 – PT DCE Training, 0.15 CEUs, July 1, 2024.

APTA, Combined Sections Meeting, Boston, MA. February 2024.

-Prehabilitation in Stem Cell Transplantation: Process and Outcomes

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- Promoting Innovation Opportunities With the 2024 CAPTE Standards
- Treating Peripheral Nerve Injuries in Overhead Athletes: Don't Be Nerve-ous
- Screening for Medical Referral: The 'Do Not Want to Miss' List of Serious Medical Conditions
- What a Pain! Reconceptualizing Irritability

Arterial Blood Gasses, APTA Online Course, 0.10 CEUs, January 4, 2023.

Acute Care Physical Therapy and COVID-19: How Can We Add the Greatest Value? Part 2, APTA Online Course, 0.20 CEUs, January 4, 2023.

Physical Therapy Considerations of Neurologic Presentations in COVID-19, APTA Online Course, 0.20 CEUs, January 10, 2023.

PACER Series: Covid-19 Specific Considerations, APTA Online Course, 0.10 CEUs, January 10, 2023.

Preventing Fraud, Abuse, and Waste: A Primer for Physical Therapists, APTA Online Course, 0.10 CEUs, January 12, 2023.

Screening for Fractures: Diagnostic Imaging and Beyond, APTA Online Course, 0.40 CEUs, January 13, 2023.

Managing Post-intensive Care Syndrome in Your Clinic, APTA Online Course, 0.20 CEUs, January 24, 2023.

McKenzie Institute USA, Advanced Procedures Course. Buffalo, NY. July 2022.

New York Physical Therapy Association, Annual Conference, Saratoga Spring, NY. Oct 2019.

Academy of Orthopedic Physical Therapy, Annual Conference, Denver, CO. April 2019.

APTA, Combined Sections Meeting, New Orleans, LA. February 2018.

Best Practice Cardiopulmonary Physical Therapy. Drs. Ellen Hillegas and Rebecca Crouch. Campbell, NC. November 2017.

McKenzie Method of Diagnosis and Therapy, Institute Case Manager. January 2016.

Kinesio Taping Fundamentals & Advanced (KT1 & KT2). Dr. Graceann Forester. Raleigh, NC. November 2015.

Moving Beyond Walls: Teaching Through Engagement. Dr. J Ohler. SUNY Fredonia, NY. August 2015.

### **Current Teaching Responsibilities in the Entry-Level Program for AY 2025-2026**

First Year Professional Phase, fall semester

PT 514/L Musculoskeletal Rehabilitation I Lecture and Lab

PT 517 Clinical Medicine I.1

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First Year Professional Phase, spring semester  
PT 515/L Musculoskeletal Rehabilitation II Lecture and Lab  
PT 517 Clinical Medicine I.2

First Year Professional Phase, summer semester  
PT 577/582 Clinical Internship I/II

Second Year Professional Phase, spring semester  
PT 554 Clinical Research I  
PT 521 Prosthetic and Orthotic Management in PT

Third Year Professional Phase, fall semester  
PT 555 Clinical Research II  
PT 610 Management and Administrative Issues in Physical Therapy

Third Year Professional Phase, spring semester  
PT680/690 Clinical Internship III/IV