

CURRICULUM VITAE

Michael D. Ross, PT, DHSc, OCS, FAAOMPT
Daemen University

Education:

Physical Therapy Fellowship in Orthopaedic Manual Therapy and Musculoskeletal Primary Care
Kaiser Permanente Medical Center
Vallejo, CA
2004

Doctorate of Health Science
University of Indianapolis
Indianapolis, IN
Physical Therapy
2000

Master of Health Science
University of Indianapolis
Indianapolis, IN
Physical Therapy
1996

Master of Science
University of Dayton
Dayton, OH
Education
1994

Bachelor of Science
Daemen College
Amherst, NY
Physical Therapy
1992

Licensure Information:

New York State
License Number: 038568

Certifications:

American Academy of Orthopedic Manual Physical Therapists
Fellow
2018

American Board of Physical Therapy Specialties
Board Certified Specialist in Orthopaedic Physical Therapy
Recertified in 2018

American Board of Physical Therapy Specialties
Board Certified Specialist in Orthopaedic Physical Therapy
Recertified in 2008

American Board of Physical Therapy Specialties
Board Certified Specialist in Orthopaedic Physical Therapy
1998

Full Time Employment and Positions Held:

Professor
Department of Physical Therapy, Daemen University
Amherst, NY
September 2025 – Present

Department Chair and Doctor of Physical Therapy Program Director
Department of Physical Therapy, Daemen University
Amherst, NY
June 2023 - Present

Faculty Development Director
Center for Excellence in Teaching & Learning
Daemen University
Amherst, NY
June 2022 – June 2023

Associate Professor
Department of Physical Therapy, Daemen University
Amherst, NY
August 2020 – Present

Assistant Professor
Department of Physical Therapy, Daemen University
Amherst, NY
August 2014 – August 2020

Assistant Professor
Panuska College of Professional Studies, Department of Physical Therapy, University of Scranton
Scranton, PA
August 2012 – August 2014

Director
U.S. Air Force Physical Medicine Training Programs, Medical Education and Training Campus
Fort Sam Houston, TX
August 2010 – August 2012

Director
U.S. Air Force Physical Medicine Training Programs, Medical Education and Training Campus
Fort Sam Houston, TX
August 2008 – August 2010

Chief, Senior Physical Therapist, and Director of Research, Education and Clinical Practice
Department of Physical Therapy, David Grant US Air Force Medical Center, 60th Medical Group
Travis AFB, CA
February 2004 – August 2008

Fellow, Physical Therapy Fellowship in Orthopaedic Manual Therapy and Musculoskeletal Primary Care
Kaiser Permanente Medical Center
Vallejo, CA
August 2002 – February 2004

September 2025

Chief
Department of Physical Therapy, 27th Medical Group
Cannon AFB, NM
June 2001 – August 2002

Assistant Professor and Director of Research Operations
Department of Biology
United States Air Force Academy, CO
July 1998 – June 2001

Assistant Chief
Department of Physical Therapy, 96th Medical Group
Eglin AFB, FL
January 1997 – July 1998

Chief
Department of Physical Therapy, 39th Medical Group
Incirlik AB, Turkey
January 1995 – January 1997

Staff Physical Therapist
Department of Physical Therapy, 74th Medical Group
Wright-Patterson AFB, OH
June 1992 – January 1995

Peer Reviewed Publications:

Salvo C, Prall J, **Ross M**, Crewe A, Browne A, Cowles H, Simon N, Vallie D, Zieber E. A reliability study of the Pelvic Athletic Performance Assessment (PAPA) Screening Tool. The Journal of Women's & Pelvic Health Physical Therapy. 2025 Jul 1;49(3):132-9.

Prall J, Dunning J, Young I, **Ross M**, Escaloni J, Bliton P. Pain and disability reduction following rib manipulation in a patient recovering from osteomyelitis of the thoracic spine. Healthcare. 2025 Jun 6;13(12),1355.

Prall J, MacDonald T, **Ross M**. Cervical cord compressive myelopathy in a patient with shoulder pain. JOSPT Cases. 2025 Feb;5(1):50-1.

Ross M, Sikora K, Cheskiewicz B, Jefferies T. Physical therapist knowledge of the Ottawa Knee Rule. Orthopaedic Physical Therapy Practice. 2024 Oct 1;36(4):12-7.

Mabry LM, Keil A, Young BA, Reilly N, **Ross MD**, Gisselman AS, Goss D. Physical therapist awareness of diagnostic imaging referral jurisdictional scope of practice: an observational study. Journal of Manual & Manipulative Therapy. 2024 Aug;32(4):435-445. doi: 10.1080/10669817.2023.2296260. Epub 2023 Dec 21. PMID: 38130076; PMCID: PMC11257002.

Burley T, Cahanin RL, Brody LT, Boissonnault WG, **Ross MD**. Reliability of a musculoskeletal imaging competency examination for physical therapists. Journal of Physical Therapy Education. 2024 Jun 1;38(2):133-140. doi: 10.1097/JTE.0000000000000328. Epub 2024 Jan 30. PMID: 38758177.

Boggs RG, Ross MD, Petrocy JW, Tall M. Avascular necrosis of the hip following surgical repair of a slipped capital femoral epiphysis: a case report. The Internet Journal of Allied Health Sciences and Practice. 2024 Jun 26;22(3), Article 15.

Puglisi A, Browning S, Ciarrocca E, Duffy B, Leininger P, Prall J, **Ross M**. The role of diagnostic ultrasound in assessing acromiohumeral distance and managing shoulder pathologies in physical

therapy: a systematic review. *Journal of Clinical Electrophysiology and Wound Management*. First Published: February 12 2024; <https://doi.org/10.55566/JCEWM-D-23-00012>

Flautt WE, Rowland RW, **Ross M**. Use of Point-of-care ultrasound for an achilles tendon rupture in an army pilot. *JOSPT Cases*. 2023 Nov 1;3(4).

Young B, **Ross M**, Severin R. Physical Assessment as a Screening Tool. In Goodman and Snyder's *Differential Diagnosis for Physical Therapists* (Editors: Heick J, Lazaro RT), 7th Edition, Elsevier, St Louis, MO; 2023.

Mabry LM, Severin R, Gisselman AS, **Ross MD**, Davenport TE, Young BA, Keil AP, Goss DL. Physical therapists are routinely performing the requisite skills to directly refer for musculoskeletal imaging: an observational study. *Journal of Manual & Manipulative Therapy*. 2023;30(5):261-72.

Ghaly B, Quintillan S, Boggs R, **Ross M**. COVID-19 vaccination related lymphadenopathy as a cause of acute shoulder pain: a report of two patients. *Journal of Clinical Electrophysiology and Wound Management*. 2023;1(1): 51-56.

Prall J, **Ross M**. On-site injury triage by a physical therapist in an industrial work setting: a case study. *Orthopaedic Physical Therapy Practice*. 2022;34(3):36-38.

Klose J, Helmettsie A, **Ross M**, Gaul J. Entry point care for workers with job participation barriers. *Academy of Orthopaedic Physical Therapy Home Study Course*. 2022;32.4.3:1-44.

Ross MD, Prall J. Assessment of the global rating of knee function in patients following anterior cruciate ligament reconstruction. *Physical Therapy Rehabilitation Science*. 2022;11:1-7.

Yamashiro M, Kelch KG, **Ross M**. Bilateral avascular necrosis of the femoral heads. *Journal of Orthopaedic and Sports Physical Therapy Cases*. 2021;1:231-232.

Barker S, **Ross M**, Zhou K. Exercise intervention in the management of venous leg ulcers: a review. *European Journal of Physiotherapy and Rehabilitation Studies*. 2021 Sep 22;2(1).

Higgins TR, May LE, Slusak FT, Wisniewski TM, Ford G, **Ross MD**, Schenk RJ. Mechanical diagnosis and therapy instruction in accredited physical therapy programs in the United States. *Orthopaedic Physical Therapy Practice*. 2021;33(4):198-209.

Ghaly B, Boggs RG, **Ross M**. Ulnar neuropathy at the wrist. *Journal of Orthopaedic and Sports Physical Therapy Cases*. 2021;1:148-149.

Mabry LM, Patti TN, **Ross MD**, Bleakley CM, Gisselman AS. Isolated medial cuneiform fractures: a systematic search and qualitative analysis of case studies. *Journal of the American Podiatric Medical Association*. 2021;111(4):Article 12.

Burley TR, McKinnis L, **Ross MD**. Diagnosis of a spinal compression fracture with digital image inversion. *Journal of Orthopaedic and Sports Physical Therapy Cases*. 2021;1:99-100.

Hakim RM, **Ross M**. "Emerging Perspectives of Virtual Reality Techniques" in *Virtual Reality in Health and Rehabilitation*, Taylor & Francis Group, Boca Raton, FL, 2020.

Ross MD, Purrington B, Zuniga C, Farnand B, Pattacciato F. Survey of physical therapists' knowledge of screening and management practices for patients with prediabetes. *Physiotherapy Practice and Research*. 2020;41:213–223.

Burley T, Brody LT, Boissonnault WG, **Ross MD**. Development of a musculoskeletal imaging competency examination for physical therapists. *Physical Therapy*. 2020;100:2254-2265.

Agarwal V, Schenk R, **Ross M**. Primary care management of patients with pain complaints and the influence of physician training in mechanical diagnosis and therapy. *Journal of Public Health*. 2020; <https://doi.org/10.1007/s10389-020-01386-w>

Matthews L, Ford G, Schenk R, **Ross M**, Donnelly J. Dry needling curricula in entry-level education programs for physical therapists. *Journal of Manual & Manipulative Therapy*. 2020;30:1-9.

Boggs R, Frappa N, **Ross M**, Tall M. Telehealth and physical therapy clinical decision making in a patient with a falx meningioma. *International Journal of Telerehabilitation*. 2020;12:63-67.

Young BA, **Ross MD**, Heick J, Greathouse DG, Guerrero HG, Boissonnault WG. Exploration of medical screening and differential diagnosis instructional methods and faculty perceptions in physical therapist educational programs. *Journal of Allied Health*. 2020;49:e89-e97.

Zhou K, Frankish L, **Ross MD**. Outcomes and characteristics of wound healing in an outpatient physical therapy clinic. *Wounds*. 2020;32:152-158.

Prall J, **Ross M**. The relationship between disability and hop performance in subjects following anterior cruciate ligament reconstruction. *Physical Therapy and Rehabilitation*. 2020; 7:3. doi:10.7243/2055-2386-7-3.

Boggs R, **Ross M**, Tall M. Diagnosis of internal carotid artery stenosis in a patient referred to a physiotherapist for dizziness. *Journal of Primary Health Care*. 2019;11:373-379. doi:10.1071/HC19047.

Szydlowski G, O'Neil J, Mrowczynski J, Inglis L, **Ross M**. Electroskip auditory biofeedback in a patient with Parkinson disease: a case report. *Journal of Exercise Rehabilitation*. 2019;15:688-695. doi: 10.12965/jer.1938374.187.

Ross M, Zhou K, Perilli A, Van Gorder N, Pace A, Melendez E, Doherty D, Hornung M, Carroll W. Screening for cardiovascular disease risk factors in a physical therapist wound care practice: a retrospective, observational study. *Wound Management and Prevention*. 2019;65:20-28.

Pease B, **Ross M**. Defining subgroups of patients with a stiff and painful shoulder: an analytical model using cluster analysis. *Disability and Rehabilitation*. 2019 June 25:1-11. doi: 10.1080/09638288.2019.1631891. [Epub ahead of print]

Bayer E, Elliott R, Bang M, **Ross M**, Tall M. Atlantoaxial instability in a patient with neck pain and rheumatoid arthritis. *Journal of Spinal Cord Medicine*. 2019 March 15:1-4. doi: 10.1080/10790268.2019.1580859. [Epub ahead of print]

Loro WA, Thelen MD, Rosenthal MD, Stoneman PD, **Ross MD**. The effects of cryotherapy on quadriceps electromyographic activity and isometric strength in patient in the early phases following knee surgery. *Journal of Orthopaedic Surgery (Hong Kong)*. 2019;27:2309499019831454. doi: 10.1177/2309499019831454.

Walsh L, Bicheler H, Guillermo K, Wolfley B, Brown M, Schenk R, **Ross M**. The utilization of spinal thrust manipulation by physical therapists in New York State. *Journal of Physical Therapy Education*. June 19, 2019. doi: 10.1097/JTE.000000000000095. [Epub ahead of print]

Prall J, **Ross M**. The management of work-related musculoskeletal injuries in an occupational health setting: the role of the physical therapist. *Journal of Exercise Rehabilitation*. 2019;15:193-199. doi: 10.12965/jer.1836636.318.

Burley T, **Ross M**, Elliott R, Tall M. Acute progressive neurological decline in an elderly man. *Journal of Primary Health Care*. 2018;10:343-347. doi: 10.1071/HC18027.

Ross M, Adams K, Engle K, Enser T, Muehlemann A, Schenk R, Tall M. The knowledge of low back pain management between physical therapists and family practice physicians. *Journal of Manual & Manipulative Therapy*. 2018. DOI: 10.1080/10669817.2018.1500772.

Mabry LM, **Ross MD**, Dardenelle SI. Congenital partial aplasia of the atlas causing functional angular displacement of the posterior arch. *Physical Medicine and Rehabilitation*. 2018 Jun 14. pii: S1934-1482(18)30312-5. doi: 10.1016/j.pmrj.2018.05.026. [Epub ahead of print]

Lyons C, **Ross M**, Elliott R, Tall M. Atlantoaxial instability in a patient with neck pain and ankylosing spondylitis. *Military Medicine*. 2018 Mar 26. doi:10.1093/milmed/usy034. [Epub ahead of print]

Bogulski J, Gonser S, Bush D, Bugner R, Clark L, Farrell L, Swanson K, **Ross M**. The RunSmart training program: effect on oxygen consumption and lower extremity biomechanics during running. *Journal of Exercise Rehabilitation*. 13(4):446-453;2017.

Cecil R, **Ross M**. Effective worksite strategies and interventions to increase physical activity in sedentary workforce populations: the role of physical therapists. *Orthopaedic Physical Therapy Practice*. 29(1);52-58;2017.

Hakim RM, Tunis BG, **Ross MD**. Rehabilitation robotics for the upper extremity: review with new directions for orthopedic disorders. *Journal of Disability and Rehabilitation: Assistive Technology*. 12(8):765-771;2017.

Hakim RM, **Ross MD**, Runco W, Kane M. A community-based aquatic exercise program to improve endurance and mobility in adults with mild to moderate intellectual disability. *Journal of Exercise Rehabilitation*. 13(1):89-94;2017.

Greene Kelch K, **Ross M**, Elliott R, Tall M. Progressive cervical spondylotic myelopathy: A case report describing evaluation and management for a patient in an acute care inpatient setting. *American Journal of Medical Case Reports*. 5(4):86-88;2017.

Saviola K, Coleman T, **Ross M**, Schenk R. Cervicogenic dizziness post-concussion: a case report. *Orthopaedic Physical Therapy Practice*. 28(4);238-243;2016.

Ross MD, Cheeks JM, Sanko JP, Tall MA. Identification of a progressively worsening cardiac condition in a patient seen in a home health care environment. *American Journal of Medical Case Reports*. 4(8):296-297;2016.

Mabry LM, **Ross MD**, Tall MA, MD; Kundu E. Neurologic decline following acute vertebral collapse in a patient with cervical osteomyelitis. *Open Journal of Clinical and Medical Case Reports*. 2:1113;2016.

Zhou K, Krug K, Stachura J, Niewczyk P, **Ross M**, Tutuska J, Ford G. Silver-collagen dressing and high-voltage pulsed current therapy for the treatment of chronic full-thickness wounds: a case series. *Ostomy Wound Management*. 62(3):36-44;2016.

Mabry LM, **Ross MD**, Greene KA, Tall MA. Spontaneous osteonecrosis as a cause of knee pain in an older active woman. *International Journal of Clinical and Medical Imaging*. 2(9);2015.

Koppenhaver SL, Walker MJ, Su J, McGowen JM, Umlauf L, Harris KD, **Ross MD**. Changes in lumbar multifidus muscle function and nociceptive sensitivity in low back pain patient responders versus non-responders after dry needling treatment. *Manual Therapy*. 20(6):769-776;2015.

Mabry LM, **Ross MD**, Tonarelli JM. Metastatic cancer mimicking mechanical low back pain: a case report. *Journal of Manual and Manipulative Therapy*. 22(3):162-169;2014.

Van Wyngaarden JJ, **Ross MD**, Hando BR. Abdominal aortic aneurysm in a patient with low back pain. *Journal of Orthopaedic and Sports Physical Therapy*. 44:500-507;2014.

O'Laughlin SJ, Flynn TW, Westrick RB, **Ross MD**. Diagnosis and expedited surgical intervention of a complete hamstring avulsion in a military combatives athlete: a case report. *International Journal of Sports Physical Therapy*. 9:371-376;2014.

Thelen MD, **Ross MD**, Tall MA. Cervical myelopathy: diagnosing another great impostor. *US Army Medical Department Journal*. Apr-Jun:31-38;2014.

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N. Physical therapist vs. family practitioner knowledge of simple low back pain management in the U.S. Air Force. *Military Medicine*. 179:162-168;2014.

Mabry LM, **Ross MD**, Tall MA. Impaction fracture of the medial femoral condyle. *Journal of Orthopaedic and Sports Physical Therapy*. 43:512;2013.

Hoppes CW, **Ross MD**, Moore J. Undetected pectoralis major tendon rupture in a patient referred to a physical therapist in a combat environment: a case report. *Physical Therapy*. 93:1225-1233; 2013.

Rodeghero JR, Denninger TR, **Ross MD**. Abdominal pain in physical therapy practice: 3 patient cases. *Journal of Orthopaedic and Sports Physical Therapy*. 43:44-53;2013.

Chad C, **Ross MD**, Isaacs R, Hegedus E. Investigation of non-mechanical findings during spinal movement screening for identifying and/or ruling-out metastatic cancer. *Pain Practice*. 12:426-433;2012.

Boissonnault WG, **Ross MD**. Physical therapists referring patients to physicians: a review of case reports and series. *Journal of Orthopaedic and Sports Physical Therapy*. 42:446-454;2012.

Boyles RE, Gorman I, Pinto D, **Ross MD**. Physical therapist practice and the role of diagnostic imaging. *Journal of Orthopaedic and Sports Physical Therapy*. 41:829-37;2011.

Tonarelli J, Mabry L, **Ross MD**. Diagnostic imaging of an Achilles tendon rupture. *Journal of Orthopaedic and Sports Physical Therapy*. 41:904;2011.

Mabry LM, **Ross MD**, Martin PA, Tall MA, Elliott RL. Globus sensation associated with cervical spondylolisthesis. *American Journal of Physical Medicine and Rehabilitation*. 90:615;2011.

Ross MD, Elliott RL. Acute knee hemarthrosis: A case report describing diagnosis and management for a patient on anticoagulation medication. *Physiotherapy Research International*. 16:120-123;2011.

Ross MD. The relationship between functional levels and fear-avoidance beliefs following anterior cruciate ligament reconstruction. *Journal of Orthopaedics and Traumatology*. 11:237-43; 2010.

Ross MD, Elliott RL. Cervical cord compressive myelopathy in a patient with a primary complaint of medial knee pain. *Journal of Spinal Cord Medicine*. 33:431-434; 2010.

Ross MD, Boissonnault WG. Red flags: to screen or not to screen? *Journal of Orthopaedic and Sports Physical Therapy*. 40:682-684;2010.

Mabry LM, **Ross MD**, Tall MA. Insufficiency fracture of the pubic rami. *Journal of Orthopaedic and Sports Physical Therapy*. 40:666;2010.

Mabry LM, **Ross MD**, Tall MA. Diagnostic imaging following cervical spine injury. *Journal of Orthopaedic and Sports Physical Therapy*. 40:189;2010.

Young BA, **Ross MD**. Neck pain and headaches in a patient after a fall. *Journal of Orthopaedic and Sports Physical Therapy*. 39:418;2009.

Blake CG, **Ross MD**. Femoral neck fracture in a military trainee. *Journal of Orthopaedic and Sports Physical Therapy*. 38:578;2008.

Ross MD, Cheeks JM. Undetected odontoid fracture in an older individual referred to physical therapy for the treatment of neck pain following trauma. *Journal of Orthopaedic and Sports Physical Therapy*. 38:418-424;2008.

Ross MD, Elliott RL. Thoracic spine compression fracture in a patient with back pain. *Journal of Orthopaedic and Sports Physical Therapy*. 38:214;2008.

Greene KA, **Ross MD**. Slipped capital femoral epiphysis in a patient referred to physical therapy for knee pain. *Journal of Orthopaedic and Sports Physical Therapy*. 38:26;2008.

Ross MD, Cheeks JM. Undetected hangman's fracture in a patient referred to physical therapy for the treatment of neck pain following trauma. *Physical Therapy*. 88:98-104;2008.

Ross MD. Effect of a 15 day pragmatic hamstring stretching program on hamstring flexibility and single hop for distance test performance. *Research in Sports Medicine*. 15: 271-281;2007.

Ross MD. Preventing low back pain with education and the prone press-up exercise. *Strength and Conditioning Journal*. 29(6):78-80;2007.

Ross MD, Bayer E. Cancer as a cause of low back pain in a patient initially seen in a physical therapy setting. *Journal of Orthopaedic and Sports Physical Therapy*. 35:651-658;2005.

Ross MD, Villard D. Disability levels of college-aged men with a history of Osgood-Schlatter disease. *Journal of Strength and Conditioning Research*. 17:659-663;2003.

Ross MD, Irrgang JJ, Denegar CR, McCloy CM, Unangst ET. The relationship between participation restrictions and selected clinical measures following anterior cruciate ligament reconstruction. *Knee Surgery, Sports Traumatology and Arthroscopy*. 10:10-19;2002.

Ross MD. The use of the tissue stress model as a paradigm for developing an examination and management plan for a patient with plantar fasciitis. *Journal of the American Podiatric Medical Association*. 92:499-506;2002.

Ross MD. Physical therapy and changes in disability for patients with low back pain. *Military Medicine*. 167:662-665;2002.

Ross MD, Nordeen MH, Barido M. Test-retest reliability of Patrick's hip range of motion test in healthy college-aged men. *Journal of Strength and Conditioning Research*. 17:156-161;2002.

Ross MD, Langford B, Whelan P. Test-retest reliability of four single leg hop tests. *Journal of Strength and Conditioning Research*. 16:617-622;2002.

Ross MD, Hooten S, Moore D. Lower leg girth and ankle plantar flexor endurance capabilities of young adult males following anterior cruciate ligament reconstruction. *Journal of Sport Rehabilitation*. 11:128-138;2002.

Ross MD. Gastrocnemius and soleus muscle stretching for athletes with plantar fasciitis. *Strength and Conditioning Journal*. 24(6):71-72;2002.

Ross MD. Using pain patterns. *The Physician and Sportsmedicine.* 30:46;2002.

Ross MD. Addressing calf muscle weakness following anterior cruciate ligament reconstruction. *Strength and Conditioning Journal.* 24(1):71-72;2002.

Ross MD, Denegar CR, Winzenried J. The implementation of open and closed kinetic chain quadriceps strengthening exercises following anterior cruciate ligament reconstruction. *Journal of Strength and Conditioning Research.* 15:466-473;2001.

Ross MD, Denegar CR. Effect of exercise on bone mineral density in postmenopausal women. *Strength and Conditioning Journal.* 23(4):30-35;2001.

Ross MD, Southard T. Modifying quadriceps strengthening exercises in anterior cruciate ligament deficient athletes. *Strength and Conditioning Journal.* 23(4):58-60;2001.

Maher L, Ross M. General well-being, physical health, and psychosocial health of young adult male subjects following knee surgery. *Bios - The Journal of the Tri-Beta Biological National Honor Society.* 72(1):3-8;2001.

Ross M, Fontenot E. Test-retest reliability of the standing heel-rise test. *Journal of Sport Rehabilitation.* 9(2):117-123;2000.

Ross M, Worrell T. A review of the efficacy of electrical stimulation following anterior cruciate ligament reconstruction. *Athletic Therapy Today.* 5(6):54-60;2000.

Ross M. Hamstring injury in a male collegiate sprinter. *Athletic Therapy Today.* 5(4):42-43;2000.

Ross M. The effects of neuromuscular electrical stimulation during closed kinetic chain exercise on lower extremity performance following anterior cruciate ligament reconstruction. *Sports Medicine, Training and Rehabilitation (now Research in Sports Medicine).* 9(4):239-251;2000.

Ross M. Stretching the hip flexor muscles. *Strength and Conditioning Journal.* 21(3):71-72;1999.

Ross M. The treatment of low back pain in a middle-aged recreational athlete. *Athletic Therapy Today.* 4(2):22-23;1999.

Ross M, Paterno G. Reliability of the Apley's range of motion test and dominant and nondominant upper extremity differences. *European Journal of Physical Medicine and Rehabilitation.* 8(6):166-169; 1999.

Ross M. Delayed onset muscle soreness: Work out now, pay later? *The Physician and Sportsmedicine.* 27(1):107-108;1999.

Ross M. Effect of lower extremity position and stretching on hamstring muscle flexibility. *Journal of Strength and Conditioning Research.* 13(2):124-129;1999.

Ross M, Worrell T. Thigh and calf girth following knee injury and surgery. *Journal of Orthopaedic and Sports Physical Therapy.* 27(1):9-15;1998.

Ross M. The use of closed kinetic chain functional tests in determining functional performance levels. *Strength and Conditioning.* 19(5):66-69;1997.

Ross M. The efficacy of manipulation and back school in the treatment of low back pain. *Physiotherapy.* 83(4):181-183;1997.

Ross M. Test-retest reliability of the lateral step-up test in normal healthy adults. *Journal of Orthopaedic and Sports Physical Therapy.* 25(2):128-132;1997.

Ross M. Strengthening the hip abductors. *The Physician and Sportsmedicine*. 24(1):109;1996.

Ross M. Stretching the hamstrings. *Strength and Conditioning*. 17(6):35-36;1995.

Peer Reviewed Scientific and Professional Presentations:

Sidoti K, Shelander A, Stash A, Riley J, **Ross M** (Ross)
Assessment of Hospitalization Risk in Patients Seen in a Home Health Care Setting.
Poster Presentation for the Annual New York Physical Therapy Association Meeting,
Albany, NY, June 2025.

Kennedy S, Labonte C, McGuire M, Tubbs M, **Ross M** (Ross)
Yellow Flag Beliefs of Physical Therapists Treating Patients with Low Back Pain.
Poster Presentation for the Annual New York Physical Therapy Association Meeting,
Albany, NY, June 2025.

Bezzek H, Cruz A, Mattice Z, Such N, **Ross M** (Ross)
Screening for Cardiovascular Disease Risk Factors in Physical Therapist Practice.
Poster Presentation for the Annual New York Physical Therapy Association Meeting,
Albany, NY, June 2025.

Salvo CL, Prall J, Campitella AC, **Ross MD**, Browne AJ, Cowles HK, Simon ND, Vallie D, Zieber EM (Salvo)
A Reliability Study of the Pelvic Athletic Performance Assessment (PAPA) Screening Tool.
Platform Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Prall J, Campo MA, **Ross MD**, Fink ML, Davenport TE (Prall)
Occupational Health Content in Physical Therapists Education Programs.
Poster Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Prall J, **Ross MD**, Dunning J, Daubert EC, Gormley KM, Minarich AJ, Wescott B, Kearns G (Prall)
The Understanding of the International Federation of Orthopaedic Manipulative Physical Therapists
Cervical Framework.
Platform Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Surace A, Lojacono M, Matthews L, **Ross M** (Ross)
Clinical Factors That Are Associated With Delayed Sports Return in Individuals With Concussion.
Poster Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Haskell A, Nowak C, Radzynski K, Staley L, Chimenti C, Seils M, **Ross MD** (Staley)
Utilization of Physical Therapy in Home Health Care.
Poster Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Prall J, **Ross MD**, Dunning J, Bliton PS, Escaloni JE, Young IA (Prall)
Osteomyelitis in a Patient With Thoracic Spine Pain.
Platform Presentation for the Combined Section Meeting of the American Physical Therapy Association,
Houston, TX, Feb 2025.

Bezzek H, Cruz A, Mattice Z, Such N, **Ross M** (Cruz)
Screening for Cardiovascular Disease Risk Factors in Physical Therapist Practice.

Poster Presentation for the Combined Section Meeting of the American Physical Therapy Association, Houston, TX, Feb 2025.

Ross M, Barrick M, Aldridge C, Pohlman E, Wong J (Ross)
Knowledge of Hyponatremia in Marathon Runners.
Poster Presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Orlando, FL, Oct 2024.

Prall J, **Ross MD**, Dunning J, Bliton PS, Escaloni JE, Young IA (Ross)
Costotransverse Joint Manipulation to Improve Thoracic Mobility and Pain in a Patient Recovering From Osteomyelitis in the Thoracic Spine.
Poster Presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Orlando, FL, Oct 2024.

Prall J, MacDonald T, **Ross MD** (Ross)
Cervical Cord Compressive Myelopathy in a Patient With Shoulder Pain.
Poster Presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Orlando, FL, Oct 2024.

Chimenti C, **Ross M**, Seils M (all)
Home Health Physical Therapist Practice: Current Trends and What's on the Horizon.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Flautt W, Rowland R, **Ross M** (Rowland)
Use of Point-of-Care Ultrasound for an Achilles Tendon Rupture.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Prall J, MacDonald T, **Ross M** (Prall)
Cervical Cord Compressive Myelopathy in a Patient with Shoulder Pain: A Case Study.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Ross M, Boissonnault W (all)
Screening for Medical Referral: The 'Do Not Want to Miss List of Serious Medical Conditions'.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Ross M, Labonte C, Kennedy S, McGuire M, Tubbs M (Ross)
Yellow Flag Beliefs of Physical Therapists Treating Patients with Low Back Pain.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Ross M, Seils M, Chimenti C, Jodush N, Bushway A, Han Hsu C, Matibag N (Seils)
Factors Associated with Hospitalization in Patients Seen in a Home Health Care Setting.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Barrick M, Aldridge C, Pohlman E, Wong J, **Ross M** (Ross)
Knowledge of Hyponatremia in Marathon Runners.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Boston, MA, Feb 2024.

Spagnoli D, Iannucci J, Huckfeldt C, Schwartz J, Maida D, Hakim R, **Ross M** (Iannucci)
Effects of Community-Based Boxing on Balance and Mobility in Persons with Parkinson's Disease.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024.

Prall J, Sayre B, Taylor S, Wenger M, **Ross M** (Prall)
Familiarity with Occupational Health Core Competencies Among Orthopedic Physical Therapists.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024.

Burley T, Brody L, **Ross M**, Boissonnault W, Cahanin R (Burley)
Reliability of a Musculoskeletal Imaging Competency Examination for Physical Therapists.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024

Ross M, Favaro L, Scheid J, Seils M (Favaro)
An Interprofessional Education Experience on Physical Therapist Student's Readiness to Learn with
Other Healthcare Professionals.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024

Mabry L, **Ross M**, Reilly N, Young B, Keil A, Gisselman A, Davenport T, Goss D (Mabry)
Physical Therapist Awareness of Diagnostic Imaging Referral Jurisdictional Scope of Practice: An
Observational Study.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024

Shelander A, Sidoti K, Stash A, Riley J, Chimenti C, Seils M, **Ross M** (Stash)
Assessment of Risk for Hospitalization in Patients Seen in a Home Health Care Setting.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association,
Boston, MA, Feb 2024

Prall J, **Ross M** (Prall)
Effects of an Injury Prevention Program on Incidence of Occupational Injuries in the Industrial Workplace.
Pennsylvania Physical Therapy Association's Annual Conference Practice & Research Committee,
Spring Research Webinar, Apr 2023 (virtual)

Burley TR, Bryson C, March JA, Baughn E, Nichols H, Bullard T, **Ross MD** (Burley)
Clinical Decision-Making Skills Concerning Musculoskeletal Imaging in Doctor of Physical Therapy
Students.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association,
San Diego, CA, Feb 2023.

Prall J, **Ross MD**, Fink ML, Davenport TE, Campo MA (Prall)
Core Competencies in Occupational Health for Entry-Level Physical Therapists.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association,
San Diego, CA, Feb 2023.

Bogulski JA, Hill BN, Nablo KE, Rapp-Dimino AC, Toth LE, Kolodziej TA, **Ross MD** (Bogulski)
Effect of the COVID19 Pandemic on Perceived Success and Academic Performance in Physical Therapy.
Students. Poster presentation for the Combined Sections Meeting of the American Physical Therapy
Association, San Diego, CA, Feb 2023.

Young BA, Heick JD, **Ross MD** (Young)
Medical Screening Skills and Beliefs of Physical Therapy Clinical Instructors.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Diego, CA, Feb 2023.

Prall J, **Ross MD** (Prall)

Outcomes Associated with Applying the Ottawa Ankle and Foot Rules in Physical Therapist Practice.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Diego, CA, Feb 2023.

Schenk RJ, Lorenzetti J, **Ross MD** (Ross)

The Yellow Flag Risk Form as a Predictor of Outcome in Patients Treated for Low Back Pain with Mechanical Diagnosis and Therapy.

Platform presentation for the for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, San Diego, CA, Oct 2022.

Ross MD, Busacco ZI, Fournier SF, Haude TL, Talbot VL, Prall J (Prall)

Rotator cuff disorders: a survey of current physical therapy practice in the United States.

Platform presentation for the Pennsylvania Physical Therapy Association's Annual Conference, Pocono Manor, PA, Oct 2022.

Kennedy S, Labonte C, McGuire M, Tubbs M, **Ross M** (Ross)

Yellow Flag Beliefs of Physical Therapists Treating Patients with Low Back Pain.

Poster presentation for the Annual Meeting for the Network in Aging of Western New York, Inc., Buffalo, NY, Oct 2022 (virtual).

Young B, **Ross M**, Crowell M, Keil A, Collie M, Boissonnault W (all)

Demonstrating Competencies in Physical Therapist Referral for Imaging.

Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Mabry LM, Severin R, **Ross MD**, Gisselman AS, Davenport TE, Young BA, Keil AP, Goss DL (Mabry)

Are Physical Therapists Performing the Requisite Skills to Refer for Musculoskeletal Imaging?

Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Prall J, **Ross MD** (Ross)

Effects Of an Injury Prevention Program on Incidence of Occupational Injuries on the Industrial Workplace.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Huckfeldt C, Spagnoli D, Schwartz JJ, Maida DR, Hakim RM, **Ross MD** (Huckfeldt)

Long-Term Impact of Community-Based Boxing for Balance and Mobility in Persons with Parkinson's Disease.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Ghaly B, Boggs RG, Saludsong Quintillan SR, **Ross MD** (Ghaly)

Musculoskeletal Ultrasound's Role in COVID-19 Vaccination-Related Lymphadenopathy as a Cause of Shoulder Pain.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Prall J, **Ross MD** (Ross)

The Impact of Shift Time and Work Schedule on Occupational Injuries in the Industrial Workplace.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Prall J, Leininger PM, **Ross MD** (Prall)
Physical Therapist Intervention for Individuals with Work Related Musculoskeletal Disorders: A Systematic Review.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Ross MD, Busacco ZI, Fournier SF, Haude TL, Talbot VL, Prall J. (Haude)
Rotator Cuff Disorders: A Survey of Current Physical Therapy Practice in the United States.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, San Antonio, TX, Feb 2022.

Ghaly B, Boggs RG, **Ross M** (Ghaly)
The Use Of Musculoskeletal Ultrasound in the Differential Diagnosis of Ulnar & Median Neuropathies at the Wrist.
Platform presentation for the Point-of-Care Ultrasound World Conference, Sep 2021 (virtual).

Barker S, Bianconi K, Simson E, Veljovski A, Zhou K, **Ross M** (Ross)
Quality of Life Outcomes in Individuals with Integumentary Disorders.
Platform presentation for the New York Physical Therapy Association's Annual Conference, Oct 2021 (virtual).

Inglis L, Egan E, Frappa N, Royce A, Castonguay B, **Ross M** (Inglis)
Effects Of a Novel Audio Biofeedback Device on Gait Parameters in Persons with Parkinson's Disease.
Poster presentation for the New York Physical Therapy Association's Annual Conference, Oct 2021 (virtual).

Ward A, Ballou K, Jacob J, **Ross M** (Ward and Ballou)
Platform Assessment and Management of Lifestyle Risk Factors in Physical Therapist Practice.
Platform presentation for the New York Physical Therapy Association's Annual Conference, Oct 2021 (virtual).

Prall J, **Ross M** (Prall)
The Impact of Shift Time and Work Schedule on Occupational Injuries in the Industrial Workplace.
Platform presentation for the Pennsylvania Physical Therapy Association's Annual Conference, Pittsburgh, PA, Oct 2021.

Prall, **Ross M**, Wickstrom R (Prall)
Virtual Ergonomics and Movement Triage: Entry-Point Care to Promote Total Worker Health.
Poster presentation for the Pennsylvania Physical Therapy Association's Annual Conference, Pittsburgh, PA, Oct 2021.

Inglis L, Egan E, Frappa N, Royce A, Castonguay B, **Ross M** (Inglis)
Effects of a Novel Audio Biofeedback Device on Gait Parameters in Persons with Parkinson's Disease.
Poster presentation for the Academy of Neurologic Physical Therapy's Annual Conference, Oct 2021 (virtual).

Mabry LM, Severin R, **Ross MD**, Gisselman AS, Davenport TE, Young BA, Keil AP, Goss DL (Mabry)
Physical Therapists are Routinely Performing Musculoskeletal Imaging Skills: An Observational Study.
Poster presentation for the North Carolina Physical Therapy Association's Annual Conference, Winston Salem, NC, Oct 2021.

Prall J, **Ross M** (Prall)
The Effect of Physical Therapy Delivered Ergonomic Interventions on Work-Related Musculoskeletal Disorders.
Platform Presentation at the 24th Annual Applied Ergonomics Conference, Mar 21 (virtual).

Ross MD, Hakim RM, Walton L (all)

Optimizing Practice with Prevention and Health, Wellness, and Fitness Programs.

Platform Presentation at the American Physical Therapy Association's Combined Section Meeting (virtual), Feb 21.

Ross MD, Schenk R (all)

Management of Patients with Complex Spine-Related Pain: Evidence-Based Strategies to Optimize Outcomes.

Platform Presentation at the American Physical Therapy Association's Combined Section Meeting (virtual), Feb 21.

Ward AJ, Ballou KC, Jacob JG, Middione AL, **Ross MD** (Ward)

Assessment and Management of Lifestyle Risk Factors in Physical Therapist Practice.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Yamashiro MM, Kelch KG, **Ross MD** (Yamashiro)

Avascular Necrosis in a 24-Year-Old Male Referred to Physical Therapy for Iliotibial Band Syndrome.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Higgins TR, May LE, Slusak FT, Wisniewski TM, Ford G, Schenk RJ, **Ross MD** (Slusak)

Mechanical Diagnosis and Therapy Instruction in Accredited Physical Therapy Programs in the United States.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Petrocy JW, Boggs RG, **Ross MD** (Boggs)

Avascular Necrosis of the Femoral Head Following Surgical Fixation of a Slipped Capital Femoral Epiphysis.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Young BA, **Ross MD**, Heick J, Greathouse DG, Green Guerrero H, Boissonnault WG (Young)

Medical Screening and Differential Diagnosis Instructional Methods in Physical Therapist Professional Degree Programs.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Burley TR, Brody LT, Boissonnault WG, **Ross MD** (Burley)

Musculoskeletal Imaging Competency of Physical Therapists.

Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Burley TR, McKinnis L, **Ross MD** (Burley)

Radiographic Enhancement Via Digital Image Inversion: Diagnosis of a Spinal Compression Fracture.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Scardillo JM, Hakim RM, Aitken M, Homola CP, McGivern AE, Oliveira R, **Ross MD** (Scardillo)

Self-Reported Communication Confidence of DPT Students Participating in a Student-Run Pro Bono PT Clinic.

Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Hakim RM, Scardillo JM, Aitken M, Homola CP, McGivern AE, Oliveira R, **Ross MD** (Hakim)
Test-Retest Reliability of the Patient Communication Confidence Scale with Entry-Level PT Students.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Mabry LM, Patti TN, **Ross MD**, Bleakley CM, Gisselman ARS (Mabry)
Isolated Medial Cuneiform Fractures: A Systematic Search and Qualitative Analysis of Case Studies.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Ghaly B, Boggs RG, **Ross MD** (Ghaly)
Ulnar Neuropathy at the Wrist Mimicking Carpal Tunnel Syndrome.
Platform presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Goss DL, Severin RS, Davenport TE, Keil A, **Ross MD**, Gisselman ARS, Young BA, Adkins AM, Notestine J, Mabry LM (Mabry)
Are Physical Therapists Routinely Practicing the Requisite Skills to Refer for Diagnostic Imaging: Survey Validation.
Poster presentation for the Combined Sections Meeting of the American Physical Therapy Association, Feb 2021 (virtual).

Burley TR, Brody LT, Boissonnault WG, **Ross MD** (Ross)
Musculoskeletal Imaging Competency of Physical Therapists.
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Nov 2020 (virtual).

Ross MD, Cheskiewisch BF, Jefferies TD, Sikora KE (Ross)
Physical Therapist Knowledge in Diagnostic Imaging for the Knee.
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Nov 2020 (virtual).

Schenk RJ, Lorenzetti J, **Ross MD** (Schenk)
Chronic Spinal Pain: A Proposed Physical Therapy Model for Evaluation and Management.
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Nov 2020 (virtual).

Prall J, **Ross M** (Prall)
The Relationship Between Disability and Hop Performance in Subjects Following Anterior Cruciate Ligament Reconstruction.
Poster presentation for the Pennsylvania Physical Therapy Association Annual Meeting, Oct 2020 (virtual).

Barker S, Bianconi K, Simson E, Veljovski A, Zhou K, **Ross M** (Barker)
Quality of Life Outcomes in Older Individuals with Integumentary Disorders.
Poster presentation for the Annual Meeting for the Network in Aging of Western New York, Inc., Oct 2020 (virtual).

Ward A, Ballou K, Jacob J, **Ross M** (Ward)
Assessment and Management of Lifestyle Risk Factors in Physical Therapist Practice.
Poster presentation for the Annual Meeting for the Network in Aging of Western New York, Inc., Oct 2020 (virtual).

Purser T, Goss DL, Severin R, Davenport TE, Keil AP, **Ross MD**, Gisselman AS, Young BA, Adkins A, Notestine JP, Mabry LM (Purser)

Are Physical Therapists Routinely Practicing the Requisite Skills to Refer for Diagnostic Imaging: Survey Validation.

Poster presentation for the APTA North Carolina Annual Conference, Oct 2020 (virtual).

Ross M, Zhou K, Perilli A, Van Gorder N, Pace A, Melendez E, Doherty D, Hornung M, Carroll W (Perilli). Cardiovascular Disease Risk Factors: Implications for a Physical Therapist Wound Care Practice.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Schenk RJ, Lorenzetti J, **Ross MD** (Schenk)

Chronic Spinal Pain: A Proposed Physical Therapy Model for Evaluation and Management.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Hakim RM, Manzo M, Piening C, Segota C, Wilcox W, **Ross MD** (Hakim)

Meaningful Change for Patients with Orthopedic Disorders in a Student-Run Pro Bono Physical Therapy Clinic.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Agarwal V, Schenk RJ, **Ross MD** (Ross)

Primary Care Management of Patients with Pain Complaints: Influence of Mechanical Diagnosis and Therapy.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Ross MD, Cheskiewisch BF, Jefferies TD, Sikora KE (Sikora)

Physical Therapist Knowledge in Diagnostic Imaging for the Knee.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Ross MD, Zhou K, Bianconi KJ, Simson ER, Veljovski A (Ross)

Quality of Life Outcomes in Individuals with Integumentary Disorders.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Boggs RG, Frappa NM, **Ross MD** (Frappa)

Telehealth and clinical decision making in a patient with a falxine meningioma.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Zhou K, Frankish L, **Ross MD** (Ross)

Healing outcomes and characteristics of wounds of different etiologies in an outpatient physical therapy clinic.

Poster presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Hakim RM, **Ross MD**, Segota C, Potter S, Bishop B (Hakim/Ross)

Feasibility and acceptance of haptic robotics for orthopedic rehabilitation of the wrist/hand: a case report.

Platform presentation for the Combined Sections Meeting, Denver, CO, Feb 2020.

Doherty D, Melendez E, Hornung M, Carroll W, Zhou K, **Ross M** (Doherty)

Cardiovascular disease risk factors: implications for a physical therapist wound care practice.

Poster presentation for the Annual Meeting for the Network in Aging of Western New York, Inc., Buffalo, NY, Oct 2019.

Boggs R, **Ross MD** (Boggs)

Internal carotid artery stenosis in a patient referred to a physical therapist for dizziness.

Poster presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Burley T, Thein Brody L, Boissonnault W, **Ross MD** (Burley)

Development of a musculoskeletal imaging competency examination for physical therapists.

Platform presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Matthews L, Ford G, Schenk R, **Ross M**, Donnelly J (Matthews)
Dry needling curricula in entry-level education programs for physical therapists.
Poster presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Purrington B, Zuniga C, Farnand B, Pattaciatto F, **Ross MD** (Purrington)
Survey of physical therapists' knowledge of screening and management practices for patients with prediabetes.
Poster presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Ross MD, Zhou K, Bianconi K; Simson E, Veljovski A (Bianconi)
Physical therapy and quality of life outcomes for individuals with integumentary disorders.
Poster presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Szydlowski G, O'Neil J, Mrowczynski J, **Ross MD** (Szydlowski)
Electroskip™ auditory biofeedback in a patient with Parkinson's disease: a case report.
Poster presentation for the Combined Sections Meeting, Washington, DC, Jan 2019.

Burley T, Thein Brody L, Boissonnault W, **Ross MD** (Burley)
Development of a musculoskeletal imaging competency examination for physical therapists.
Platform presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Reno, NV, Nov 2018.

Mabry LM, **Ross MD**, Dardenelle SI (Mabry)
Dangers of upper cervical extension in a patient with congenital partial aplasia of the atlas.
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Reno, NV, Nov 2018.

Matthews L, Ford G, Schenk R, **Ross M**, Donnelly J (Matthews)
Dry needling curricula in entry-level education programs for physical therapists.
Platform presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Reno, NV, Nov 2018.

Bayer E, Elliott R, Bang M, **Ross MD** (Bayer)
Atlantoaxial instability in a patient with neck pain and rheumatoid arthritis.
Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Cadigan K, Elliott R, Bang M, **Ross MD** (Cadigan)
Acute exertional rhabdomyolysis in a patient referred to a physical therapist for thoracic back pain: a case report.
Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Melendez E, Doherty D, Hornung M, Carroll W, Zhou K, **Ross M** (Doherty).
Quality of life in individuals with an integumentary disorder.
Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Sanko JP, Leininger PM, Wagner BR, **Ross MD** (Sanko)
Effect of a cross-cultural service-learning trip on the clinical cultural competency of physical therapist students.
Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Szydlowski G, Rogers C, Drews K, **Ross MD** (Ross)
Survey on utility of yoga as an alternative therapy for occupational hazards among physical therapists.
Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Bicheler H, Guillermo K, Wolfley B, Walsh L, Brown M, **Ross M** (Ross)
The utilization of spinal thrust manipulation by physical therapists in New York State.

Poster presentation at the Combined Sections Meeting, New Orleans, LA, Feb 18.

Bogulski J, Gonser S, Bush D, Bugner R, Clark L, Farrell L, Swanson K, **Ross M** (Bogulski).
The RunSmart training program: effect on oxygen consumption and lower extremity biomechanics during running.

Poster presentation at the 2017 New York State Physical Therapy Association Annual Meeting, Albany, NY, Oct 2017.

Melendez E, Doherty D, Hornung M, Carroll W, Zhou K, **Ross M** (Ross)

Screening for cardiovascular disease risk factors in a physical therapist wound care practice.

Poster presentation at the 2017 New York State Physical Therapy Association Annual Meeting, Albany, NY, Oct 2017.

Bicheler H, Guillermo K, Wolfley B, Walsh L, Brown M, **Ross M** (Ross)

The utilization of spinal thrust manipulation by physical therapists in New York State.

Poster presentation at the 2017 New York State Physical Therapy Association Annual Meeting, Albany, NY, Oct 2017.

Ross MD, Adams K, Engle K, Enser T, Muehlemann A, Schenk R (Ross)

The knowledge of low back pain management between physical therapists and family care physicians.

Poster presentation at the Combined Sections Meeting, San Antonio, TX, Feb 17.

Zhou K, Perilli A, Van Gorder N, Pace A, **Ross MD** (Ross)

Screening for cardiovascular disease risk factors in a physical therapist wound care practice.

Poster presentation at the Combined Sections Meeting, San Antonio, TX, Feb 17.

Ross MD, Sanko JP, Wagner BR, Leininger PM (Ross)

Assessment of clinical cultural competency of physical therapist students.

Poster presentation at the Combined Sections Meeting, San Antonio, TX, Feb 17.

Bowne K, **Ross MD** (Bowne)

Prolotherapy combined with physical therapy in a recreationally active middle-aged man with chondromalacia patella.

Poster presentation at the Combined Sections Meeting, San Antonio, TX, Feb 17.

Bruno A, Durney ME, Mastrosante C, Thompson CE, Wagner B, **Ross MD** (Wagner)

The effects of complementary therapy on quality of life and well-being in persons with a diagnosis of breast cancer

Poster presentation for the 2015 Pennsylvania Physical Therapy Association Annual Meeting, Seven Springs, PA

October 2015

Ross M, Cheeks J, Sanko J (Ross)

Identification of a progressively worsening cardiac condition in a patient seen by a home health physical therapist: a case report. Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN

February 2015

Bencivengo AM, Greene NM, Hakim RM, **Ross MD** (Greene)

The outcomes associated with an aquatic based exercise program in a woman who was morbidly obese.

Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN

February 2015

Ross M, Hakim R, Hutchings BL, Runco W, Kane M (Ross/Hakim)

The impact of a community-based aquatic exercise program on physical performance in community-dwelling adults with mild to moderate intellectual disability. Presented as a platform presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Donato A, Grande K, Greene N, Mooney B, **Ross M** (Greene)
Effects of exercise on physical, psychosocial, and cardiovascular functioning in individuals with mild to moderate intellectual disabilities. Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Bruno A, Durney ME, Mastrosante C, Thompson CE, **Ross MD**, Wagner B (Bruno)
The effects of complementary therapy on quality of life and well-being in persons with a diagnosis of breast cancer
Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Zumbo RM, Corley PT, Giwa A, Graham TJ, **Ross MD** (Zumbo)
Direct access physical therapy referral to physicians: a review of case studies and case series
Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Dibenedetto K, Russo A, Saadat A, **Ross M**, Miller D (Dibenedetto)
Effectiveness of SWASH orthosis in combination with botulinum toxin type A on gross motor function and prevention of hip displacement in children with cerebral palsy
Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Taylor Johns S, Henry J, Peredo D, Rudiman J, Miller D, **Ross M** (Taylor Johns)
Effects of yoga on typically developing children and teenagers: a systematic review
Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Marsala A, Saverino M, Greene N, Durney M, **Ross M**, Leininger P (Saverino)
Outcomes following physical therapist intervention for a 65-year-old woman with herpes zoster: a case study. Presented as a poster presentation at the Combined Sections Meeting, Indianapolis IN
February 2015

Bowne K, **Ross M** (Bowne)
Prolotherapy combined with physical therapy in a recreationally active middle-aged man with chondromalacia patella.
Poster presentation for the Regenerative Rehabilitation Conference, San Francisco, CA
April 14

Van Wyngaarden JJ, **Ross MD**, Hando BR (Ross)
Abdominal aortic aneurysm in a patient referred to a physical therapist for low back pain: a case report. Poster presentation for the Combined Sections Meeting, Las Vegas, NV
February 2014

Corrado K, Fischer C, McGraw M, Ryffel K, **Ross M**, Boissonnault W (Ryffel)
Vascular complications associated with cervical spine thrust joint manipulation: a review of case reports. Poster presentation for the Combined Sections Meeting, Las Vegas, NV
February 2014

Cavanaugh D, Corasaniti C, Hoffman C, **Ross M**, Wagner B (Hoffman)

September 2025

Correlates of cancer-related fatigue in women who have been treated for breast cancer: a systematic review

Poster presentation for the Combined Sections Meeting, Las Vegas, NV

February 2014

Glennon C, Tripp K, Von Bargen K, **Ross M**, Hakim R (Glennon)

Effectiveness of aquatic physical therapy in improving balance in patients with neurological disorders: a systematic review

Poster presentation for the Combined Sections Meeting, Las Vegas, NV

February 2014

Frick J, Lampman M, Martonik M, Prall J, **Ross M** (Ross)

Systematic review of physical therapist interventions for patients with low back pain and associated lumbar radiculopathy

Presented as a poster presentation at the Combined Sections Meeting in Las Vegas, NV

February 2015

Van Wyngaarden JJ, **Ross MD**, Hando BR (Ross)

Abdominal aortic aneurysm in a patient referred to a physical therapist for low back pain: a case report

Platform presentation for the 2013 Pennsylvania Physical Therapy Association Annual Meeting, Seven Springs, PA

October 2013

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Ross)

Physical therapist vs. family practitioner knowledge of simple low back pain management in the U.S. Air Force

Platform presentation for the 2013 Pennsylvania Physical Therapy Association Annual Meeting, Seven Springs, PA

October 2013

Van Wyngaarden JJ, **Ross MD**, Hando BR (Ross)

Abdominal aortic aneurysm in a patient referred to a physical therapist for low back pain: a case report.

Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Cincinnati, OH

October 2013

Rodeghero JR, Denninger TR, **Ross MD** (Ross)

Abdominal pain in physical therapy practice: 3 patient cases.

Poster presentation for Physical Therapy 2013: The Annual Conference and Exposition of the American Physical Therapy Association, Salt Lake City, UT

June 2013

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Ross)

Physical therapist vs. family practitioner knowledge of simple low back pain management in the U.S. Air Force

Poster presentation for the 2013 Northeastern/Central Pennsylvania Interprofessional Education Coalition Meeting, Scranton, PA

May 2013

Ross MD

Assessment of outcomes of care and clinical decision-making in physical therapist practice. Northeastern Pennsylvania Research-in-Progress Faculty Colloquium, Wilkes-Barre, PA

April 2013

Ross MD, Hoppes CW, Fillmore B, Greenlee M, Hill S, Shea B, Childs JD, Hando B (Ross)

Screening for cardiovascular disease risk factors in physical therapist practice

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Platform presentation for the 2013 Combined Sections Meeting, San Diego, CA
January 2013

Koppenhaver SL, Walker MJ, Su J, McGowen J, Weigel L, Harris KD, **Ross MD** (McGowen)
Effect of trigger point dry needling on lumbar multifidus muscle function in patients with low back pain.
Platform presentation for the 2013 Combined Sections Meeting, San Diego, CA
January 2013

Koppenhaver SL, Walker MJ, Smith RW, Booker JM, Walkup ID, Su J, **Ross MD**, Flynn TW
(Koppenhaver)
Baseline examination factors associated with clinical improvement after trigger point dry needling in
patients with low back pain
Poster presentation for the 2013 Combined Sections Meeting, San Diego, CA
Jan 2013

Koppenhaver SL, Walker MJ, Rettig CP, Davis JD, Nelson CJ, Su J, Harris KD, **Ross MD** (Koppenhaver)
Association between a local twitch response during dry needling, clinical improvement, and changes in
lumbar multifidus muscle function in patients with low back pain
Platform presentation for the 2013 Combined Sections Meeting, San Diego, CA
January 2013

Ross MD, Hoppes CW, Fillmore B, Greenlee M, Hill S, Shea B, Childs JD, Hando B (Ross)
Screening for cardiovascular disease risk factors in physical therapist practice
Platform presentation for the 2012 Pennsylvania Physical Therapy Association Annual Meeting
Lancaster, PA
October 2012

Ross MD, Hoppes CW, Fillmore B, Greenlee M, Hill S, Shea B, Childs JD, Hando B (Hoppes)
Screening for cardiovascular disease risk factors in physical therapist practice
Poster presentation for the 2012 Texas Physical Therapy Association Annual Meeting, San Antonio, TX
October 2012

Koppenhaver SL, Walker MJ, Su J, McGowen J, Weigel L, Harris KD, **Ross MD** (Koppenhaver)
Effect of trigger point dry needling on lumbar multifidus muscle function in patients with low back pain.
Poster presentation for the 2012 Texas Physical Therapy Association Annual Meeting, San Antonio, TX
October 2012

Koppenhaver SL, Walker MJ, Rettig CP, Davis JD, Nelson CJ, Su J, Harris KD, **Ross MD** (Koppenhaver)
Association between a local twitch response during dry needling, clinical improvement, and changes in
lumbar multifidus muscle function in patients with low back pain
Poster presentation for the 2012 Texas Physical Therapy Association Annual Meeting, San Antonio, TX
October 2012

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Parsons)
Physical therapist and physician knowledge of low back pain management
Poster presentation for the 2012 Combined Sections Meeting, Chicago, IL
February 2012

Ross MD, Cook C, Isaacs R, Hegedus E (Ross)
Investigation of non-mechanical findings during spinal movement screening for identifying and/or ruling-
out metastatic cancer
Platform presentation for the 2012 Combined Sections Meeting, Chicago, IL
February 2012

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Ross)
Physical therapist and physician knowledge of low back pain management

September 2025

Platform presentation for the Annual Meeting of the Association of Military Surgeons of the United States Meeting, San Antonio, TX
November 2011

Boissonnault WG, **Ross MD** (Ross)

Clinical factors leading to physical therapists referring patients to physicians: a systematic review paper
Platform presentation for the Annual Meeting of the Association of Military Surgeons of the United States Meeting, San Antonio, TX
November 2011

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Middel)

Physical therapist and physician knowledge of low back pain management
Platform presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Anaheim, CA
October 2011

Cook C, **Ross MD**, Isaacs R, Hegedus E (Cook)

Investigation of non-mechanical findings during spinal movement screening for identifying and/or ruling-out metastatic cancer
Platform presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Anaheim, CA
October 2011

Ross MD, Burley TR, Elliott RL (Elliott)

Retropharyngeal and cervical epidural abscess: A case report describing presentation, differential diagnosis and outcome in an elderly man
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Anaheim, CA
October 2011

Mabry LM, **Ross MD**, Martin PA, Tall MA, Elliott RL (Mabry)

Globus sensation: an unusual presentation associated with cervical spondylolisthesis
Poster presentation for the American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Anaheim, CA
October 2011

Ross MD, Childs JD, Middel C, Kujawa J, Brown D, Corrigan M, Parsons N (Brown)

Physical therapist and physician knowledge of low back pain management
Poster presentation for the 2nd Annual Baylor University Graduate School Research Day, San Antonio, TX
September 2011

Boissonnault WG, **Ross MD** (Boissonnault)

Clinical factors leading to physical therapists referring patients to physicians: a systematic review paper.
Platform presentation for the World Confederation for Physical Therapy, Amsterdam, Holland
June 2011

Burley TR, Elliott RL, **Ross MD** (Ross)

Retropharyngeal and cervical epidural abscess: A case report describing presentation, differential diagnosis and outcome in an elderly man
Poster presentation for Physical Therapy 2011: The Annual Conference and Exposition of the American Physical Therapy Association, National Harbor, MD
June 2011

Ross M, Mabry L, Tonarelli J (Ross)

Cancer as a cause of low back pain in an individual referred to physical therapy
Poster presentation for the 2011 Combined Sections Meeting, New Orleans, LA

September 2025

February 2011

Boissonnault WG, **Ross MD** (Boissonnault)

Clinical factors leading to physical therapists referring patients to physicians: a systematic review paper
Platform presentation for the 2011 Combined Sections Meeting, New Orleans, LA

February 2011

Mabry L, **Ross M**, Tonarelli J (Mabry)

Cancer as a cause of low back pain in an individual referred to physical therapy

Poster presentation at the American Academy of Orthopedic Manual Physical Therapists Annual Meeting,
San Antonio, TX

October 2010

Boissonnault WG, **Ross MD** (Boissonnault)

Clinical factors leading to physical therapists referring patients to physicians: a systematic review paper
Platform presentation for the American Academy of Orthopedic Manual Physical Therapists Annual

Meeting, San Antonio, TX

October 2010

Boissonnault WG, **Ross MD** (Ross)

Clinical factors leading to physical therapists referring patients to physicians: a systematic review paper

Poster presentation at the California Physical Therapy Association Annual Meeting, Oakland, CA

October 2010

Ross MD, Lyons CL, Elliott RL (Ross)

Clinical decision making associated with atlantoaxial instability in a patient diagnosed with ankylosing
spondylitis

Poster presentation at the California Physical Therapy Association Annual Meeting, Oakland, CA

October 10

Cotton R, Hoover D, Killian C, **Ross M** (Cotton)

The prediction of functional outcomes in patients with non-surgical shoulder pathology

Poster presentation at the Indiana Physical Therapy Association Annual Meeting, Indianapolis, IN

September 2010

Ross MD, Lyons CL, Elliott RL (Ross)

Clinical decision making associated with atlantoaxial instability in a patient diagnosed with ankylosing
spondylitis

Platform presentation at the American Physical Therapy Association's Combined Section Meeting, San
Diego, CA

February 2010

Elliott RL, Greene KA, **Ross MD** (Elliott)

Acute knee hemarthrosis: A case report describing differential diagnosis and management for a patient
on anticoagulation medication

Poster presentation at the American Physical Therapy Association's Combined Section Meeting, San
Diego, CA

February 2010

Ross MD, Lyons CL, Elliott RL (Ross)

Clinical decision making associated with atlantoaxial instability in a patient diagnosed with ankylosing
spondylitis

Poster presentation for the 2009 American Academy of Orthopedic Manual Physical Therapists Annual
Meeting, Washington, DC

October 2009

September 2025

Ross MD, Cheeks JM, Elliott RL (Elliott)

Undetected odontoid fracture in an older individual referred to physical therapy for the treatment of neck pain following trauma

Accepted for poster presentation at the 2008 American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Seattle, WA

October 2008

Cotton R, Hoover D, Killian C, **Ross M** (Ross)

The prediction of functional outcomes in patients with shoulder pathology

2008 California Physical Therapy Association Annual Meeting, Oakland, CA

September 2008

Ross MD, Cheeks JM (Ross)

Undetected odontoid fracture in an older individual referred to physical therapy for the treatment of neck pain following trauma

2008 California Physical Therapy Association Annual Meeting, Oakland, CA

September 2008

Ross M

Effect of a 15 day pragmatic hamstring stretching program on hamstring flexibility and single hop for distance test performance

American Physical Therapy Association's Combined Section Meeting, Nashville, TN

February 2008

Greene K, **Ross M**, Elliott R (Ross)

A case report describing a patient referred to physical therapy for patellofemoral pain who had an underlying slipped capital femoral epiphysis

American Physical Therapy Association's Combined Section Meeting, Nashville, TN

Feb 2008

Cotton R, Hoover D, Killian C, **Ross M** (Cotton)

The prediction of functional outcomes in patients with non-surgical shoulder pathology

American Physical Therapy Association's Combined Section Meeting, Nashville, TN

February 2008

Ross MD

A case report describing a patient referred to physical therapy for the treatment of neck pain following trauma who had an underlying cervical spine fracture

Physical Therapy 2007: The Annual Conference and Exposition of the American Physical Therapy Association, Denver CO

June 07

Lyons CL, **Ross MD** (Lyons)

Neuromuscular electrical stimulation as an adjunct to traditional lumbar stabilization exercises for patients with lumbar segmental instability: a case series

American Physical Therapy Association's Combined Section Meeting, Boston, MA

February 2007

Ross MD

Diagnosis and treatment of a thoracic vertebral compression fracture in a patient with underlying osteoporosis

2006 California Physical Therapy Association Annual Meeting, San Jose, CA

October 2006

Burley TR, **Ross MD**, Bang MD (Burley)

September 2025

Retropharyngeal and cervical epidural abscess: A case report describing presentation, differential diagnosis and outcome in an elderly man
2006 California Physical Therapy Association Annual Meeting, San Jose, CA
October 2006

Greene KA, **Ross MD**, Elliott RL, Bang MD (Greene)
Progressive cervical myelopathy: A case report describing presentation, differential diagnosis and management for a patient in an inpatient setting
2006 California Physical Therapy Association Annual Meeting, San Jose, CA
October 2006

Ross MD, Elliott RL, Greene KA, Bang MD, Gabbard J (Ross)
Acute knee hemarthrosis: A case report describing differential diagnosis and management for a patient on anticoagulation medication
2006 California Physical Therapy Association Annual Meeting, San Jose, CA
October 2006

Ross MD, Bayer E (Ross)
Cancer as a cause of low back and hip pain in a patient initially seen in a physical therapy setting
American Physical Therapy Association's Combined Section Meeting, San Diego, CA
February 2006

Ross MD
Diagnosis and treatment of a thoracic vertebral compression fracture in a patient with underlying osteoporosis
American Physical Therapy Association's Combined Section Meeting, San Diego, CA
February 2006

Ross MD, Irrgang JJ, Denegar CR, McCloy CM, Powell ET (Ross)
The relationship between participation restrictions and fear-avoidance beliefs following ACL reconstruction
Physical Therapy 2004: The Annual Conference and Exposition of the American Physical Therapy Association Chicago, IL
June 2004

Elliott RL, **Ross MD**, Greene KA, Bang MD (Elliott)
Progressive cervical myelopathy: Three case reports describing differential diagnosis and management
Physical Therapy 2004: The Annual Conference and Exposition of the American Physical Therapy Association Chicago, IL
June 2004

Elliott RL, **Ross MD**, Bang MD (Elliott)
Progressive cervical myelopathy: A case report describing clinical history, differential diagnosis, and management
2003 American Academy of Orthopedic Manual Physical Therapists Annual Meeting, Reno, NV
October 03

Greene KA, **Ross MD**, Bang MD (Greene)
Tarlov cyst as a possible cause of buttock and posterior thigh pain: A case report
2003 California Physical Therapy Association Annual Meeting, Sacramento, CA
October 2003

Ross MD
The relationship between outcome and the number of physical therapy visits in patients with chronic low back pain
2003 California Physical Therapy Association Annual Meeting, Sacramento, CA

September 2025

October 2003

Ross MD, Irrgang JJ, Denegar CR, McCloy CM, Powell ET (Ross)

The relationship between participation restrictions and fear-avoidance beliefs following anterior cruciate ligament reconstruction

2003 California Physical Therapy Association Annual Meeting, Sacramento, CA

October 2003

Elliott RL, **Ross MD**, Bang MD (Elliott)

Progressive cervical myelopathy: A case report describing differential diagnosis and management

2003 California Physical Therapy Association Annual Meeting, Sacramento, CA

October 2003

Ross MD, Maher L (Ross)

Assessing the health status of young adult male subjects following knee surgery

Physical Therapy 2002: The Annual Conference and Exposition of the American Physical Therapy Association, Cincinnati, OH

June 2002

Villard D, **Ross MD** (Villard)

Disability levels of college-aged men with a history of Osgood-Schlatter disease

Annual Meeting for the Tri-Beta National Biological Honor Society, Colorado Chapter

April 2001

Chock K, **Ross M** (Chock)

Isometric hip muscle strength of subjects with residual symptoms following inversion ankle sprain

72nd Meeting of the Colorado-Wyoming Academy of Science

April 2001

Ross MD, Irrgang JJ, Denegar CR, McCloy CM (Ross)

Estimating disability following anterior cruciate ligament reconstruction

2001 American Physical Therapy Association's Combined Section Meeting, San Antonio, TX

Feb 01

Ross MD

Physical therapy and short-term functional outcomes for patients with low back pain

2001 American Physical Therapy Association's Combined Section Meeting, San Antonio, TX

Feb 2001

Maher L, **Ross M** (Maher)

General well-being, physical health, and psychosocial health of young adult male subjects following knee surgery

71st Annual Meeting of the Colorado-Wyoming Academy of Science

April 2000

Hooten S, **Ross M** (Hooten)

Calf girth and performance following knee surgery in young adult male subjects

71st Annual Meeting of the Colorado-Wyoming Academy of Science

April 2000

Ross MD, Dahlke B (Ross)

Lower extremity performance following hamstring injury in male track and field athletes

Physical Therapy 2000: The Annual Conference and Exposition of the American Physical Therapy Association, Indianapolis, IN

June 2000

September 2025

Ross MD, Langford B (Ross)

Test-retest reliability of four lower extremity functional performance tests

Physical Therapy 2000: The Annual Conference and Exposition of the American Physical Therapy Association, Indianapolis, IN

June 2000

Ross MD

Physical therapy and functional outcomes for patients with low back pain

American Physical Therapy Association's Combined Section Meeting, Seattle, WA

February 1999

Ross MD

Reliability of the Apley's range of motion test and dominant and nondominant upper extremity differences

American Physical Therapy Association's Combined Section Meeting, Seattle, WA

February 1999

Ross MD, Segner HA (Ross)

Effects of physical therapy on functional capacities in individuals with low back pain

Physical Therapy Scientific Meeting & Exposition of the American Physical Therapy Association

Orlando, FL

June 1998

Ross M

Test-retest reliability of the lateral step-up test in normal healthy adults

American Physical Therapy Association's Combined Section Meeting, Dallas, TX

February 1997

Ross M, Worrell T (Ross)

Thigh and calf girth following knee injury and surgery

American Physical Therapy Association's Combined Section Meeting, Dallas, TX

February 1997

Ross M

Effect of lower extremity position and stretching on hamstring muscle flexibility

American Physical Therapy Association's Combined Section Meeting, Atlanta, GA

February 1996

Ross M

Effects of electrical stimulation during closed kinetic chain exercise on lower extremity performance and

thigh girth following anterior cruciate ligament reconstruction

American Physical Therapy Association's Combined Section Meeting, Atlanta, GA

February 1996

Funded/In Review Grant Activity: NA

Current/Active Research Activity:

Downs J, Green T, Jansen B, Kraus R, Prescod J, Ross M

Physical Therapist Knowledge in Diagnostic Imaging for the Cervical Spine Following Trauma

Keith T, Pfeifenberger L, Gehm K, DiRose L, Chimenti C, Bartlo P, Seils M, Ross M

Risk for Hospitalization in Patients with a Cardiovascular Diagnosis in a Home Health Care Setting

Keith T, Pfeifenberger L, Gehm K, DiRose L, Chimenti C, Bartlo P, Seils M, Ross M

Utilization of Physical Therapy for Patients with Cardiovascular Diagnoses in a Home Health Care Setting

September 2025

Membership in Scientific/Professional Organizations:

Member, American Academy of Orthopedic Manual Physical Therapists
2018 – Present

Member, Association of Military Surgeons of the United States - Society of Federal Health Professionals
2017 – Present

Member, American Physical Therapy Association
1991 – Present

Consultative and Advisory Positions Held:

Delegate
New York State Physical Therapy Association
2024 - Present

Associate Editor
Journal of Clinical Electrophysiology and Wound Management
2022 - Present

Member
Academy of Orthopaedic Physical Therapy Awards Committee
2019 – 2024

Member
New York State Physical Therapy Association's Research Committee
2015 – 2019

Associate Editor
Journal of Orthopaedic and Sports Physical Therapy
2008 – 2015

Medical Malpractice Expert Reviewer
U.S. Air Force Surgeon General
2002 – 2010

Community Service:

Pro bono Physical Therapist
Daemen College Faculty Practice
2014 – Present

Reviewer
International Federation of Orthopaedic Manipulative Physical Therapist's Symposia and Abstracts
2015

Member
Research Committee, American Academy of Orthopedic Manual Physical Therapists
2009 – Present

Member
Abstract Review Committee for Combined Sections Meeting
2009 – Present

Services to the University/College/School on Committees/Councils/Commissions:

September 2025

Member, Board of Trustees (faculty representative), Daemen University
2024 - Present

Search Committee Member, Director, Kennedy Institute for Mobility Innovation & Technology
2024 - Present

Member, Board, Kennedy Institute for Mobility Innovation & Technology
2024 - Present

Search Committee Member, Daemen University College of Health Profession's Founding Dean
2022

Member of Educational Policy Committee, Daemen University
2022 – 2024

Member of the Institute for Mobility Innovation & Technology Planning Committee, Daemen University
2020 – Present

Member of Center for Interprofessional Learning and Simulation Planning Committee, Daemen University
2020 – Present

Co-Chair of Faculty Review Committee, Daemen University
2020 – 2022

Member of Faculty Senate, Daemen University
2019 – 2021

Member of Human Subjects Research Review Committee, Daemen University
2018 – Present

Co-Chair of Department Faculty Search Committee, Daemen College Physical Therapy Department
2018 – 2021

Member of Educational Policy Committee, Daemen College
2016 – 2019

Member of the Academic Festival Committee, Daemen College
2016

Member of Faculty Subcommittee on Academic Organizational Structure, Daemen College
2015

Member of Department Faculty Search Committee, Daemen College Physical Therapy Department
Spring 2015, 2016

Honors and Awards:

Recipient of Academy of Orthopaedic Physical Therapy Imaging Special Interest Group's Scholarship Award
February 2024

Recipient of the International Journal of Sports Physical Therapy Achievement of Distinction and Outstanding Case Report Manuscript
February 2015

September 2025

Recipient of Best Research Report Award for the 2013 Pennsylvania Physical Therapy Association
October 2013

Recipient of Best Case Report Award for the 2013 Pennsylvania Physical Therapy Association Annual Meeting
October 2013

Recipient of Best Research Report Award for the 2012 Pennsylvania Physical Therapy Association
October 2012

COL David G. Greathouse Excellence in Research Award, US Army-Baylor University Doctoral Program
in Physical Therapy
2012

Texas Physical Therapy Association's Outstanding Physical Therapy Assistant Faculty Award
2010

Recipient of Daemen College's Distinguished Alumni Award (Advancement in Career Award)
2009

Recipient of California Physical Therapy Association's Clinician Non-Research Publication Award
2008

Col Gary Wasem US Air Force Physical Therapy Element of the Year
2005

Recipient of Outstanding Research Poster Presentation Award for the California Physical Therapy
Association Annual Meeting
2003

Outstanding U.S. Air Force Academy Educator in Biology Award
2001

U.S. Air Force Academy Department of Biology Research Excellence Award
2000

Faculty Advisor of Recipient of Outstanding Undergraduate Paper and Presentation Award for the 71st
Annual Meeting of the Colorado-Wyoming Academy of Science
2000

US Air Force Company Grade Officer Physical Therapist of the Year
1994

Continuing Education Attended:

New York State Physical Therapy Association's Annual Meeting, June 2025

American Physical Therapy Association's Combined Section Meeting, February 2025

- Turning Care for Hip-Related Pain on Its Head: A Comprehensive, Psychologically Informed Patient-Centered Approach
- Differential Diagnosis of Patients with Extremity Pain, Paresthesia, and/or Weakness: Systemic Disease, Aging, or Both?
- Beyond the Usual Suspects: Emerging Topics in Extra-Articular Hip and Pelvic Region Pain in Athletes
- Empowering Home Care PTs: A Framework for Leveraging Standardized Measures to Drive Interventions and Outcomes
- Total Joint Surgery and Discharge the Same Day: Houston, Do We Have a Problem?

September 2025

- Backbone of Excellence: Crafting the Framework of Hospital Based Spine Programs, Optimizing Value and Research
- How PT and Public Health Can Collaborate to Optimize Outcomes for People with Hip/Knee Osteoarthritis
- Navigating the Publishing Process: Tips and Strategies for Successful Manuscript Preparation
- Answering a Call to Action: Improving Clinical Practice Guideline Implementation and Low Back Pain Management

Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2024

American Academy of Orthopedic Manual Physical Therapists Annual Meeting, October 2024

- Managing Knee OA – Can we do better?
- Rotator Cuff Related Shoulder Pain (#RCRSP): What Does Holistic Care Look Like?
- Roger Chou Distinguished Lecturer Presentation
- Red Flags & Shoulder Pain - An Updated Clinical Reasoning Model to Guide Action
- Making it Stick: Preparing Educators to Teach Manual Therapy
- Clinical Correlates: Manual Assessment and Imaging of the Spine
- "Let's Get It On" With the Principles of Pleasure and Management for the OMPT
- Patient Expectations and Treatment Outcomes: Why You Should Care
- Defining Contemporary Orthopaedic Manual Physical Therapy: A Panel Discussion
- Cervical Manipulations: Technique Mastery and Clinical Application (Part 1)
- Differential Diagnosis and Screening for Medical Referral: The "Do Not Want to Miss List" of Serious Medical Conditions"

American Physical Therapy Association's Combined Section Meeting, February 2024

- Home Health Physical Therapist Practice: Current Trends and What's on the Horizon
- Screening for Medical Referral: The 'Do Not Want to Miss' List of Serious Medical Conditions
- Improving Gluteal Muscle Performance: It's Not As Easy As It Seems
- Physical Therapists As Early-Contact Pain Care Providers: Implementation of Care Pathways in the U.S.
- Not Just an Adjunct! Training and Using Part-Time Faculty Members in Entry-Level DPT Education
- Clinical Utility of Ultrasound Imaging in Lower Extremity Pathology
- Imaging Masterclass: Case-Based Learning Experiences With Physical Therapist Imaging Experts
- Primary Care Physical Therapy: A Proven Model of Care Within the Veterans Health Administration
- Exercise to Manage Chronic Pain: Translating Evidence to Individualized Exercise Programs

Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2023

American Physical Therapy Association's Combined Section Meeting, February 2023

- A Blueprint for Teaching and Learning Clinical Reasoning: Implementation From the Classroom to the Clinic
- Addressing Health Literacy in Physical Therapy Education: Developing Competence in Current and Future Physical Therapists
- Hip Dysplasia: It's Not Just a Shallow Socket
- Musculoskeletal Ultrasound and EDX in the Differential Evaluation of Cervical Spine and Shoulder Pathology
- Spotlight on Research: What to Measure and Treat in the Lumbar Spine
- "Do We Know Our Own Strength? A Panel Discussion of Exercise Dosing in Physical Therapy?"
- Assessing Psychosocial Risk with the Yellow Flag Risk Form
- Thinking Outside the Hip: A Look at Greater Trochanteric Pain Syndrome

Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2022

American Physical Therapy Association's Combined Section Meeting, February 2022

September 2025

Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2021
American Academy of Orthopedic Manual Physical Therapists Annual Meeting, virtual, October 2021
American Physical Therapy Association's Combined Section Meeting, virtual, February 2021
Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2020
American Academy of Orthopedic Manual Physical Therapists Annual Meeting, virtual, October 2020
American Physical Therapy Association's Combined Section Meeting, Denver, CO, February 2020
Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2019
Pain Neuroscience Education: An Anecdotal & Evidence Based Clinical Approach, Buffalo, NY, September 2019
American Physical Therapy Association's Combined Section Meeting, Washington, DC, January 2019
Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2018
An Update on TMJ Dysfunction, Buffalo, NY, November 2018
Pharmacology for Physical Therapists, Buffalo, NY, October 2018
American Physical Therapy Association's Combined Section Meeting, New Orleans, LA, February 2018
Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2017
New York Physical Therapy Association Annual Meeting, Albany, NY, October 2017
Cardiac Health: Plant-Based Nutrition For The Prevention and Reversal of Cardiac Disease, Buffalo, NY, March 2017
Neuroplasticity: Retraining the Brain from Stroke to Concussion & Beyond, Buffalo, NY, March 2017
The Link Between the Physical Therapist and the Registered Dietician, Buffalo, NY, March 2017
American Physical Therapy Association's Combined Section Meeting, San Antonio, TX, February 2017
Evidence-Based Practice Clinical Symposium, Buffalo, NY, December 2016
An Update on Concussion, Buffalo, NY, March 2016
Fall Prevention Update, Buffalo, NY, November 2015

Teaching Responsibilities in the Entry-Level Program since 2014:

Pre-Professional Phase

- PT 101 Freshman Seminar in Physical Therapy
- PT 201 Sophomore Seminar in Physical Therapy
- PT 312 Principles of Teaching and Learning

First Year Professional Phase, fall semester

- PT 514/L Musculoskeletal Rehabilitation I
- PT 517 Clinical Medicine I
- PT 551 Integrative Seminar in Physical Therapy (Course Coordinator 2016 to 2020)

First Year Professional Phase, spring semester

- PT 515/L Musculoskeletal Rehabilitation II
- PT 517 Clinical Medicine II
- PY 518 Differential Diagnosis and Medical Screening (Course Coordinator 2023 to present)
- PT 551 Integrative Seminar in Physical Therapy

First Year Professional Phase, summer semester

- PT 577 Clinical Internship I

September 2025

Second Year Professional Phase, fall semester

PT 516 Clinical Problem Solving in Musculoskeletal Rehabilitation (Course Coordinator 2015 to 2022)

PT 553 Introduction to Clinical Research Design

Second Year Professional Phase, spring semester

PT 554 Clinical Research I

Third Year Professional Phase, fall semester

PT 549 Clinical Medicine III

PT 555 Clinical Research II

PT 567 Clinical Exposure V (Course Coordinator 2019 to 2022)

PT 651 Integrative Seminar in Physical Therapy V

Third Year Professional Phase, spring semester

PT 680 Clinical Internship III

PT 690 Clinical Internship IV