

CURRICULUM VITAE

Theresa Kolodziej, PhD, PT, DPT

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Amherst, NY 14226

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Phone number: 716-839-8412 (w)

Position: Director of Clinical Education & Clinical Assistant Professor - Daemen University – Physical Therapy Program

Education:

Doctor of Philosophy
University at Buffalo
Medical Anthropology
May 2013

Transitional DPT
Daemen College
Physical Therapy
May 2004

Master of Science
University at Buffalo
Social science – Interdisciplinary
May 1994

Bachelor of Science
Daemen College
Physical Therapy
May 1983

Licensure Information:

New York
License: 007891

Employment and Positions Held:

Director of Clinical Education
Clinical Assistant Professor
Daemen University
Amherst, New York
1990 – Present

Assistant Director of Clinical Education
Administrative Status
Daemen College
Amherst, New York
1988 – 1990

Physical Therapist

February 2026

Per Diem
Catholic Health System – McAuley Residence
Kenmore, New York
2008 – Present

Physical Therapist, Per Diem
Tender Loving Care
Amherst, New York
2005 – 2008

Physical Therapist, Per Diem
Beechwood Continuing Care
Getzville, New York
1998 – 2005

Consultant Physical Therapist, Per Diem
St. Clare Manor Nursing Home
Lockport, New York
1993 – 2001

Physical Therapist, Per Diem
CHS – Sisters of Charity Hospital
Buffalo, New York
1994 – 1998; 1988 – 1989

Physical Therapist, Part-time clinic and home care
Episcopal Church Home
Buffalo, New York
1992 – 1993

Physical Therapist, Per Diem
Millard Fillmore Hospital
Buffalo, New York
1990 – 1991

Physical Therapist, Per Diem
Associated Physical Therapists
Kenmore, New York
1990

Senior Physical Therapist, Clinical Coordinator and Acting Department Head
St. Joseph's Hospital
Cheektowaga, New York
1986 – 1988

Staff Physical Therapist
Lake Shore Hospital
Irving, New York
1984-1986

Staff Physical Therapist
Western New York Physical Therapy Group
Depew, New York
1983 – 1984

Peer Reviewed Publications:

Sakamoto Y, Gunther J, Kolodziej T, Nyquist K. Attempt of balance by Standardized Walking Obstacle Course for the frail elderly (SWOC). *Ibaraki Prefectural University of Health Sciences Bulletin*. 2008.

Buccieri KM, Schultze K, Dungey J, Kolodziej T, et al. Self-reported characteristics of physical therapy clinical instructors: A comparison to the American Physical Therapy Association Guidelines and Self-Assessments for Clinical Education. *J Phys Ther Educ*. Spring 2006; 20(1): 47-55.

Peer Reviewed Scientific and Professional Presentations:

Kolodziej, T., Corcoran C., Chapuis, H, Cuisia L., MacDonald, P., Lyons, K., Reed, K. Can mindfulness activities reduce stress and anxiety amongst pre-professional and professional Physical Therapy students?

Poster Presentation

Combine Sections Meeting – Anaheim, CA

February 2026

Kolodziej, T., Corcoran, C. Can mindfulness activities reduce stress and anxiety amongst pre-professional and professional phase Physical Therapy students?"

Poster Presentation

APTA New York Conference

June 2025

Kolodziej, T., Corcoran C. How is Graduate Physical Therapy Student Self-Reflection and Self-Assessment Facilitated in the Clinical Environment?

Platform Presentation

Education Leadership Conference (ELC) Oakland, CA

October 2024

Kolodziej, T, Boggs, R. The Breaking Point: Exploring Burnout, Depression, and Mental Health in Doctor of Physical Therapy Students, Physical Therapists, and Physical Therapist Assistants. Poster Presentation.

Education Leadership Conference (ELC) Philadelphia, PA

October 2023

Bogulski, J, Hill, B, Nablo, K, Rapp-Dimino, A, Toth, L, Kolodziej, T, Ross, M. Effect of the COVID-19 Pandemic on College Students' Perceived Success & Academic Performance.

Poster Presentation.

February 2026

APTA Combined Sections Meeting. San Diego, CA.
February 2023

Kolodziej, TA, Colby, T, Ewing, M, Matthews, S. The Lived Experience of Physical Therapists during the COVID-19 Pandemic. Platform Presentation.
APTA Combined Sections Meeting. San Antonio, TX
February 2022.

Policella M, Kolodziej TA. Understanding Clinical Instructor's Perceptions and Attitudes Regarding Physical Therapy Students in the Clinic. Poster Presentation.
Education Leadership Conference (ELC) Atlanta, GA
October 2021.

Kolodziej, TA, Policella M.
Integrated Clinical Experiences (ICE) in Physical Therapy Education: Exploring Stakeholder Perceptions of the ICE Model. Poster Presentation.
Education Leadership Conference (ELC) Atlanta, GA
October 2021.

Kolodziej, TA, Strub, A, Schaefer, L, Hulin, A, Stiles, K.
The Lived Experience of Young Adult with Intellectual Disabilities (ID). Platform Presentation.
New York State Physical Therapy Association Conference., Albany, NY
October 2019.

Ryan, D, Kolodziej, TA
Inclusive Fitness Program Design for Adults with and without Intellectual Disabilities (ID).
New York League for Nursing & Pi Zeta Chapter of Sigma Theta Tau International Spring into Quality and Safety Competencies: Interprofessional Education and Practice Conference.
Amherst, NY
March 2018.

Kolodziej TA, Ryan, D, Marvin H, Phillips, T.
Benefits of an Inclusive Fitness Program on Physical Activity and Participation in Adults with and without Intellectual Disabilities (ID).
New York State Physical Therapy Association Conference. Albany, NY
October 2017.

Gunther JS, Kolodziej TA, Bish C, Tiberi J.
Test-retest and interrater reliability of two postural measures in post-menopausal women with osteoporosis.
American Physical Therapy Association Combined Sections Meeting. San Diego CA.
February 2006.

Kolodziej TA, Mazzone M.
Computer based comprehensive examinations to assess learning in Physical Therapy Education.
Sun Conference for Education and Learning. El Paso TX.
March 2005.

February 2026

Mazzone M, Ford G, Franjoine MR, Kolodziej TA.
Development and implementation of a comprehensive examination process: A tool for evaluating student competency and a Doctor of Physical Therapy curriculum.
American Physical Therapy Association Combined Section Meeting. New Orleans LA.
February 2005.

Buccieri K, Kolodziej TA, Dungey J.
A comparison of self-reported characteristics of physical therapy clinical instructors to the guidelines and self-assessments for clinical education published by the American Physical Therapy Association.
National Clinical Education Conference. St. Louis MO.
October 2004.

Kolodziej TA, Mazzone M.
Utilization of on-line based instruction for novice clinical educators.
National Clinical Education Conference. Philadelphia PA.
April 2003.

Gunther JS, Kolodziej TA, Nyquist K, Sakamoto Y.
Validity of the standardized walking obstacle course (SWOC) as a functional balance and mobility assessment tool in frail elderly persons.
American Physical Therapy Association Combined Sections Meeting. Tampa FL.
February, 2003.

Kolodziej TA, Buccieri K.
Development of a clinical instructor survey: A suggestion from the field.
American Physical Therapy Association Combined Sections Meeting. Boston MA.
February, 2002.

Kolodziej TA, Gunther JS.
Preventing functional decline of frail elderly persons living in an adult care residence.
New York State Chapter American Physical Therapy Association Conference. Ryebrook, NY.
October 1996.

Funded / In Review Grant Activity:

Co-Author along with Dr. Diane Ryan (Daemen College Nursing dept.)
\$50,000 annually for a three year period
Inclusive Fitness for people with developmental disabilities
September 2014 – August 2017; New York State Developmental Disabilities Council

Current / Active Research Activity:

Investigator
Can Mindfulness activities reduce stress and anxiety amongst pre-professional and professional phase Physical Therapy students?

February 2026

Membership in Scientific/ Professional Organizations:

New York New Jersey Physical Therapy Clinical Education Consortium.

- Member - 1988 – Present
- Co-Chair - 2005-2007
- Secretary - 1998-2000 and 2004-2005
- Technology Committee Chair - 2002-2008

Member of American Physical Therapy Association.

1982 – Present

Section membership: Geriatrics, Education, Research

New York State Physical Therapy Association

- Member - 1982 – Present
- New York State Program Committee member - 2015 - 2020
- Western District Membership Liaison - 2015 - present
- Western District Vice-Chair - 2008 - 2016
- Western District Corresponding Secretary - 2003 - 2008
- Western District Program Chairperson - 1988 - 1990

Consultative and Advisory Positions Held:

Credentialed Clinical Instructor Program (CCIP) Trainer

APTA

2006-2022

Community Service:

Member on Board of Directors for the Seneca Street Community Development Corporation (SSCDC) Buffalo, New York. Chair of Fundraising Committee.

September 2017 - 2020

Membership Liaison and Coordinator of Annual WNYPTA District Holiday Fundraiser

APTA New York

2012- present

Food Shuttle of WNY

Volunteer

2024 - present

Lector Coordinator

St. Leo the Great Church- Amherst, NY

2008 - 2025

Volunteer

Museum of Disability History - Amherst, NY

2013 - 2020

Services to the University/ College/School on Committees/Councils/Commissions:

University – wide:

1995-1997 and 2014 - Present
Daemen University IRB committee

1995 - Present
Library/RIC Committee Member.

Fall 2015
Search Committee member for RIC Director

2000-2003
Seneca Babcock Partnership Organizational Board member

1995
Middle States Accreditation Student Services Committee

1998 - Present
Cooperative Education Faculty Advisor

Department

2021 – Present
Student Physical Therapy Association (SPTA)
Community Service Faculty Liaison & District Liaison

2010 - 2021
Events Committee – Co-Chair

2008 - Present
Continuing Education Committee Chair

1988 - Present
Academic Advisor for pre-professional/professional phase students

2003-2011
Physical Therapy Comprehensive Exam Committee Member

1999-2004
Physical Therapy Department Alumni Dinner Chairperson

Honors and Awards:

February 2026

Outstanding Service to District Award
New York Physical Therapy Association
2023

The General Pulaski Association - Western New York
Pulaski Association Honoree - Outstanding Health Care Professional
2016

Outstanding Service to District Award
New York Physical Therapy Association
2011

Continuing Education Attended:

**Combined Sections Meeting – APTA CSM
Anaheim, CA. February 2026**

- ED-24394 Disability Accommodations in Clinical Education: Upholding Standards, Setting Expectations, and Addressing Concerns
- ED-23966 Re0Inventing Ethics Education for a New Generation: An Evidence-Based Approach
- ED-24389 Show and Tell: Empowering Physical Therapy Faculty with Practical All Applications for Teaching and Learning
- ED-23931 The Future is Now! Integrating Custom AI tools into Physical Therapy Education
- RE-24437 The 10th Annual Kay Shepard Qualitative Research Symposium
- LI – 25138 ALI Platform Session 2
- AC- 24747 When the Barrier to Early Mobility is Us: Rethinking Rehab’s Role in the ICU
- OR-23880 Total Ankle Arthroscopy : A New Step Forward

**Combined Sections Meeting – APTA CSM
Houston TX. February 2025**

- ED-20795 Engage, Enlighten, Educate! Gaming in Your Classroom for the WIN!
- LI-20825 Equity in Action: Integrating Social Needs Screening and Response Programs across Rehabilitation Settings
- ED-21035 Policing to Pedagogy: Incorporating the Use of AI to Enhance the Student Learning Experience
- ED-20574 Equity in Action: Fostering Inclusive Clinical Education for Physical Therapy Students
- RE-20341 The Ninth Annual Kay Shepard Qualitative Research Symposium
- ED-22079 Cerasoli Lecture: Y’All Means All. Inclusivity and Belonging of ALL PTs, PTAs and Academic Programs
- ED-20858 Inappropriate Patient Sexual Behavior: Preparing and Protecting Student Physical Therapists
- FD-21537 Equitable Education: Best Practices for Implementing Reasonable Accommodations for Health Professions Trainees (HPTs) with Disabilities

February 2026

- LI-21380 Social Determinants of Health: Our Role As Physical Therapists

Education Leadership Conference – APTA Education Conference.

Oakland, CA. October 2024

- Bridging the Clinical Gray Zones: Mentorship for Enhanced Clinical Reasoning
- VIA Character Strengths – a didactic and clinical education tool supporting therapeutic alliance and reflection
- The Power of Self Reflection for Building Resilient Students, Clinical Instructors, and Faculty: The Healthy Practice Resource
- Fit for Flourishing: Prioritizing School/Person Fit for Effective Burnout Prevention in PT Education
- Micro Learn: Clinical Education Collaboration
- Once is Not enough: Integrating Social and Structural Determinants of Health Throughout the Curriculum
- GRJ Forum and Ignite Speakers
- Recognizing and Responding to Imploding and Exploding Student Behavior

Education Leadership Conference – APTA Education Conference.

Philadelphia, PA. October 2023

- Clinical Learning: What is the optimal Length for Clinical Education Experiences in DPT Education
- A pandemic silver lining: A Florida collaboration for enhancing Physical Therapy Clinical Education
- GRJ Forum: Cultivating the Habits at the Heart of Patient Care: Compassion, Vulnerability and Imagination
- Knowledge, Skills, and Abilities (KSAs) to the rescue. Using Minimal Competency Requirements to Determine Clinical Readiness.
- A Toolkit for Integrating Qualitative and Mix- Methods Research in PT Curricula: Finding Balance in EBP
- Excellence in Clinical Education – Translating Classroom Teaching and Learning Techniques into the Clinic
- Has the partner “ship” sailed? Exploring the Anchors for Academic and Clinical Relationships in DPT Education
- Integrating Health Humanities into Physical Therapy Educational workshop: Practical Strategies and Case Exemplars
- “We Just Clicked”, How does CI/Student Pairing Shape the Clinical Experience?
- Clinical Internship Evaluation Tool (CIET): Why, How and What Now?

American Physical Therapy Association Combined Sections Meeting

San Antonio, TX. February 2022

- Designing Meaningful Course Assessments for Physical Therapy Education
- Educating for Ethics and Professionalism: Lessons Learned During the COVID-19 Pandemic
- Education Section Platform Sessions
- Illuminating the Path: Defining the Faculty Role in Student Accommodations

- Adapting: Curricular Design for a New Generation of Adult Learners
- Polly Cerasoli Lecture: Physical Therapy Education Through the Lens of the Master Adaptive Learner
- Competency Based Education in Physical Therapy 101
- Hablamos Espanol and American Sign Language! Preparing Students to Serve Linguistically Diverse Patients

**Education Leadership Conference – APTA Education Conference.
Atlanta, GA. October 2021**

- Formative Assessment: Practical Application of Habits of the Head and the hand
- Accepting Students where they are: Increasing the Capacity for Student before the end
- Creating a Culture of Excellence: Utilizing Clinical-Academic Partnerships to Cultivate Clinical Instructor Development Opportunities
- Mindfulness and Acceptance-Based Interventions in Physical Therapy Education
- An Exploration of Doctor of Physical Therapy Students' Belongingness in Clinical Education
- Clinical and Academic Faculty Development: Making it Stick in Interprofessional Education and Collaborative Practice

**Education Leadership Conference – APTA Education
Virtual Conference. October 2020**

- Fighting Burnout: It's not all up to you
- ACAPT National Consortium of Clinical Educators (NCCE) Networking Event
- Geneva R. Johnson Forum Keynote Address: Bringing a population health perspective to Physical Therapy Education
- Beyond Universal Precautions: Curriculum Content in Infection Control and Prevention
- Supporting DEI in PT Education to Impact Population Health Outcomes
- Innovative Course Design and Delivery in a Hybrid Model
- Closing the Loop: Providing Effective Student Feedback
- Bridging the Gap Between Classroom and Clinic: A Communally Beneficial Approach to Clinical Education
- The Clinical Instructor Toolkit: Supporting Clinical Teaching Across the Academies

**American Physical Therapy Association Combined Sections Meeting
Denver, CO. February 2020**

- Student Performance Assessment in the Clinical Learning Environment: Taking the Leap from CPI to CIET
- Academic of Physical Therapy Education Platform Presentations 1 & 2
- Emotional Intelligence Across the Professional Lifespan in Physical Therapy: From Novice Student to Expert Practitioner
- Raising the Proverbial Bar: Development of a Novel Tool to Assess Clinical Educators
- Déjà vu all over again, or moving in the right direction? Revisiting Cerasoli Lectures

- LGBTQ+ Cultural Humility and Climate: Educator and Student Perspectives
- Clinically Oriented Readiness Evaluation (CORE): A Mechanism to determine Clinical Experience Readiness
- Beyond the Classroom: Using Learning Theory and Principles to Solve Student Problems in the Clinic

American Physical Therapy Association Combined Sections Meeting
Washington, DC. February 2019.

American Physical Therapy Association Combined Sections Meeting
New Orleans, LA. February 2018.

American Physical Therapy Association NEXT Conference
Boston, MA. June 2017.

American Physical Therapy Association Combined Sections Meeting
San Antonio, TX. February 2017.

Differential Diagnosis and Screening for Medical Referral: the Do Not want to miss list of Serious Medical Conditions. Amherst, NY. April 2016

American Physical Therapy Association Combined Sections Meeting.
Anaheim, CA. February 2016. Specific Courses:

- Exercise and Diabetes: Tools for Integrating Patient-Directed Practice
- Exercise Prescription Principles for the Older Adult With Multiple Chronic Conditions
- See No Evil, Hear No Evil, Speak No Evil: Ethical Challenges in Academia
- Mission Cognition: Advancing the Role of the PT in Chronic Progressive Cognitive Impairment
- Attendance at several special interest group meetings

Evidence Based Concepts of Musculoskeletal Imaging in Physical Therapy.
Amherst, NY. May 2015

Living Wills vs. Health Care Proxy: the Law in New York State Today.
Amherst, NY. November 2015.

Rehabilitation for Persons with Dementia. Great Seminars. Chicago, IL. July 2014

Physical Therapy Management of Chronic Pain: A Review of Current Strategies.
Amherst, NY. October 2014.

American Physical Therapy Association Combined Sections Meeting.
Las Vegas, NV. February 2014. Education and Geriatric Section Sessions. Unable to access transcript through PTA learning Ctr.

American Physical Therapy Association Combined Sections Meeting.
San Diego, CA. January 2013. Specific courses:

February 2026

- Grassroots Initiatives in Clinical Education to Discover Collaborative Strategies
- Turning the Traditional Classroom into a 21st Century Knowledge Exchange
- Qualitative Methods: Everything You Want to Know But Were Unsure to Ask
- Academic and Clinical Collaboration to Manage Challenges in Clinical Education
- Let's Get More Hip
- Are you a frustrated SNF Therapist What Can You do to Influence Change
- Exercise Prescription: Are You Pushing Aging Adults Hard Enough

American Physical Therapy Association Combined Sections Meeting.

Chicago, IL. February 2012. Specific courses:

- Making the Decision: Identifying Reasonable Accommodations for Students with Disabilities.
- Taking "STEPS" Towards a New Model of Early Clinical education
- Evidenced-based Health Promotion, Community Collaboration, and Physical Therapy
- Find the Lesson in the Fun: Innovative Teaching Strategies for the PTA
- Capturing Practical Knowledge in Clinical Narratives

American Physical Therapy Association Combined Sections Meeting.

New Orleans, LA. February 2011. Education and Geriatric Section Sessions.

Teaching Responsibilities in the Entry-Level Program:

Preprofessional Phase, freshman year, fall/spring/summer semesters

PT 101 Freshman Seminar in Physical Therapy

PT 201 Sophomore Seminar in Physical Therapy

Professional Phase, fall semester

PT 575 Pre-Clinical Seminar

PT 555 Clinical Research II

Professional Phase, spring semester

PT 530 Psychosocial Aspects of Health and Disability

PT 554 Clinical Research I