

# DAEMEN COLLEGE

Health and Insurance Services

January 29, 2020

To: Students, Faculty and Staff

From: Ashley Frazier, Coordinator for Health & Wellness Education

Subject: Campus Health & Wellness Update

Dear Daemen Community,

As I am sure you are aware, the national health community is closely monitoring the Novel Coronavirus. In order to alleviate concerns and confusion, as well as to dispel any misinformation, we want to provide you with a brief update and overview. Daemen College is closely monitoring the spread of a novel Coronavirus connected to an outbreak in Wuhan, China. We will continue to follow guidance from the Centers for Disease Control and Prevention (CDC) and New York State Department of Health to ensure the well-being of our community. While the virus has been suspected to be present in the United States, there are currently **zero cases of the Coronavirus on Daemen's campus.**

## **Novel Coronavirus (2019-nCoV) & Health Risk**

The outbreak of **respiratory illness** caused by a novel (new) coronavirus was first identified in December 2019 in the city of Wuhan, Hubei Province, China. The CDC considers this new virus a public health concern based on current information.

However, **the immediate health risk to the general US public is considered low at this time.**

## **Illness**

[Symptoms](#) may be flu-like ranging from mild to serious and include: fever, cough and shortness of breath. Symptoms may appear 2-14 days after exposure. **Individuals experiencing flu-like symptoms are encouraged to seek care.** It is important to note, cold and flu are two separate illnesses. To learn more see the graphic attached or [visit CDC Cold or Flu?](#)

Students may access **FREE products from the Wellness Kiosk** in the Health Services Office, Wick 116 in The CHIP Center during office hours, 8:30am - 4:30pm. Products include but are not limited to: cold & cough medicine, pain relief medicine, cough drops, vitamin C drops and disposable thermometers. For a full list of free products, see the graphic attached.



# DAEMEN COLLEGE

Health and Insurance Services

**Students can also receive free transportation** to [WellNow Urgent Care](#) (1.1 miles from campus, open 8am – 8pm) by contacting Daemen College Campus Safety by phone at 716-839-7233 [SAFE] or visiting the desk in Wick Lobby.

## Prevention

To help **prevent the spread of respiratory viruses**, please take these everyday actions:

- Wash your hands often with soap and water for at least 20 seconds.
- If soap and water are not available, use an alcohol-based hand sanitizer.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces.

## Travel

The Coronavirus is **linked to travel from China** therefore, the CDC recommends travelers avoid all non-essential travel to China. If you must travel, please follow precautions outlined by the [CDC travel guidelines](#).

## Reporting Resources

If an individual presents with flu-like symptoms **AND** has visited China or has been in contact with someone who recently visited China in the past 2 weeks, please respond accordingly:

- Normal business hours (8:30am – 4:30pm) – contact Health Services at 716-839-7380
- After hours – contact Erie County Department of Health at 716-961-7898

For more information, please visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus). If you have any questions, please contact Health Services by email at [health@daemen.edu](mailto:health@daemen.edu) or by phone at 716-839-7380.

Well wishes for a healthy semester,  
Ashley

