

Employee Benefits Contacts



- **Univera (Medical):** 1-800-499-1275 or www.univerahealthcare.com
 - PHCS/MultiPlan: contact Patricia Brooker, your dedicated Univera Network Navigator directly at patricia.brooker@univerahealthcare.com or 716-857-6308



- **Dental (Guardian):** 1-888-600-1600 or www.Guardianlife.com
 - Call the Guardian Helpline (888) 600-1600, weekdays, 8:00 AM to 8:30 PM, EST. Refer to your member ID (social security number) and your plan number: 00324707
- **Vision (Guardian):** 1-888-600-1600 or www.Guardianlife.com
- **Life Insurance (Guardian):** 1-888-600-1600 or www.Guardianlife.com
- **Employee Assistance Program (Guardian):** www.worklife.uprisehealth.com
 - To access the WorkLifeMatters Employee Assistance Program, you'll need a few personal details.
 - Access Code: **worklife**
 - For more information or support, you can reach out by phoning 1-800-386-7055. The team is available 24/7.



- Lakeshore Savings (HSA): (716) 898-2101 or www.lakeshoresavings.com



- Proflex (FSA/DCA): 716-633-2073 or www.proflextpa.com



- TIAA – 403B Retirement: 800-842-2252 or www.tiaa.org



- Medicare Questions: contact April Romanowski, Benefits Consultant Individual and Senior Health with Lawley. 716-572-6397 or Aromanowski@lawleyinsurance.com