# CAREER ACTION PLAN (iCAP)

#### FIRST YEAR GOALS



- Meet your Career Advisor to:
  - Create or review your S.M.A.R.T.S. Affirmation, goal-setting statement
  - Explore interests, majors, and related career paths
  - o Discuss major specific resources available to you
  - Transition from high school to college resume
  - Activate your WildcatWorks account by logging into your account, and creating your profile

## SECOND YEAR GOALS



- Complete CFE 97: Career Preparation Seminar (pre-requisite to complete an internship through Career Services)
- Take on a leadership role (RA/OL, Tour Guide, SAA, etc.)
- Update your WildcatWorks profile

## THIRD YEAR GOALS



- Identify and participate in an internship opportunity in your field
- Attend a Career Services professional development or networking event
- □ Update your resume
- Update your WildcatWorks profile and make available for employers
- □ Complete a mock interview with your Career Advisor
- Develop a graduate school or job search and application strategy

## FOURTH YEAR GOALS



- Identify and participate in an internship opportunity in your field
- Attend an Career Services professional development or networking event
- Add relevant experiences to your resume and WildcatWorks profile
- □ Create a LinkedIn profile to connect with professionals and peers
- □ Meet with your Career Advisor to review professional documents
- Complete a mock interview with your Career Advisor
- Implement your graduate school or job search and application strategy

## FIFTH/SIXTH YEAR GOALS



- □ Wrap up required internship/practicum or clinical experiences
- □ Add relevant experiences to your resume and WildcatWorks profile
- □ Attend a Career Services professional development or networking event
- Meet with your Career Advisor to review your professional documents
- Complete a mock interview with your Career Advisor
- □ Implement your graduate school or job search and application strategy