

## CURRICULUM VITAE

# Rebecca Romano Besch, MS, ATC, CSCS, PES

Daemen College  
Athletic Training & Health Promotion Departments  
4380 Main Street  
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### Education:

- 1997 – 1998      California University of Pennsylvania - California, PA  
Master of Science degree in Athletic Training (with Honors)  
Thesis: *Pennsylvania Public High School Superintendents’  
Perceptions of the Role of Certified Athletic Trainers*
- 1993 – 1997      Canisius College - Buffalo, NY  
Bachelor of Science degree in Athletic Training with a minor  
concentration in Physical Education (Summa Cum Laude)

### Certifications/Registration:

NATABOC Certified Athletic Trainer (#059702476)  
NYS Certified Athletic Trainer (#000857-1)  
NPI #1275852022  
NSCA Certified Strength & Conditioning Specialist (#201175045)  
NASM Performance Enhancement Specialist (#1349067)  
ARC CPR/AED for the Professional Rescuer certified  
ARC & ECSI CPR/AED & FA (community and professional)  
Instructor certified  
Collaborative Institutional Training Initiative – CITI (2017)  
ACSM Heads Up to Clinicians training (2017)

### Professional Experience:

- 2012 – Present      **Clinical Assistant Professor**, Athletic Training & Health Promotion  
Departments - Daemen College, Amherst, NY  
CAATE accredited Entry Level Masters Athletic Training Program  
Current teaching responsibilities:

HCS 200 – CPR & Emergency Health Care  
HCS 317 & Lab – Principles of Human Motion  
HCS 332 & Lab – Strength & Conditioning  
HCS 340 & Lab – Musculoskeletal Fitness Assessment  
ATH 511 & Lab - Pathology and Clinical Exam II  
ATH 522 – General Medical Conditions  
ATH 524 – Sports Nutrition

Student academic advisement  
Athletic Training Alumni Coordinator  
Athletic Training Newsletter editor  
Coordinator of two service projects for the Athletic Training department yearly  
2013 – 2014 also taught HCS 105 – Introduction to Weight Training

2006 - 2012

**Adjunct Faculty**, Health Care Studies Department –  
Daemen College, Amherst, NY

Courses taught:

HCS 303 – Biomechanics  
HCS 317 & Lab – Principles of Human Motion  
HCS 332 & Lab – Strength & Conditioning  
HCS 340 & Lab – Musculoskeletal Fitness Assessment

Athletic Training Education Program consultant (2011)

2003 – 2015

**Per Diem Athletic Trainer**, Kenmore Mercy Hospital Athleticare –  
Kenmore, NY

High school and college event Athletic Training coverage  
CPR/AED & FA instructor to coaches and physical therapists

2000 – 2003

**Head Athletic Trainer**, Orchard Lake St. Mary's Preparatory -  
Orchard Lake, MI

Responsible for the overall operation of athletic training activities including event coverage, documentation, and purchasing

2000 – 2002

**Part-time Athletic Trainer**, St. Mary's College –  
Orchard Lake, MI

Host AT for 2002 USCAA Division I Men's Basketball National Tournament

1998 – 1999

**Athletic Trainer**, Physical Therapy of Birmingham –  
Birmingham, MI

Involved in the rehabilitation of injuries to physically active people

1997 – 1998                      **Graduate Assistant Athletic Trainer**, California University of PA –  
California, PA  
Athletic Trainer responsible for six intercollegiate sports  
Supervision & instruction of undergraduate athletic training  
students

**Professional Memberships:**

National Athletic Trainers’ Association (#952567)  
Eastern Athletic Trainers’ Association  
New York State Athletic Trainers’ Association  
National Strength & Conditioning Association (#11-06-10-031)

**Service to Daemen College:**

2014 – 2017	Faculty advisor for student research poster presentations at Academic Festival
2012 – Present	Promotion of AT and HCS departments at various enrollment events such as AT information night, Open House, Major’s Fair, and Summer Orientation
2012 – Present	Academic Advisor in the Departments of HPR and AT
2012 – Present	Member of BS/MS and DE Interview Committee
2012 - Present	Developed and maintained CSCS review blackboard site
2017- Present	Member of Student Life Committee
2017	Member of AT Clinical Education Coordinator Search Committee
2013 – Present	AT Alumni Coordinator
2013 – Present	Member of Wellness Committee (each year volunteer at the Employee Wellness table during the Wellness Fair)
2013 – Present	Member of AED Response Team
2015 - 2016	Member of Tobacco Free Task Force
2013 - 2015	Interviewer for Scholar’s Day
2015	Member of HCS Faculty Search Committee
2014	Coordinated the HCS Health & Fitness Training Professionals Panel
2014	Volunteer for front lawn labyrinth construction
2012, 2013, 2016	Mock interviewer for Athletic Training students as part of ATH 525
2013 - present	Created and maintained bulletin boards for Athletic Training (& formerly Health Care Studies) Departments
2013, 2015, 2016	Taught CPR/AED to prospective students as part of AT Camp
2013	Represented AT & HCS at WNY Health Expo
2012	Served on the HCS Health & Fitness Training Professionals Panel
2011	Approved Clinical Instructor, Daemen College

## Service to the Community:

2014 - 2017	Participated as a volunteer in “I Love My NYS Park Day” and coordinated the MSAT student effort
2014 - 2017	Participated as a volunteer in Amherst State Parks to clean and maintain outside spaces and coordinated the MSAT student effort
2017	Helped cut materials for the Daemen Uganda Menstrual Pad Project
2016	Advocated on Capitol Hill for passage of the childhood cancer legislation, The STAR Act
2016	Helped clean Rails to Trails path in Tonawanda
2015, 2016	Guest speaker at Mt. St. Mary Academy, invited to a senior Health Professions class to speak about a career in Athletic Training
2016	Speed Mentoring at The Park School
2013	Awarded a Park School Faculty Grant to train and certify 60 Park faculty & staff in community CPR/AED
2013	Helped to organize a Veteran’s Day benefit concert to support <i>Soldier’s Angels &amp; Lone Survivor Foundation</i>
2011, 2012	Co-coordinated The Park School of Buffalo’s annual “Adopt-a-Family” holiday gift drive
2012 – present	Volunteered at various school events at The Park School of Buffalo

## Awards and Honors:

2013	Ten Year Anniversary of Service – Catholic Health
2012	Outstanding Attendance Award – Kenmore Mercy Hospital
2003	St. Mary’s Preparatory Dedication & Service Award
2001	St. Mary’s College Dedication Award for Men’s Basketball
1998	California University of PA Presidential Scholar
1997	NYSATA Scholarship
1997	EATA Scholarship
1997	NATA Scholarship
1997	WNY Surgical Supply Award for Excellence in Athletic Training
1995 – 1997	Hearst Earning Excellence Award academic grant
1996	Canisius College Head Student Athletic Trainer
1993 – 1997	Canisius College Dean’s Academic Scholarship

## **Recent Attendance at Professional Development Events:**

2018	Eastern Athletic Trainers Association Annual Meeting & Symposium
2012-2018	Annual Daemen Learning & Teaching Symposium
2016	National Athletic Trainers' Association Annual Meeting & Symposia
2016	Buffalo State College Strength & Conditioning Conference
2015	Athletic Training Educators' Conference
2014	Juniata College Strength & Conditioning Clinic
2013	Eastern Athletic Trainers Association Annual Meeting & Symposium
2013	Athletic Trainers Educators' Conference
2013	National Athletic Trainers' Association Annual Meeting & Symposia
2012 – Present	In-services at Daemen College on a wide variety of topics