

Curriculum Vitae

Laura Favaro, PT, DPT, DSc
Board Certified Orthopedic Clinical Specialist
Fellow of the American Academy Orthopedic Manual Physical Therapy
Certified in Mechanical Diagnosis and Therapy
Daemen University
4380 Main Street
Amherst, NY 14226

Education

Doctor of Science in Physical Therapy
Bellin College, Green Bay, WI
Physical Therapy
December 2021

Doctor of Physical Therapy (transitional)
D'Youville College, Buffalo, NY
Physical Therapy
May 2012

Advanced Certificate
Daemen College, Amherst, NY
Orthopedic Manual Physical Therapy
December 2010

Master of Science
Ithaca College, Ithaca, NY
Physical Therapy
September 2003

Bachelor of Science
Ithaca College, Ithaca, NY
Clinical Science
May 2002

Current Licensure Information

New York
License: 028030

Certifications

Board Certified, Orthopedic Clinical Specialist
2017

Fellow, American Academy of Orthopedic Manual Physical Therapy, #999
2011

Certified, Mechanical Diagnosis and Treatment
2011

January 2025

Employment and Positions Held

Clinical Assistant Professor, non-tenure track
Daemen University, Amherst, NY
August 2012-Current

Adjunct Professor
Daemen College, Amherst, NY
August 2009-May 2011

President and Practitioner
Phoenix Physical Therapy Services, PC, Amherst, NY
March 2009-January 2014
Independent Contractor: 2014-2015

Physical Therapist
Renovatio Physical Therapy PC, Buffalo, NY
June 2007-October 2008

Senior Physical Therapist
Briody HealthCare Facility/Quinlivan Outpatient Rehab Center
Lockport, NY
May 2006-March 2007

Center Manager, Physical Therapist
NovaCare Rehabilitation, South Russell, OH
January 2005-March 2006

Lead Physical Therapist
NovaCare Rehabilitation, South Russell, OH
July 2004-January 2005

Staff Physical Therapist
Cleveland Clinic Health System, Euclid Hospital
Euclid, OH
November 2003-June 2004

Peer Reviewed Publications

Massey BJ, Grandeo J, **Favaro L**, Bliss R, Gagnon K, Young JL. Physical therapy students' application of an imaging decision rule for acute knee pain. *Physiother Theory Pract.* May 2023;1-11. doi:10.1080/09593985.2023.2206482

Grandeo J, **Favaro L**, Rhon DI, Young JL. Exercise therapy reporting in clinical trials for chronic neck pain: A systematic review. *Musculoskeletal Care.* May 2022. doi:10.1002/msc.1644

Favaro L, Boggs R, Geraci M. Conservative management of a foraminal disc herniation. *JOSPT Cases.* 2021;1(1):49-50. doi:10.2519/josptcases.2021.9776

January 2025

Bohen S, Ramey A, Rudolph K, Sinn E, Tooley D, **Favaro L**, Schenk RJ. Short-term changes in neutral tension following lumbar repeated movements. *Int J Mech Diag Ther*. 2011;6(1):12-14.

Peer Reviewed Scientific and Professional Presentations

Favaro L, Guan D, Middleton C, Schaeffer K, Zheng J, Bogulski J. Reliability and Validity of a Novel Tool to Measure Performance Anxiety in Physical Therapy Students. Poster presentation, Educational and Leadership Conference. Oakland, CA. October 2024.

Bogulski J, Inglis L, Mazzone M, Priore J, **Favaro L**. Targeted Interventions to Improve First Time NPTE Pass Rates, What Can Departments Provide? Poster presentation, Educational and Leadership Conference. Oakland, CA. October 2024.

Ross M, Seils M, **Favaro L**, Scheid J. Effects of an Interprofessional Education Experience on Physical Therapist Student's Readiness to Learn with Other Healthcare Professionals. Poster presentation, Combined Sections Meeting. Boston, MA. February 2024.

Bogulski J, **Favaro L**. PT Student Exam Performance and NPTE First Time Failure Rates: What Is the Data Worth Tracking? Poster presentation, Combined Sections Meeting. Boston, MA. February 2024.

Favaro L, Bang N, Kneussle A, Kurian S, Peterson H, Wrobel P, Bogulski J. The Ability & Confidence of Physical Therapy Students to Screen for Deep Vein Thrombosis. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Diego, CA. February 2023.

Favaro L, Grandeo J, Young J, Rhon D. Is It a Pain in The Neck or Just Good Practice? Compliance with Reporting Interventions in Research Studies: A Systematic Review. Platform Presentation, Academy of Orthopedic Physical Therapy Annual Conference, San Diego, CA. October 2022.

Favaro L, Bogulski J. Effectiveness of participation in a country line dancing class on reducing fall risk & cardiovascular disease in community dwelling older adults: A case series. Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Massey BJ, Grandeo J, **Favaro L**, Bliss R, Gagnon K, Young JL. Are entry-level graduate physical therapy students accurate and confident in referral for diagnostic imaging? Poster presentation, American Physical Therapy Association Combined Sections Meeting. San Antonio, TX. February 2022.

Bogulski J, **Favaro L**. The immediate effect of WBV on individuals with hamstring injury. Poster Presentation, New York Physical Therapy Association (NYPTA) State Conference, Saratoga Springs, NY. October 2019. *Received the Robert S. Salant Research Award for Outstanding Poster Presentation.*

Bogulski J, **Favaro L**. Immediate effects of whole body vibration on force output and functional hop. Platform Presentation, Academy of Orthopedic Physical Therapy Annual Conference, Denver, CO. April 2019.

Bogulski J, **Favaro, L.** The immediate effects of whole body vibration on static stretching on active knee extension range of motion. Poster, New York Physical Therapy Association's Annual Conference, Troy, NY. October 2017.

Gallus J, Kaczor M, Lovell E, **Miller (Favaro) L**, Richards S. "Collaborative Problem Solving: Designing a Women's Health Clinic." Selected to present at New York Occupational Therapy Association's Annual Conference, September 2002.

Non-Peer Reviewed Professional Presentations

Schenk RJ, Favaro L, Custodi A. Directional Preference and the Lumbar Spine Clinical Practice Guidelines. 2.5 CE hours awarded to attendees. Daemen University, July 2023.

Funded/In Review Grant Activity

Bogulski J, Favaro L. "Effectiveness of Participation in a Country Line Dancing Class on Reducing Fall Risk & Cardiovascular Disease in Community Dwelling Older Adults: A Pilot Study."

Equipment funding: \$4400, May 2019

Daemen College Think Tank, internal

Bogulski J, Favaro L. "The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion."

Equipment funding: \$3500, December 2014

Daemen College Think Tank, internal

Current/Active Research Activity

"Reliability of the Conscience Conscientiousness Measure - short form in Doctor of Physical Therapy students." Daemen University, IRB approved protocol, pilot data collection completed. Manuscript in development.

"Simulation-Based Learning in the Musculoskeletal Setting: First Year DPT Student Performance Anxiety and Self Confidence." IRB approved protocol. Abstract accepted to CSM 2025 as poster presentation. Manuscript in development.

"Reliability of the Competitive State Anxiety Inventory 2R in Doctor of Physical Therapy students." Daemen University, IRB approved protocol, pilot data collection completed, poster session presented October 2024 at ELC. Manuscript submission 1/2025 to JoPTE.

"Accuracy of physical therapy students to screen for deep vein thrombosis and communicate referrals." Daemen University, HSRRC approved and data collection completed, manuscript submitted to 2 peer reviewed journals, study revisions and data collection is ongoing.

Membership in Scientific/Professional Organizations

Chairperson, Western District, New York Physical Therapy Association, 2010-2011.

Member, McKenzie Institute, 2010-Present.

Member, American Academy of Orthopedic Manual Physical Therapists, 2009-Present.

Member, American Physical Therapy Association. Education, Cardiovascular and Pulmonary, Acute Care, Research, and Orthopedic Sections, 2000-Present.

Certified Spinning® Instructor Star 2 (JGSI#119532), 2007-2013.

Coordinated City of Rochester "October is PT Month" Mayoral Proclamation signing, October 2002.

Adult and Child/Infant CPR, American Heart Association Certified, 2002-Present.

Consultative and Advisory Positions Held

Consultant and Co-chair on sustainability study and end-of-grant transition for Daemen College Physical Therapy, Inc.: Wound Care Clinic. 2014-2017.

Community Service

Amherst Youth Basketball, coach for 5th and 6th grade girls' team
October 2022 - March 2023

Rotary Club of Williamsville, member
June 2009 – July 2014

Rotary Club of Williamsville Board of Directors, Secretary
2010 – 2012

Ride for Roswell, Race volunteer, 2009-2012

SPCA of Erie County, volunteer dog walker, 2007-2008

Service to the College on Committees/Councils/Commissions

College wide

Daemen University Middle States Accreditation, March 2023 working group member,
Daemen College Faculty Travel Committee, September 2016-2017 Co-Chair,
Daemen College Faculty Travel Committee, September 2015-May 2016 Member,
Daemen College Health and Wellness Committee, September 2014-May 2015 Member,
Daemen College Safety Committee, September 2013-May 2014

Departmental

Daemen University Student Success committee, September 2022-current

Damen University NPTE Prep committee, September 2022-current

Daemen College Physical Therapy program Comprehensive Exam committee, Chair,
January 2017-September 2019

January 2025

Member, Board of Directors, Daemen College Physical Therapy, Inc. faculty practice, September 2013-December 2014

Director of Finance, Daemen College Physical Therapy, Inc: Wound Care Clinic, 2014-2017

Daemen College Physical Therapy program Open House, participant/coordinator 2012-current

Daemen College Student Physical Therapy Association (SPTA), Faculty Advisor: 2012-2019

Faculty Mentor OMPT and MDT/OMPT programs, Daemen College, 2011-2016.

Honors and Awards

Rotarian of the Year Award – Rotary Club of Williamsville, NY, May 2011

Community Service Award – Daemen College Physical Therapy Department, April 2011

Above and Beyond Community Service Award – Ride for Roswell Committee, 2009

Graduate Faculty Award – Ithaca College Physical Therapy Department, August 2003

New York Physical Therapy Association 2003 Student Participation Award, October 2002

Justin Alexander Scholarship Award – Ithaca College Undergraduate PT Department, May 2002

Phi Kappa Phi Honor Society, March 2002

Who's Who Among American Colleges and Universities, 2001, 2002, 2003

Continuing Education Attended

APTA, Combined Sections Meeting, Boston, MA. February 2024.

McKenzie Institute USA, Advanced Procedures Course. Buffalo, NY. July 2022.

New York Physical Therapy Association, Annual Conference, Saratoga Spring, NY. Oct 2019.

Academy of Orthopedic Physical Therapy, Annual Conference, Denver, CO. April 2019.

APTA, Combined Sections Meeting, New Orleans, LA. February 2018.

Best Practice Cardiopulmonary Physical Therapy. Drs. Ellen Hillegas and Rebecca Crouch. Campbell, NC. November 2017.

McKenzie Method of Diagnosis and Therapy, Institute Case Manager. January 2016.

Kinesio Taping Fundamentals & Advanced (KT1 & KT2). Dr. Graceann Forester. Raleigh, NC. November 2015.

January 2025

Moving Beyond Walls: Teaching Through Engagement. Dr. J Ohler. SUNY Fredonia, NY.
August 2015.

Current Teaching Responsibilities in the Entry-Level Program for AY 2024-2025

First Year Professional Phase, fall semester

PT 514/L Musculoskeletal Rehabilitation I Lecture and Lab

PT 517 Clinical Medicine I.1

First Year Professional Phase, spring semester

PT 515/L Musculoskeletal Rehabilitation II Lecture and Lab

PT 517 Clinical Medicine I.2

First Year Professional Phase, summer semester

PT 577/582 Clinical Internship I/II

Second Year Professional Phase, fall semester

PT 516 Problem Solving in Musculoskeletal Care

Second Year Professional Phase, spring semester

PT 554 Clinical Research I

Third Year Professional Phase, fall semester

PT 555 Clinical Research II

PT 610 Management and Administrative Issues in Physical Therapy

Third Year Professional Phase, spring semester

PT680/690 Clinical Internship III/IV