

## **CURRICULUM VITAE**

Jennifer A. Bogulski, PT, DPT, OCS  
4380 Main St. Box 93  
Amherst, NY 14226  
716-839-8411  
Department of Physical Therapy  
Daemen College

### **Education:**

Daemen College  
Amherst, NY  
May 2005  
Doctor of Physical Therapy

Daemen College  
Amherst, NY  
May 2004  
Bachelors of Science in Natural Science

### **Licensure Information/Registration Number:**

New York  
License: 027452-1

### **Advanced Certification**

American Physical Therapy Association 2014  
Board Certified Specialist in Orthopedic Physical Therapy

### **Employment and Positions Held:**

Clinical Assistant Professor, Non-Tenure Track 9/2011-present  
Daemen College, Amherst, NY

Self Employed – Pro-bono 6/2014-present  
Physical Therapist  
Amherst, NY

Buffalo Rehab Group, PT, PC 6/2005 – 5/2014  
Physical Therapist  
Hamburg, NY

Bogulski, J. January 2021

### **Funded/In Review Grant Activity**

Bogulski J, Favaro L.

“The Effect of Whole Body Vibration on Passive Knee Extension and Passive Hip Flexion Range of Motion.”

Equipment funding: \$3500, December 2014

Daemen College Think Tank, internal

### **Current/Active Research Activity**

Bogulski J, Favaro L.

“Effect of Whole Body Vibration on Lower Extremity Range of Motion, Force Output and Function.”

Non-funded

### **Publications**

Lambert, M., Cheng, S., Bogulski, J. (2021). The Use of a Direction Tolerance System for Patients with Low Back Pain: Intra-Rater Reliability and Outcome. *Orthopaedic Physical Therapy Practice*, 33(1), 12-18.

Geraci, M., Lambert, M. Bogulski, J. Neuromobilization Techniques – Evaluation and Treatment of Adverse Neurodynamic Tension. In: Craig Liebenson, ed. *Rehabilitation of the Spine A Practitioner’s Manual*, 3<sup>rd</sup> Edition. Location: Lippincott Williams & Wilkins: Chapter 22, p. 581–597.

Bogulski, J., Gonser, S., Bush, D., Bugner, R., Clark, L., Farrell, L., Swanson, K., & Ross, M. D. (2017). The RunSmart training program: effect on oxygen consumption and lower extremity biomechanics during running. *Journal of exercise rehabilitation*, 13(4), 446–453. <https://doi.org/10.12965/jer.1734994.497>

### **Peer Reviewed Scientific and Professional Presentations (those not previously cited above under abstracts):**

Kelly, C. Bogulski, J., Kashino, C. Effect of a Six Week Licensure Preparation Course The American Physical Therapy Association Educational Leadership Conference, Virtual October, 2020.

*Nominated for the Physical Therapy Leader and Innovator Award*

Kelly, C., Bogulski, J., Dailey, S., Sivak, B. The Effect of Whole Body Vibration and Exercise on Balance and Function in a Patient with Charcot Marie Tooth American Physical Therapy Association Combined Sections Meeting, Virtual February, 2020.

Favaro, L., Bogulski, J., Bard, J., Fitzpatrick, M., Hines, K., Kerr, A., Morganstern, M., Pestle, T., Seifert, K., Styn, T. The Immediate Effects of Whole Body Vibration and Static Stretching on Range of Motion, Force Output and Functional Hop in Individuals with Hamstring Injury. New York State Physical Therapy Conference, Saratoga, NY October 2019.

### ***Robert Salant Research Award Recipient***

Bogulski, J., Favaro, L. The Immediate Effects of Whole Body Vibration and Static Stretching on Active Knee Extension Range of Motion. New York State Physical Therapy Conference, Troy, NY October 18-19, 2017.

### **Non-Peer Reviewed Presentations**

Bogulski, J.A. APTA Documentation Guidelines: A Review for Improved Compliance. Daemen College, Clinician Dinner Presentation. 11/2011

Bogulski, J.A. Women's Health Lectures, Daemen College, 10 hours, 2005-2010

### **Membership in Scientific/Professional Organizations:**

Member American Physical Therapy Association	2002-2007, 2011-present
Orthopedics Section	2011-present
Pelvic Health Section	2011-present
Education Section	2013-present
Aquatics Section	2015-present
Research Section	2014-2019

### **Service to the College**

#### College Committees

Enrollment Management Committee	2018-present
Graduate Academic Standards	2016-present
Retention Committee	2012-2016
Middle States Committee	2014-2016
Alumni Committee	2015-2016
CETL Advisory Board	2014-2017

#### PT Department Committees

Co-author/editor of PT Informer publication	2011-2017
Comprehensive Exam Committee	2011-2017
Faculty Advisor SPTA Social Committee	2012-present

### **Community Service**

Board Member of Child and Adolescent Treatment Services (CATS) 09/2011 -2017

Feed My Starving Children Food Pack Event 2011

**Continuing Education:**

Combined Sections Meeting, Virtual	February 2021
ELC Conference Virtual	October 2020
New York State Physical Therapy Conference, Saratoga, NY	October 2019
New York State Physical Therapy Conference, Saratoga, NY	October 2017
Combined Sections Meeting 2016, Anaheim, CA	February 2016
Demystifying the Writing for Publication Process	
Continence, Pelvic Organ Support, Breathing, and Lumbopelvic Control	
Low Back pain and Pelvic Floor Disorders: Neural Mechanisms of Muscle Synergies	
Ask-a-Librarian: Smarter Searching in 2 Hours or Less	
Is a Perfect PERFECT... Perfect	
Aquatics for the Patient with Lymphedema	
What You Need to Know About Urogyn Surgeries: An Update on FPMRS Outcomes and Complications	
What Does Movement Have to Do With Urinary Urgency	
Self Study Workshop, Anaheim, CA	February 2016
The Shoulder Clinic: Hands-On Manual Therapy for the Shoulder	February 2015
Education and Intervention for Musculoskeletal Injuries: A Biomechanics Approach.	August 2012
Chronic Pelvic Pain: Home Study Module.	July 2012
Current Concepts of Orthopedic Physical Therapy, 3 <sup>rd</sup> Edition.	June 2012
Using the APTA Physical Therapist Clinical Performance EDUCATION Instrument for Students: A Self-Guided Training Course Buffalo	December 2010
Manual Therapy and Manipulation: If It Works, Why Isn't Everyone Doing It? Buffalo, NY	11/2010
The Private Payer Audit: What to Expect and How to Minimize Risk	10/2010
Classification Systems, Regional Interdependence and Functional Exercise in Patients with LBP. Buffalo, NY	4/2010
Clinical Application of Neurodynamics: L2: Lower Quarter NeuroOrthopedic Institute, Buffalo, NY	5/2008

ISPI: Management of the Whiplash Patient	11/2007
IAOM: Differential Diagnosis & Manual Therapy of the Spine	3/2007
The McKenzie Institute: Part A The Lumbar Spine Syracuse, NY	5/2006
Principles of Fitness Training Buffalo, NY	3/2006
The Center for Women's Fitness: Prenatal & Postpartum Fitness Certification, Buffalo, NY	9/2005

**Current Teaching Responsibilities in the Entry-Level Physical Therapy Program**

First Year Professional Phase, fall semester

PT 514/L Musculoskeletal Rehabilitation I

PT 517 Clinical Medicine I

PT 551 Integrative Seminar in Physical Therapy I

First Year Professional Phase, spring semester

PT 515/L Musculoskeletal Rehabilitation II

PT 517 Clinical Medicine II

PT 551 Integrative Seminar in Physical Therapy II

Second Year Professional Phase, fall semester

PT 553 Clinical Research

Second Year Professional Phase, spring semester

PT 554 Clinical Research I

Third Year Professional Phase, fall semester

PT 555 Clinical Research II

PT 612 Health Promotion, Fitness and Wellness