

DAEMEN COLLEGE

Health and Insurance Services

March 2, 2020

To: Students, Faculty and Staff
From: Ashley Frazier, Coordinator for Health & Wellness Education
Subject: Coronavirus and Spring Break Travel

Dear Daemen Community,

We are continuing efforts to closely monitor the Novel Coronavirus. While the virus has been suspected to be present in the United States, there are currently **no known cases of the Coronavirus on Daemen's campus**. With Spring break and possible travel around the corner, I wanted to reach out and share tips to keep you healthy!

CDC RECOMMENDATIONS:

- Avoid close contact with people who are sick
- Cover your mouth and nose with a tissue (or elbow) when coughing or sneezing
- Avoid touching your eyes, nose, and mouth
- Clean and disinfect frequently touched objects and surfaces
- Stay home when you are sick, except to receive medical care
- Wash your hands often with soap and water for at least 20 seconds (and/or use hand sanitizer when available)

WELLNESS REMINDERS:

- **Spring Flu Shot Clinic:** March 3, 2020 (10am - 1pm, Alumni Lounge, Wick Center - *while supplies last*)
- **Wellness Kiosk:** FREE wellness products are available to students in the CHIP Center! Products include but are not limited to: cold & cough medicine, pain relief medicine, cough drops, vitamin C drops and disposable thermometers. The kiosk is available in the Health Services Office, Wick 116 during office hours: 8:30am - 4:30pm.
- **Free Urgent Care Transportation:** Students can contact Daemen College Campus Safety by phone at 716-839-7233 [SAFE] or visit the desk in Wick Lobby and request FREE transport to one of two Urgent Care locations (within 1 mile of campus).

At this time, the **CDC recommends that travelers avoid all nonessential travel to China. The CDC has also issued travel notices** that are based on assessment of the potential health risks involved with traveling to a certain area.



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For more information visit: [Coronavirus Disease 2019 Information for Travel](#). As the situation evolves, the College may need to screen individuals returning from other countries in accordance with updated [CDC Travel Guidelines](#). For more information, please review the resources that are listed below and attached to this email:

- Visit [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)
- Call the Novel Coronavirus Hotline: 1-888-364-3065
- Contact Health Services: health@daemen.edu, 716-839-7380 or Wick 116, CHIP Center

Well wishes for a safe and healthy spring break!
Ashley

