

Art and Human Expression

“O brave new world, That has such people in’t,” marvels Shakespeare. Although some may question why people need the arts and humanities, many of us enjoy plays and films, go to museums, paint or draw, read books, and write poetry. These creative works take us into imagined worlds that help us to understand how others think and live—and understanding others helps us to become more compassionate and more able to deal with both personal and historic issues. How do we make sense of relationships, of love and suffering, of political and social conflict? How do we view ourselves, compared to those who have come before us and those who will follow us? Art, poetry, drama, philosophy—courses in this discovery will open you to the importance of human creativity as a reflection of our world and help you form your own response.

CMP-202 Writing Theory & Practice (WIN 2)

CMP-317 Feature Journalism (WIN 2)

IND-275 History of Art: Ancient-Medieval

IND-285 History of Art: Renaissance-Modern (WIN 2)

IND-328 Image of Women in Art and the Media

LIT-201 World Literature I

LIT-202 World Literature II-Myths and Modern Tales

LIT-212 Readings in American Literature II

LIT-219 Literature and Film

LIT-309 Film Seminar - "Women in Film" topic

LIT-318 English Drama

LIT-324 Jane Austen

LIT-340 Dickens & Victorian Culture (WIN 2)

PHI-216 Ethics

PHI-314 Philosophy of Art

PSC-321 Politics and Popular Culture in America (WIN 2)

REL-322 The Gospels (WIN 2)

THA-232 Shakespeare in Performance

Bodies, Mind and Health

In recent years, healthcare professionals have begun to rethink how we understand health and wellness. Instead of only focusing on the current physiological state of the body, professional organizations and individual practitioners now recognize that psychological, emotional, and sociocultural factors play an equally important role in someone's well-being. This discovery emphasizes how individuals psychologically process cultural definitions of health and philosophically evaluate ethical aspects of healthcare. Since each of these approaches depends on evidence-based scientific research, you will also explore how we analyze data about healthcare, both as a society and as individuals.

CMP-302 Technical Writing (WIN 2)

HPR-229 Integrative Stress Management

HPR-313 Principles of Health Behavior Change

HPR-320 Community Health Education & Disease Prevention

HSC-233 Herbs, Drugs, Supplements, and the Body

LIT-329 Imagining Trauma

LIT-336 Dystopian Literature

PHI-320 Philosophy of Medicine

PHI-321 Medical Ethics

PSY-219 Psychology of Mental Illness

PSY-231 Behavior Disorders of Childhood & Adolescence

PSY-232 Experimental Animal Behavior

PSY-301 Psychology of Human Sexuality and Sexual Health

PSY-306 Forensic Psychology (*online*)

PSY-308 Health Psychology

PSY-314 Biological Bases of Behavior

PSY-380 Drugs and Behavior

Cooperation, Conflict and Change

How do societies navigate struggle, collaboration, and transformation? Throughout history, individuals and institutions have faced challenges ranging from political upheaval and war to environmental crises and public health threats. Some conflicts lead to destruction, while others spark innovation, cooperation, and reform. This discovery examines how power is gained and contested, how social movements emerge, and how people and nations work toward—or resist—change. Drawing from history, political science, literature, journalism, philosophy, and public health, these courses explore the forces that shape our world and the strategies that create a more just and sustainable future.

CMP-212 News Writing (WIN 2)

CMP-217 Rhetoric: Argument and Persuasion (WIN 2)

CMP-317 Feature Journalism (WIN 2)

ECO-213 Economics of Inequality (WIN 2)

HPR-308 Environmental Health

HPR-320 Community Health Education and Disease Prevention

HPR-335 Critical Issues in Global Health

HST-206 Communism, Fascism & Democracy

HST-220 American History to 1877

HST-221 America History 1877 to Present

HST-324 Issues in Global Environmental History

HST-326 Culture Wars: Social & Political Conflict in Recent US History

LIT-203 Crown, Sword, & Empire: British Lit to 1800 (WIN 2)

LIT-204 British Literature II: Empire Writes Back

LIT-212 Readings in American Literature II

LIT-316 Empire & the Imagination

LIT-318 English Drama

LIT-336 Dystopian Literature

LIT-340 Dickens & Victorian Culture (WIN 2)

LNG-307 The English Language: Structure, Power, & Change

LNG-309 Language in Society

PHI-310 Environmental Ethics

PHI/REL-211 African American Thought (WIN2 as of Fa'25)

PHI/REL-309 The Holocaust

PHI/REL-328 Comparative Genocide (WIN2 starting Fa'25)

PSC-214 Introduction to Refugee Studies

PSC-216 Politics of (Mis)Representation

PSC-220 Contemporary International Issues (online)

PSC-222 Polling and Public Opinion: Following the Will of the People?

PSC-224 Influencing Politics: American Voter in Campaigns & Elections

PSC-231 International Organizations/Global Government

PSC-305 American Constitutional Law

PSC-313 Watchdogs vs. Lapdogs: Politics & Media (WIN 2)

PSY-210 Social Psychology

PSY-318 Heroes, Healers, and DoGooders: The Psychology of Helping and Altruism

SOC-209 Social Problems

SOC-243 Child Welfare Policy and Services

SUST-326 Green Buildings

SUST-338/IND-338 Food and Agriculture Issues

Diversity and Human Difference

How do identity and power shape the human experience? Across history and cultures, differences in gender, race, ethnicity, sexuality, class, and religion have influenced social structures, personal identities, and justice movements. This discovery explores the ways individuals and communities navigate inclusion, exclusion, and transformation. You will examine cultural narratives, systemic inequalities, and efforts to build a more just and equitable world. By analyzing diverse perspectives, you will develop a deeper understanding of how human differences intersect and evolve, gaining insights into the challenges and possibilities of living in a diverse society..

HPR-338 Social Determinants of Health

HSC-221 Issues in Women's Health

HST-215/WST-215 Introduction to Women's Studies

HST-220 American History to 1877

HST-221 America History 1877 to Present

HST-309/WST-309 Intro to the History of American Women

HST-324 Issues in Global Environmental History

HST-326 Culture Wars: Social and Political Conflict in Recent US History

IND-328 Image of Women in Art and the Media

LIT-201 World Literature I

LIT-202 World Literature II-Myths and Modern Tales

LIT-204 British Literature II: Empire Writes Back

LIT-212 Readings in American Literature II

LIT-309 Film Seminar - "Women in Film" topic

LIT-316 Empire & the Imagination

LIT-324 Jane Austen

LIT-329 Imagining Trauma

LNG-307 The English Language: Structure, Power, & Change

PHI-321 Medical Ethics

PHI/REL-211 African American Thought (WIN2 as of Fa'25)

PHI/REL/WST-336 Sex, Love and God (WIN 2)

PSC-214 Introduction to Refugee Studies

PSC-216 Politics of (Mis)Representation

PSC-223 Political and Civil Rights in the United States

PSY-301 Psychology of Human Sexuality and Sexual Health

PSY-391 Psychology and Culture

SOC-224 Ethnicity, Race, and Cultural Diversity

SOC-303 Sociology of Family (WIN 2)

BOLD* Courses to be offered in Spring 2026

